



TOP PLACES TO EXPLORE AROUND HAPPY PORTO HOSTEL & APARTMENTS



GOOD TIPS AND EXPERIENCES TO SHARE

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The editorial team.

HAPPY PORTO HOSTEL

We're about making memories, making friends and loving life.

Along side with workshops, adventure in nature and culture, we offer cosy, clean and safe accommodation in downtown Porto.

We're by the riverwalk at walking distance from Ribeira – UNESCO Heritage Site.

Discovery PORTO

The port 🗩

On the terraces along the Douro River, one can discover a multitude of vineyards and grape varieties used for the production of the world-famous wine, Port. Each slope where the vines are planted, facing the sun in different directions, has a variable microclimate that gives the grape varieties different qualities. Thus, each quinta (vineyard) has a unique grape variety. What makes port wine different from other wines? The addition of brandy during fermentation, for which we have the English to thank, the unique use of grape varieties from the Upper Douro Valley and its aging by oenologists in the cellars opposite Porto. Port was the first wine to be granted a controlled designation of origin, in the 18th century. The best grape varieties are autochthonous, such as Touriga Nacional or Touriga Francesa for red grapes; Malayasia Final or Esgana Cao for white grapes.

The so british history of port

At the end of the ^{17th} century, Colbert, Prime Minister of King Louis XIV, prevented the free circulation of French wines in England. King Charles II of England did not let this happen and broke off all trade with France and turned to Portugal, which produced a small red wine greatly appreciated by the English. The problem was that the wine had to travel 100 kilometers from the upper Douro valley to Porto before reaching the port of Porto for its journey to England.

An English wine merchant who was running out of business had the brilliant idea of cutting the wine with must brandy. Although it would be tempting to get upset when seeing English names on the bottles such as Taylor's or Graham's, these are actually the oldest brands! This addition of brandy during the fermentation of the wine is the key step in what will differentiate port from other wines, starting in the 1850s. This operation is called mutage.

Having finally figured out how to preserve wine for as long as possible, huge quantities of wine were produced, often at the expense of quality. In 1756, the Marquis of Pombal, the Portuguese Prime Minister, decided to regulate production and export by creating a draft of the very first Appellation d'Origine Contrôlée (A.O.C.) for port wine. By way of comparison, the first French A.O.C. for a wine was created in 1936. A method of production is developed, a system of points. A geographical area is delimited, marked by granite markers, some of which are still visible. Each parcel of wine is scrupulously evaluated according to a classification ranging from A (the best) to F (the worst). Several factors come into play, such as the sun's exposure, the quality of the soil, the age of the vineyard... The Douro is the only wine region in the world where there is a completely hierarchical classification.

In the ^{18th} century, quality was still not specifically privileged. Pombal wanted the Company he founded to have control over the transport of the Douro wineries and to know who was trading with whom. The real legislation for quality control came in 1932 under the aegis of the Douro and Port Wine Institute, which is still in operation.

Since the lightning passage of Napoleon's troops, France, which holds no grudges when it comes to alcohol, has become the leading customer for port wine, but the best vintages go to the English.

The Port Wine Making Process: From the Douro Vineyards to the Cellars of Vila Nova de Gaia

A little wine lexicon: a grape variety is a vine variety that produces grapes. It can exist in a single place - it is then called an autochthonous grape variety - or grow in several places in the world as it can be the case for trees or plants. The majority of wines are grown above 500 meters. The climate in the Douro Valley can be translated by the Portuguese saying: "9 months of winter and 3 months of hell", which gives the grapes a great complexity revealing explosive and surprisingly rich wines. The vines grown are some very old, with a mixture of many varieties that give unique aromas. The grapes are transported to the quintas to be pressed at the foot if the tradition is respected. The port wine then undergoes fermentation until it reaches the desired sugar level. During the process, aguardente (brandy) is added at 77° to stop the fermentation. It is the mutage. For sherry, for example, the brandy is added at the end of the fermentation process, but the aim was not to obtain a wine that could withstand transport as with port wine.

The wine is then transported to the cellars of Vila Nova de Gaia to age in oak barrels. For a long time, the transport was done on the rabelos, which can be seen parked on the banks of the Douro, between Porto and Vila Nova de Gaia. It required a lot of skill and courage for the bargemen to drive these large flat boats with six oars up the river with the help of a high sail. The helmsman perched on his platform made sure that the barrels were shaken as little as possible.

As soon as the wine arrived, the oenologists tasted the wine and decided how long it would be aged (over varying periods of time) and in which contents, in 550-liter barrels or in large barrels of several thousand liters called foudre. The blending will be done much later. The wineries of Vila Nova de Gaia are therefore houses of merchants who own quintas or buy the harvests from independent quintas. This is the case of the well-known Churchill's, which has acquired the vineyards Quinta da Gricha (100 hectares on the south bank of the Douro), Quinta da Rio (20 hectares in the Rio Torto valley), and also operates Quinta da Perdiz (30 hectares).

If a port comes from only one property, it is called Quinta followed by the name of the estate, for example Quinta do Tedo. The biggest houses to visit in Vila Nova de Gaia, which is the city with the most alcohol per square meter in the world, are Taylor's , where the largest barrel in Europe of more than 1,000 liters is proudly displayed, Cálem's, Ramos Pinto, with

a small collection of advertising posters made by the French, Cockburn's, Graham's, Sandeman and Ferreira, where the eye is drawn to the small tasting room decorated with azulejos. Or theEspaço Porto Cruz, a multimedia center that interactively reveals the secrets of port wine. The visit to the cellars on the banks of the Douro costs between 4 and 15 €



Rabelos on the banks of the Douro. @ bondvit-shutterstock.com

Finding your way around all the different types of port, in cask or in bottle

The complex blending and the length of time the wines are aged give port wine its richness and diversity. Many types of port exist. All port wines are aged for an average of two years in oak barrels. After this stage, there are two kinds of port wines. Those that will remain in the barrel, the Rubys, Tawnys - Tawnys with age indication [10, 20, 30, 40 years] are called "oxidative" wines They are a blend of different wines and vintages. Those that continue their maturation in the bottle are called "reducing" wines. Among them, the Vintages, wines of race, come from a single vintage but several wines and are kept in bottle between 5 and 50 years before being opened. The Port Wine Institute is the only one to declare a Vintage. The singles quinta vintages, are vintage wines produced from a single quinta. Colheita, aged in casks from 7 to 50 years and Late Bottled Vintages from 4 to 6 years, are ready to be drunk as soon as they are bottled but remain designed with a single vintage.

Barrel-aged port has an amber color and roasted, almond-like aromas. In contrast, bottle-aged port wines have a dark red color and a fruitier flavor. Branco is a white port made from white grapes. When young, it is dry and clear. As it ages, it darkens a bit and becomes sweeter. In Porto or in Lisbon Portologia, the Port House is the ideal place to discover the

different port wines during a tasting commented in French by experts.

How to accompany the port?

Port can be served directly and does not need a pause for tannin as is recommended for other wines. "It is good to serve it a little cool at 12 or 13°C, or even a little cooler for white and rosé wines. Red wines should not be served too hot, because the wine will release its aromas and alcohol as it warms up. We will have something with a much more pleasant grain", advises the oenologist. Port *branco* or *extra seco* is drunk chilled as an aperitif, a specialty almost unknown in France. Red port is usually drunk with a strong cheese, with dessert or as a digestive. An old port wine is appreciated as an excellent wine, one does not leave an opened bottle. Considered as a dessert or aperitif wine, a meal can be made entirely with port. It is often forgotten that well-chosen port is a luxury wine, so don't hesitate to show your guests the gastronomic quality of this wine.

To help you find your way around, there is white port, which is soft enough for an aperitif, but also goes well with a cake. The port select is a full-bodied and fruity red that goes well with cheese and chocolate desserts. The vintage is the most expensive.

Wine tour along the Douro

This is undoubtedly one of the most charming itineraries to discover the secrets and knowledge of Port Wine. The Douro River, which originates in Spain, defines the Portuguese and Spanish borders north of Miranda do Douro (Trás-os-Montes) until Barca de Alva. Then it crosses Portugal for more than 200 km to Porto. It is the region between the Spanish border and Peso da Régua, also called Alto Douro (Upper Douro Valley), which is linked to the Port wine and was declared Natural Heritage of Humanity in 2001. It includes 250,000 hectares, of which 42,000 are planted with vines.

The road along the Douro, from Peso da Régua to Pinhão, will take you along the kilometers to discover the mysteries of the wine that has sustained generations of men and women for many decades. During the harvest period, the quintas are bustling with activity, the roads following the curve of the Douro being used by small trucks transporting the grapes that will be crushed at the foot for the quintas closest to the tradition of making port wine. You will find a multitude of farms that offer tours and tastings. An advice, visit the Douro region in autumn or spring, you will discover splendid colors and light. It is best to go by car for more freedom. Train and bus are also options. Many travel agencies offer cruises on the Douro

Some suggestions on your route: Quinta do Tedo in Vila Seca, an ^{18th} century farmhouse owned by a Burgundian owner. You will find it if you follow the direction of Pinhão. Quinta do Seixo, on the road before arriving in Pinhão, is a modern farm that offers tasting and a video of the visit, with the added bonus of an exceptional view of the Douro. Quinta do Panascal, 5 minutes by car on the road to Pinhão, offers the possibility of visiting it

with audioguides. The unmissable port wine tasting can be followed by a meal on site. Heading towards São João da Pesqueira, the visit to the Quevedo winery will give you an unparalleled view of the Douro Valley from the road. Quinta das Carvalhas, at the entrance to Pinhão, is the oldest port wine farm in the region. It has a huge estate that can be visited... by minicar. At the end of the road, in Pinhão itself, the visit to the Quinta do Bomfin, emblematic quinta of the Douro, is an instructive visit full of historical anecdotes. Going up the Douro, the visit to Quinta de Ventozelo offers a breathtaking view of the river, with the possibility of having a meal or staying there.

For access to the various wineries in the region, visit www.ivdp.pt



View of the Douro valley. © Denis Comeau- shutterstock.com

History 🕮

Located in the north of Portugal, Porto is known as a hard-working, open and welcoming city. A former port of importance for maritime connections, the city grew and developed in the Middle Ages, north of the Douro River. It is the city that gave its name to the country. The village of Cale, located on the left bank of the Douro, was an important crossing point on the road from Lisbon to Braga. As traffic increased, another village, Portus, was established on the opposite bank of the Douro. Portus-Cale became the capital of the county of Portucalia. In the 18th century, the economy of Porto developed thanks to its wine trade. The northern capital is also famous for the loyalty of its beleaguered citizens who victoriously defended their city against the absolutist troops in 1832-1833. King Pedro IV attributed to the city the maxim "Mui Nobre, Sempre Leal e Invicta" ("Noble, invincible and always loyal"), words that are still the pride of its inhabitants today.

456-880

Porto was taken by the Visigoth king Theodoric II. The city was then occupied by the Moors in 716, who remained there until the Reconquest by King Alfonso I of Asturias in the middle of the 8th century. Porto then remained abandoned for about a century, before Alfonso III the Great repopulated the city.

906

Teresa, daughter of King Alfonso VI of Castile and Leon, was married to Henry of Burgundy. The latter granted the king the "Portucalense County", whose capital was Porto.

1120

Porto belonged to the bishop Dom Hugo who had acquired a vast territory. He succeeded in developing the city, which grew beyond the walls that had already been built.

Milieu du XIVe Siècle

Following the expansion of Porto, an important trade route, a new protective wall was built around the city.

1355

The decision to build a new wall was mainly due to the revolt of the Infante Dom Pedro against his father, King Dom Alfonso IV. The latter, having murdered his son's beloved, suffered his vengeful anger. The population, loyal to the king, resisted Dom Pedro's attacks.

1370

The protective wall is finally completed; it is named Fernandina, in reference to Dom Ferdinand who reigns at the time.

1383-1385

Porto was once again at the centre of the confrontations for a possible annexation of the kingdom to Castile. The future king Dom Joao I (dynasty of Avis) was supported by the inhabitants. It was in Porto that he married Dona Filipa of Lencastre in 1387, and that their offspring were born, including the Infanta Dom Henrique.

1394-1460 / Infante Dom Henrique

Henry the Navigator, born in Porto, was a very important figure in the history of navigation and Portuguese colonial expansion. The prince organized several expeditions that led to the discovery of part of the West African coast, as well as the archipelagos of Madeira, the Azores and Cape Verde.



Henry the Navigator at the head of the Monument of the Discoveries in Lisbon. © Sergio TB - Shutterstock.com

1414-1415

Dom Henrique launches the expedition to Ceuta. The Portuenses sacrificed all the meat they had to supply the ship. This is where the nickname "tripeiros" originated, as they had only kept tripe for food, which is the typical dish of the Porto region.

XIV et XVe siècles / Maritime expansion of the city

The Discoveries enriched Portugal, which became the European centre of maritime trade, while its ports, and in particular that of Oporto, experienced an era of great dynamism. In Oporto a great maritime and

commercial activity developed, which propelled the city to the head of the Portuguese shipbuilding industry. The road network also grew, opening Porto to new trade and transport routes.

Vers 1450-1500 / Pero Vaz de Caminha

This illustrious inhabitant of Porto was part of Cabral's caravel when it arrived in Brazil in 1500. Charged with documenting the journey, Caminha delivered to the King of Portugal a travelogue of several pages in which he related in great detail the arrival of the Portuguese in these new lands. This very rich document is a very important historical source to know the arrival of the Portuguese in Brazil, but also the local fauna and flora, the life of the natives and the mentality of the time. This letter of discovery of Brazil still exists and is kept in the Torre do Tombo, in Lisbon.

1580-1640 / Cohabitation but above all Spanish domination

For sixty years, Spain and Portugal were closely linked in their history. Their union formed the largest empire ever known. But many conflicts broke out for the throne of Portugal. Porto sided with the Prior of Crato against King Philip II of Spain.

1640 / Restoration of independence in Portugal

The city supports the Lisbon revolt that puts an end to the union of Spain and Portugal. The Mint is re-established in Porto.

1668

Spain recognizes the independence of Portugal.

XVIIIe siècle / The Golden Age of Porto

The Spanish domination meant a strong urban and administrative growth for Porto. The two countries together attracted the eyes of the whole world. This was an era of great artistic production and the city was adorned with neoclassical style buildings. The Stock Exchange Palace is a testimony to the wealth of Porto in this period.

1703

The Treaty of Methuen established commercial relations between England and Portugal. In 1717, the first English production of Port wine left the city.

1725

The Italian architect Nicolau Nasoni designed several exceptional buildings in Porto: the Clerks' Tower, the Freixo Palace and the façade of the Church of the Misericordia.

29 mars 1809

As Napoleon's troops invaded Porto, the wooden Pont das Barcas gave way under the weight of a frightened crowd that had rushed to it. People drowned. The Dona Maria II suspension bridge replaced it in 1842.

1811

Two years after the tragedy of the Barcas Bridge, the French were pushed back for good, and King Joao VI, who had been exiled to Brazil, returned to the throne.

1832-1833 / The seat of Porto

When Dom Miguel came to power in 1828, the country plunged into a civil war, pitting the supporters of Dom Miguel against the former king Dom Pedro IV.

Under siege for eighteen months, the Portuenses defended their city against the absolutist troops of Dom Miguel. It was a victory.

Dona Maria II was subsequently crowned Queen of Portugal.

XIXe siècle

Porto, liberal and progressive, is the birthplace of many artists, sculptors and poets.

1820

A military uprising in Porto puts an end to the absolute monarchy. Liberal constitution.

14 janvier 1837

The golden heart of Dom Pedro (which can be found in the church of Lapa) and the nickname of Invicta (unconquered) were added to the coat of arms of Porto after the signing of a decree written by the Portuense Almeida Garrett (1799-1854) and signed by Queen Dona Maria II

1886

Inauguration of the Dom Luis Bridge, the most famous bridge in Porto, designed by Théophile Seyrig, a former associate of Gustave Eiffel.

31 janvier 1891 / First attempt at revolution in Porto

At that time, Portugal was still living under a monarchist political system. However, republican ideas were gaining strength. The first republican revolution took place in Porto, which unfortunately ended in bloodshed. The rebels revolted in the streets of Porto. Nevertheless, in the absence of support from the army and politicians, the superiority of the monarchy won out. The memory of this date is immortalized in a street in the center of Porto, Rua 31 de Janeiro.

1899

It was a sad year for Porto, which declined somewhat, and whose inhabitants died of the bubonic plague.

1908-1910

The prohibition imposed on Portugal by the British to link Angola and Mozambique in Africa once again stimulated republican patriotism, which was eager to overthrow the monarchy. Carlos I, aware of the extreme danger, established a dictatorial regime. But the people did not see it that way and on February^{1,} 1908, the king and his son were assassinated in Lisbon's Commerce Square. The Republic was officially proclaimed on 5 October 1910.

1919

Porto became the capital of northern Portugal following an attempt at independence. The republicans then lead an uprising.

1926

The Republic was overthrown by the military coup of General Gomes da Costa. The latter called upon a Catholic professor of economics, Antonio de Oliveira Salazar, to try to solve the country's financial difficulties.

1933 / The New State [Estado Novo]

In a way, it can be said that the context of the world economic crisis [1929] helped Salazar to set up his future dictatorship. By closing the country to all foreign influence, he managed to stabilize the Portuguese currency, which the people expected. After his election as President of the Council, he created the Estado Novo in 1933, surrounded by an extremely efficient political police force, the PIDE (Internal Police and State Defence). He locked up his country and cut it off from any outside influence, keeping Portugal in a rural and traditional way of life with relentless censorship. During this period, many infrastructures were nevertheless renovated in Porto.

1958-1974

The dictatorship had more and more dissatisfied people. General Delgado ran for president in 1958, promising to remove Salazar as prime minister (Salazar would hold the post for the rest of his life). The general lost the elections and was assassinated in 1965. The regime was then bogged down in an endless colonial war. The army was exhausted. In 1968, Salazar suffered a cerebral haemorrhage. Marcelo Caetano was appointed to succeed him, and the dictatorship ended with the Carnation Revolution of April 25, 1974, one of the most peaceful ever.

1980-1990 / The decade of renewal

After a succession of governments in previous years, Portugal is experiencing a revival. The country joined the European Union in 1986. The capital Lisbon was strengthened by financial aid, which was passed on to the country's other cities such as Porto. In 1987, Cavaco Silva, the Prime Minister, implemented a number of reforms to modernise the country.

1996

Unesco has awarded Porto the status of World Heritage Site due to its great historical wealth, especially in the old town.

2001

Porto is elected European Capital of Culture. The "Casa da Musica" was built, a large auditorium, symbol of the Boavista district. In December, Unesco included the Alto Douro vineyards in the World Heritage List as a "cultural, evolving and living landscape".

2005

The beginning of the 2000s was a difficult time for the country. The economic situation was not brilliant and the governments were not popular. A political turnaround finally came in February 2005: José Socrates, former secretary general of the Socialist Party, became the new head of government, his party having won an absolute majority in the legislative elections. He pledged to reform the civil service, which was difficult for the state budget to bear, and to create a "technological shock" to stimulate growth.

2008

The economic crisis hit Portugal hard. Unpopular measures are taken to bail out the state coffers: Christmas bonus divided by 2, user fees multiplied by 2, free motorways that become paying.

Automne 2009

The PS won the legislative elections, but lost the absolute majority in the parliament. In Porto, Rui Rio was elected for the third (and last possible) time president of the municipal chamber.

2012

The year was marked by the discontent of the population. On 15 September, a large demonstration against the Troika and government measures took place: a million people protested throughout the country. As this was not enough, on 14 November, there was a general strike, while unemployment reached a record level of more than 15%.

Porto was voted best European destination by the independent organisation European consumers choice, far ahead of Lisbon...

2013

Rui Moreira (independent, supported by the right-wing CDS-PP) became mayor of the city after the three mandates of Rui Rio (social democrat).

2015

The Portuguese political world is in the throes of a crisis. As the parliamentary elections changed the parliamentary majority, the President of the Republic, Anibal Cavaco Silva, decided to leave Pedro Passos Coelho as Prime Minister. The Left, which now had a majority in Parliament, immediately announced its intention to bring down the new government. The Left Bloc (an anti-austerity party) joined forces with the socialists (a historic move!) and toppled the government. In November, Antonio Costa, leader of the Socialist Party supported by the radical left, was appointed Prime Minister by the President.

24 janvier 2016

Marcelo Robelo de Sousa, a law professor and former television commentator, was elected President of the Republic in the first round for a five-year term. Although he is a centre-right PSD member, he is committed to ensuring the country's stability by not hindering the government's efforts to put an end to the austerity policies that have been pursued for years.

2019

In October, the legislative elections took place, which caused a lot of ink to flow in the newspapers. First of all with the record abstention rate of 51%, but also with the arrival of the extreme right in the assembly with the Chega party and its leader André Ventura (until now, Portugal was one of the few European countries not to have seats for the extreme right in the National Assembly).

24 janvier 2021

The presidential elections are taking place in a country that has been reconfined since 15 January. To protest against the sexist remarks of the far-right candidate André Ventura towards the left-wing candidate Maria Matias, anonymous Portuguese and public figures posted on the networks their lips covered in red make-up, accompanied by a political tirade.

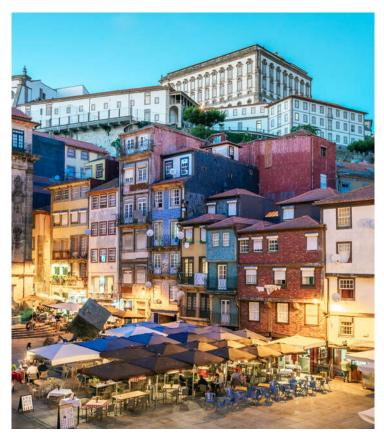
Results: Incumbent President Marcelo Rebelo de Sousa, a moderate conservative, was largely re-elected in the first round, despite a low turnout [39.3%].

Architecture [and design]

Don't be fooled by its apparent austerity, for industrious Porto has many treasures, starting with its historic heart, which offers a journey through this medieval city that seems to be clinging to the cliff: a unique topography that gives all its charm to beautiful Porto, which also houses superb Baroque buildings with rich gold and earthenware decorations. After having been neoclassical for a while, the city has become a champion of modernity, combining metal architecture with Art Nouveau and Art Deco creations. Porto is also famous for having seen the birth of the great architects Alvaro Siza and Eduardo Souto de Moura, famous for their luminous and pure creations which still inspire the younger generation today. The industrial heart of the country, Porto has also seen the birth and growth of Portuguese design, a joyful link between art and craft. A city with a thousand facets awaits you!

From the novel to the baroque The historical center of Porto immerses you in the typical urbanism of a

medieval city where you will walk through narrow streets, vaulted passages, flights of stairs and squares, such as the Praca Da Ribeira, whose contours have remained unchanged since the 12th century. In the 14th century, the city and the port were protected by the imposing "Fernandine walls", the remains of which can be seen. Romanesque and Gothic styles are proudly displayed in the cathedrals and churches, which are symbols of the ideological reconquest. In the Douro and Minho regions, most of the churches maintain the sobriety of the Romanesque, while in the larger cities, the churches gain in height and decorative richness. In Porto, this evolution is clearly visible: the cathedral, which looks like a fortress, is in Romanesque style, while the church of San Francisco and its superb rose window reveal the richness of the Gothic style. Indissociable from medieval Portugal, don't miss the castles of Lamego and Guimaraes in the vicinity of Porto, with their imposing crenellated silhouettes. In Porto, the Renaissance is expressed in a mannerist vocabulary as shown by the church of De Grilos with its facade, certainly austere, but very scenographic. In Vila Nova de Gaia, the monastery Da Serra Do Pilar impresses by the originality of the circular plan of its church and its cloister with 36 Ionic columns. The city is then transformed into a teeming and exuberant baroque city. Under the pencil strokes of the Tuscan architect Niccoló Nasoni, Porto is adorned with gold and earthenware. Everywhere are displayed the famous azulejos - as on the facade of the church of St. Ildefonse - and examples of talha dourada, gilded wood carvings surrounded by torso columns and canopies. The Torre dos Clerigos and its church, works of Nasoni, have even earned Porto the title of "most baroque of Portuguese cities". In the surroundings of Porto, don't miss the Casa Mateus, the little Versailles of Vila Real; and the beautiful Bom Jesus de Braga church, with its magnificent gardens and monumental staircase.



Praça da Ribeira. © Sopotnicki - Shutterstock.com

From Neoclassicism to Art Deco

Under the English influence, Porto became neoclassical. Among the great buildings of the time, the Hospital of Santo Antonio is undoubtedly the most beautiful, but the most famous is the British Factory, a vast neo-Palladian building. To discover the architecture linked to the wines of Porto, go to the Douro Valley, which is home to superb *quintas*, these large properties with immaculate facades standing proudly in the middle of the vineyards, themselves laid out in terraces and tiers thanks to an ingenious stone architecture! Then, renewing its sense of staging, the city will decorate its facades with azulejos, and transform its streets into "calçada portuguesa" with black and white cobblestones arranged to create amazing patterns. At the turn of the century, the city acquired jewels of metal architecture. The Ponte Dona Maria - designed by Gustave

Eiffel - and the Ponte Dom Luis I - with its double deck and 170-meter long metal arch - are famous examples. And don't be fooled by the neoclassical lines of the Palacio da Bolsa, because inside it is the beautiful Courtuard of Nations, with an amazing glass roof supported by visible metal pillars. The beginning of the 20th century was marked by the curves and intertwining of Art Nouveau, of which you can admire beautiful examples on Santa Catarina Street and 31 de Janeiro Street. The Café Majestic, with its richly ornamented façade and decorated ceilings, and the Lello Bookstore, with its superb glass roof and facade combining Gothic and modernist elements, are the proudest representatives. A few years later, it was Art Deco that marked the city. The great architect of the time was José Margues Da Silva, to whom we owe the Casa Serralves. Its pink silhouette, mixing curves and straight lines, evokes that of an ocean liner. This style can be found in other famous buildings in the city, such as the Batalha cinema or the Coliseum of Porto, which can be recognized by their portholes and silhouettes reminiscent of masts and fins!



The Court of Nations of the Palacio da Bolsa. @trabantos-Shutterstock.com

Contemporary Porto

The Tribunal da Relação do Porto is a good example of this grand mixture of modernism and classicism that was very popular during the Salazar dictatorship. During the post-war period, the city also built many housing and service buildings adopting the simple and austere volumes inherited from Le Corbusier. But very quickly, two personalities came to break these modernist codes, proposing a human-sized architecture, all light, sobriety and elegance: Alvaro Siza and Eduardo Souto de Moura. The two men worked together on the renewal of the city, as shown by the renovation of Avenida dos Aliados, with its refined perspective. They also left their mark on the city's subway stations. Souto de Moura designed 14

of them, while Siza was "content" with the Sao Benta Station, a luminous mix of glass, steel and concrete. Siza also built the city's School of Architecture, a fine example of aesthetic rationalism, and the Serralves Foundation for Contemporary Art, an astonishing concrete and steel structure. Near Porto, Souto de Moura designed the Braga City Stadium, which he built against the rock face of the surrounding quarry, a perfect illustration of his minimalism and care for the link with the environment. The Casa da Música is the work of Rem Koolhaas, who designed an ultra-modern structure that is full of references to the country's architectural history; the organs are adorned with talha dourada, as in the great Baroque era, and the azulejo decorations recall the façades of the ^{19th} century. The futuristic passenger terminal at Leixoes airport, designed by Luis Pedro Silva, was awarded the prize for best building of the year in 2017! Today, Porto vibrates to the rhythm of its young architects - whose elegant creations are a nod to the works of Siza and Souto de Moura - and of its designers, who find in the industrial and industrious city a marvelous field of experimentation to bring together art and craft!

Fine Arts [Painting / Sculpture / Street Art / Photo]

Over the centuries, the ancient hamlet of Cale has developed into a charming city. Porto now attracts visitors for its monuments, bridges and relics from all eras. When it comes to places to visit, the choice is vast. Among its exceptional museums, the Center of Photography houses a collection not to be missed. It is the entire history of photography that unfolds before you. In another spirit, the famous Soares de Reis Museum offers a panorama of pictorial art over several centuries. Francisco Vieira, João Baptista Ribeiro and Aurelia de Sousa are all on display. The avant-garde meets at the Museum of Contemporary Art of Porto. Located in a splendid Art Deco building, it is nestled in the heart of a vast garden where it is pleasant to stroll. And as we like to stroll in Porto, a tour of the art galleries is a must. One thing is sure: street art will accompany your discovery of Porto.

Affirmation of the painting

Portuguese painting, subject to various influences, became famous in the ^{15th} century. From that time on, churches were enriched by pictorial creations inspired by Flemish painting. The attention to detail and the use of oil painting are to the credit of the Flemish. The most famous Portuguese painter, Nuno Gonçalves (1448-1481), was clearly influenced by both the Flemish and Italian styles. His polyptych of São Vincente da Fora is considered the first group representation and the first psychological painting in European art. This taste for portraiture,

manifested by wealthy people who wanted to show themselves in their finest attire, led Portuguese painters to perfect their technique in the tradition of Nuno Gonçalves. The largest collection of portraits in Portugal can be found at the MMIPO - Misericórdia Museum in Porto. In addition to these 500 portraits, it houses valuable Flemish paintings as well as altarpieces and religious sculptures. Religious scenes were particularly prized in the ^{16th} century. With the rapid circulation of images, the Flemish influence became stronger. A representation of Saint Peter, painted in 1530 by Vasco Fernandes, known as Grão Vasco, shows a typical northern European landscape in the background. Another characteristic of Portuguese painting of this period is the impact that the discovery of Brazil had on the imagination of artists. In a famous representation of the Adoration of the Magi from 1503, Melchior becomes Brazilian.

Azulejos, between tradition and modernity

In the ^{17th} century, painting on earthenware tiles became a predominant mode of artistic expression. In the ^{18th} century, in the middle of the Baroque period, these tiles, often blue and white, form panels evoking biblical, mythological or natural scenes. In the Soares Reis Museum, housed in the former Carrancas Palace, there are many examples of these tiles, as well as paintings and sculptures from the ^{19th} and ^{20th} centuries. In Porto, the chapel das Almas, built at the end of the ^{18th} century, is famous for its azulejos. Almost 15,000 blue tiles cover the entire exterior. This work, signed by Eduardo Lait, relates the lives of the saints. The tradition has been perpetuated in the streets of Porto by the most famous Portuguese painter today, Joana Vasconcelos. Her fresco of azulejos pays homage to Don Quixote and Sancho Panza.



The Chapel das Almas entirely covered with azujelos. © Rob Atherton - Shutterstock.com

Resolutely contemporary art

In the 1990s, the situation in the country resulted in the general closure of art galleries in Lisbon, with the exception of the historic ZDB gallery. Little by little, Porto channels the quasi-majority of the Portuguese galleries. At the end of the 1990s, Porto had an offer of exhibition places adapted to the market, which valued an eclectic panel of artists. Its position was confirmed with the creation of the Serralves Foundation where the Museum of Contemporary Art is located. Designed by the architect Siza Vieira, the foundation's museum aims to promote contemporary art. It features works of art from 1970 to the present day. Permanent and temporary exhibitions present contemporary Portuguese and international artists, including a major Miró exhibition that has a worldwide impact. From video to plastic installation, the work of art is presented in multiple forms.

Bombarda, the arts district

In the heart of the city of Porto, a concentration of art galleries has sprung up around Miguel Bombarda Street. Every two months, these spaces organize a collective vernissage that also brings together the galleries near the Palácio de Cristal and the D. Filipa de Lencastre. To guide your stroll through Bombarda, we recommend a stop at Galeria Presença, dedicated to contemporary art, on the main street. Created in the troubled 1960s, Galeria Sao Mamede supports Portuguese art. Founded in 1993, Galeria Fernando Santos promotes the best of the best and finds the best of the best. The gallery's exhibitions are often hosted by renowned foreign museums. Galeria Nuno Centeno combines Portuguese and international art through all contemporary means of expression. Directed by artists, A Certain Lack of Coherence is a platform for creation. Therefore, its role is decisive in the affirmation of Porto on the international scene. Haven't selected your hotel yet? The Gallery Hostel combines accommodation and exhibitions of local talent. What if it was the perfect introduction to the artistic sensibility of Northern Portugal?

Street art: the beating heart

If nowadays any excursion in Porto reserves discoveries, street art has not always been well seen. The mayor in power between 2000 and 2013 erased all forms of artistic expression present in the streets of the city. Of course, the artists were not impressed. As soon as they were erased, they were repainted! The most committed were given the slogan "Continua a pintar": keep painting. The next mayor has put street art back in the spotlight, allocating dedicated spaces and commissioning local artists. Lisbon may have Vhils, an internationally renowned street artist, but Porto is not to be outdone. Costah, the local master, scatters his rounded, smiling characters on the city's colorful walls. The abstract frescoes that animate the urban space are surely signed by Hazul, a graffiti artist who has been practicing for more than twenty years. Nowadays, street art is part of the soul of Porto. You can find it everywhere.

At the time when Portugal was less flourishing, urban art contributed to express the voice of a country hit by the crisis, to express the criticisms of a people but also to bring joy to neglected neighborhoods. Since the city of Porto has regained its glory, street art is experiencing a renewed vitality. Lovers know how quickly this art is renewed. The best advice would be to look up during your walks, especially in the center. Graffiti sometimes lurks high up. From the walls, they sometimes spread to the electric bollards, as in the vicinity of the rua Santa Catarina. As far as collages are concerned, beautiful specimens adorn the area around Sao Bento station. An art in movement that says a lot about the energy that has never stopped animating Porto!

Music and Stage [Dance / Theatre] 🗩



In 1974, it was a song that gave the signal to end the Salazar dictatorship. Grândola Vila Morena has now become an anthem taken up many times in Portugal and elsewhere, as a symbol of opposition and resistance. And it is not surprising that a song was the trigger for a revolt in a country where music brings generations together. In Portugal, music is omnipresent in cafés, night bars and streets. Two trends are expressed: traditional music, which includes folk music and the inevitable fado, and modern music, strongly dominated by rock and world music trends. So for over fifty years now, the country has absorbed all these mixed sounds to develop its own music. Listen carefully and you will learn a lot about the history and soul of this country.

Fado

Portuguese music is still primarily associated with fado. Derived from the Latin word for "fate" (fatum), this melancholic song with its rough poetry expresses a variety of feelings related to love, death and exile. Its origins are still debatable and no one knows exactly where it comes from: a port goualante, in a city where sailors discovered the whole world, a local evolution of Moorish song, a gypsy lament and vocal modulations from brought back Brazilian rhythms? Probably a bit of all of this. The most famous of the fadistas, Amália Rodrigues, died in 2000 and was immediately buried in the national pantheon. When she was alive, she could move an audience to tears, so much so that the subtle timbre of her voice was underscored by her humane singing. But fado has evolved and new artists have appeared on the scene, full of dynamism and vitality. If Madredeus, with the moving voice of its fantastic singer Teresa Salgueiro, has been able to propagate an excellent folk and world music interpretation all over the planet, the very elegant Cristina Branco or Mariza are rediscovering and reviving the genre with a certain grace. But we can also mention Camané, Dulce Pontes, Bevinda, Mísia, António Zambujo, Anabela Duarte, Ana Moura, whom Prince launched and who collaborated with the Rolling Stones, or Antonio Zambujo, who is as

famous in Brazil as he is in his country. Fado is heard in fado houses. The musical renewal of the genre has also given rise to a new generation of fado houses. While the venue is still suitable for tourists, the quality has improved and the folkloric experience has become more playful, so that these places are now sometimes also frequented by Lisboners, looking for a bit of the soul of their country. In Lisbon, the fado singer Ana Marina and the guitarist Duarte Santos have created the Senhor Fado, a welcoming place, typical of what you would expect from a modern fado house. The more traditional Fado in Chiado offers a one-hour show every day. You can also check the city of Lisbon's cultural calendar, where concerts by fado singers are announced. In summer, it is not uncommon to find free concerts organised by the Lisbon City Council. Many tascas and restaurants where you can have dinner or just a drink are the best places to discover it. Don't hesitate to ask the locals, who will be your best advisors.

Fado is not exclusive to Lisbon. The old city of Coimbra has also developed its own style: only men are allowed to sing. You will find them outside the bars, under the old arches and in the squares of the city.



Fado. © SurkovDimitri - iStockphoto

Classical music and theatre

Portugal first shone in the Baroque period through composers such as Manuel Rodrigues Coelho, Duarte Lobo and especially Carlos de Seixas. A major musical figure and the greatest Portuguese harpsichord composer of the 18th century, the latter became a talented organist and a remarkable teacher at an early age. He was a prolific composer and wrote over 700 toccatas. Today, his works can be admired in the National Library in Lisbon. At the turn of the 20th century, a new wave of composers emerged in the footsteps of pianist and composer José Vianna da Motta. Luis Freitas de Branco, who contributed to the recognition of Portuguese learned music, but also Fernando Lopes-Graça, Francisco de Lacerda, Ruy Coelho: all of them contributed to the influence of the music of their country. A student of Luis de Freitas Branco, Joly

Braga Santos is the greatest composer of his generation with the creation of six symphonies, several operas and chamber music, but also film music.

For music lovers, Lisbon has several major venues dedicated to classical music. The Teatro Nacional de São Carlos, the city's main theatre, had its heyday with the famous performances of *La Traviata*

with Callas in 1958. Located in the historic centre in a small, charming square, it offers mostly quality shows at a low cost compared to other opera houses elsewhere in Europe. Take advantage of this, you can make some great discoveries. There are two other important theatres in Lisbon: the Teatro Nacional Dona Maria II, a neoclassical theatre on Praca do Rossio, and the Teatro São Luíz, a municipal theatre with a wider range of cultural activities. The Coliseu dos Recreios is a magnificent concert hall dating from 1890 that offers Lisboners recitals by great local and international classical musicians. The new Centro Cultural de Belém is home to the city's symphony orchestra and offers a rich and varied programme, as does the renowned Calouste Gulbenkian Foundation and its top-notch Gulbenkian Orchestra. Fans of classical and contemporary dance will flock to the Teatro Luís de Camões, home to the Companhia Nacional de Bailado's entrechats. The artistic offerings of this National Ballet, the Belém Cultural Centre and the Gulbenkian Foundation are world-class and offer quality performances. In Porto, the Casa da Música (House of Music) is a concert hall, whose construction was entrusted to Rem Koolhaas, and which was opened in 2005. Located in the Boavista district, this building with its oblique lines and large volumes has become one of the city's icons. In its two auditoriums with excellent acoustics, the Casa da Música offers classical concerts as well as folk and jazz.



Teatro Dona Maria © photoshooter2015 - Shutterstock.com

Jazz in Portugal

Although it is often reserved for the elite, there is no shortage of jazz lovers in Portugal. If you are looking for a classic jazz experience, the Hot Clube de Portugal is a Lisbon institution. Founded in 1948, the club has remained authentic. The venue, which is next door to the historic club that burnt down in 2009, has hosted some of the greatest jazz musicians. The club is associated with the Luiz Villas-Boas School of Jazz, from which talented Portuguese musicians such as Ricardo Jacinto and Luís Vicente have emerged. Another classic club, with a jazz program from the 1930s to the 1950s, Páginas Tantas has established itself as a comfortable and select club. You will come here to listen to music and relax in a subdued atmosphere. Another atmosphere is the Alface Hall, also in Bairro Alto, only a minute's walk from the previous club, a lively club with live

jazz music every night. It may not look like much, but the atmosphere is particularly warm. You'll be riveted by the excellent musicians who interact with the audience. On the outskirts of Lisbon, in the town of Parede, the SMUP (for Sociedade Musical União Paredense) also offers interesting concerts. The cellist Ricardo Jacinto is in charge of the venue's programme.

Since 2006, the Out Jazz festival has offered free jazz concerts every Sunday from May until mid-September. Jazz em Agosto, or Jazz in August, is a festival for jazz lovers, held near the Calouste Gulbenkian Garden. Finally, if you're looking for something a little more alternative, head to Damas, located in the rua da Voz do Operário. The trendy Damas has live music all week, with a focus on experimental jazz. During the day, the place is a restaurant. Close to Lisbon, in the town of Cascais, the EDP Cool Jazz offers several evenings of jazz, soul and pop, in beautiful surroundings such as the Parque Marechal Carmona and the Hipódromo Manuel Possolo.

In autumn, the Jazz ao Centro-Encontros Internacionais festival is organised in Coimbra, by a local association that also runs the Salão Brazil jazz club. This student city, located halfway between Lisbon and Porto, is particularly active in the diffusion of jazz in Portugal. In summer, the Quebra Jazz Festival is also organized by the managers of the bar of the same name.

In December, Porto is the place to go to see jazz concerts at the Porta Jazz Festival. Then, in spring, you can go to the centre of Portugal, to Portalegre, for the JazzFest, which presents an innovative and eclectic programme every year, highlighting the young Portuguese scene.



The Out Jazz Festival in Lisbon. © Nuno Gervasio NCS

The rock and the song

Beyond fado, Portugal has produced many interesting artists! One of them is, of course, the singer Rui Veloso, whose lyrical and intelligent lyrics have accompanied the Portuguese in their daily lives for three decades. The militant singer Zeca Afonso also offered his audience songs of revolt which, in their own way, helped bring about the Carnation Revolution. Also worth mentioning is the Gaiteiros de Lisboa, a collective that draws on folklore for a most poignant result. Danças Ocultas is an original quartet of diatonic accordionists whose artistic director is none other than Gabriel Gomes, a former Madredeus, as well as Rodrigo Leão, who has a solo career as a composer of contemporary music. Also to be followed, the relevant discography of Maria João and Mario Laginha, the first one has an exceptional voice, the second one accompanies her with finesse.

On the rock side, the legendary Xutos e Pontapés with their fiery stage performances, Santos & Pecadores, recognizable by the hoarse voice of its singer Olavo Bilac, or UHF, coming from the 1970s scene, have been dominating the scene for more than thirty years... GNR (Grupo Novo Rock) comes from the new-wave scene of the 1980s. While lately the pop-rock of A Naifa, Blasted Mechanism and their otherworldly costumes, the instrumental band Dead Combo, or The Legendary Tigerman and the Wraygunn and their atypical universes have been making a name for themselves, just like António Variações, an original and unclassifiable character, a meteorite of the 1980s. The Porto scene is alive and kicking thanks to Papercutz, First Breath After Coma, Best Youth Coma or Holy Nothing.

To listen to *live* music in Lisbon, head to Galeria Zé dos Bois. Both a contemporary art gallery and a concert hall with a club in the basement, the ZDB has a good international line-up. Big names like Thurston Moore of Sonic Youth and Animal Collective have played there. Lisbon is one of the best places in Portugal to attend outdoor music festivals. The famous Rock in Rio Lisboa, inspired by the festival of the same name in Brazil, is held every two years. The Super Bock Super Rock also programs the biggest international artists on the beach of Meco, south of Lisbon. The Barcelona-based festival NOS Primavera Sound invites the same artists to Porto, in a large green park. The selection varies from *indie* music to hip-hop and electro stars.

Hip-hop, kuduro and kizomba, influences from Africa

From the second half of the 1990s, Lisbon suburbs such as Cova da Moura or Chelas, where the majority of working-class African immigrants reside, began to make their voices heard, with the hip-hop of Da Weasel, Boss AC or Conjunto Ngonguenha, while Mind Da Gap was emerging in Porto. Then in the early 2000s, the new generation adopted kuduro, a musical genre originating in Angola that draws its influences from rap. The lyrics of the songs are simple and full of humour and derision. The lyrics are simple and full of humour and derision, and they challenge the dancers' legs as well as their heads, since kuduro is also a social protest from the slums. The group Buraka Som Sistema has been embodying the Portuguese version of kuduro since 2006.

Afro-house, kuduro, kizomba, baile funk, fado...: the music you hear when you go out in Lisbon makes the experience totally new. If you go to Lisbon clubs like Dock's Club, you can't avoid Afro-house, house music with African rhythms. This is not a purely Lusophone style of music, as it can be found in South Africa and other English-speaking African countries. A real African electronic music scene has emerged in recent years in the Portuguese capital. For an original and totally different experience, go to the Mwangolé or the Chiado Club in the Alcantara district, two places that invite you to dance the night away. Havana Soul, a small but authentic bar along the Tejo River, also offers excellent kizomba in a relaxed setting. Barrio Latino is one of Lisbon's most popular dance venues. Located in Santos, along the Tagus River, one of the liveliest areas of the city's nightlife, the atmosphere is guaranteed. Barrio Latino has two dance floors and the music varies every night. On Thursdays, the club often offers kizomba nights. For an introduction, Jazzy Dance Studios, one of the city's most popular dance schools, also offers its Sunday Jazzy Sessions, salsa and African dance classes every Sunday from 5pm.

Electronic music

Fans of jet-setting, glitzy, electronic music can explore the capital's nightclubs. MusicBox and Lux Frágil are two popular spots offering a mix of international electronic hits. The latter's fame lies in the fact that it is co-owned by American actor John Malkovich. Located in the rua Nova do Carvalho, in the Cais do Sodré district, MusicBox is a nightclub, a music

scene, a lounge and a bar all in one. To get through the wooden door, you'll have to wait in a long queue. The trick is then to come first to the concert at the beginning of the evening. This club offers an eclectic, but quite sharp, program. Another place that offers interesting music is Titanic Sur Mer, which hosts live music as well as DJ sets that can last until late at night. The place is known for its samba (for which it offers classes) and for its musical workshops

In Porto, PLANO B is the epicentre of nightlife. This former textile factory in the Baixa district, with its retro décor, has been converted into a multipurpose cultural centre. Here you can find concerts, exhibitions and art screenings

In summer, Portugal hosts some of Europe's biggest electronic music events. Tomorrowland is one of the most famous festivals in the world. This festival born in Belgium has been exported to the Parque Oriental da Cidade in Porto in 2019. In Portimão, The BPM Festival has a rich program of underground house and techno. Organised by the radio station of the same name, RFM Somnii takes place on Figueira da Foz beach and offers three days of house, drum'n'bass and rap music. In Viana do Castelo, the Neopop Festival has also become a reference, offering artists of the calibre of Underworld, Richie Hawtin and Jeff Mills.

Literature [Comics / News] 🖈



Portuguese literature is not well known, but if you mention Fernando Pessoa, António Lobo Antunes and the illustrious Nobel Prize winner José Saramago, your eyes will light up. All three have one thing in common, and not the least, that of having dared to innovate stylistically. But beyond the words, it is the heart that speaks in these works that are waiting to be discovered. The heart that is embodied in that very special feeling, the one that seems so contradictory to a French speaker who cannot find a synonym for it in his language, saudade, the "poetry of fado" as Pessoa called it. Beyond that, Portuguese literature is adorned with writers who wanted to highlight the Portuguese soul, the belonging to a small country that has known how to face the seas to discover new worlds. If a country is discovered through the books that are written there, it is all the more true here.

Saudade

More than a language, it is a soul that embodies Portuguese literature, that of saudade, the "delicious nostalgia", according to the dictionary definition, necessarily inaccurate and incomplete since this term has no equivalent in French. But it is the feeling, already, which is in the heart of the cantigas, these medieval poems as written by Denis 1, known as the troubadour king. Died in 1325, the sovereign left behind him the image of a just and good man, and more than a hundred songs. During the 15th

century, lyricism gradually gave way to prose, but reality still prevailed over fiction, as witnessed by the chronicles of Fernão Lopes. His name appears for the first time in 1418. Certainly self-taught, and perhaps from a modest family, he nevertheless assumed the important role of official historiographer and was entrusted by King Duarte with writing the history of the Kingdom, from its origins until 1411, when he stopped to retire. He was also in charge of the royal archives, traveling and soaking up the history of his country. Although only some fragments of his remarkable work have survived, Fernão Lopes still enchants with the grace of his flowery language. As such, he is recognized as the first Portuguese author.

The 16th century was the golden age of Portuguese poetry and coincided with the expansion of the country, the time of the great discoveries, the navigators ventured further and further away and contacts were established as far as Oceania. The fiery Luís de Camões, to whom legend lends sulphurous love affairs, also took to the sea in 1553 after having had a taste of jail. From Goa he was exiled to Macao, following a satire against the viceroy, and it was there that he began the poem of which every Portuguese still knows at least a few verses, The Lusiads. In this epic, he sings the exploits of Vasco da Gama, praises the power of his country and summons Greek mythology as well as the Christian god. Although it was almost lost in a shipwreck, the manuscript was finally published in 1572 and dedicated to King Sebastian I, whose death would lead to the attachment of Portugal to the Spanish crown in 1580, the same year that, ironically, Luís de Camões lost his life. The poet, who also wrote love sonnets that can be found in the Chandeigne editions, was the contemporary of Bernadim Ribeiro (1482-1552), a major figure of the pastoral novel who, in his masterpiece Menina e Moça, introduced the notion of saudade in literature. The Renaissance also saw the birth and death of one of the fathers of Portuguese and Castilian theater, as Gil Vicente used both languages and sometimes mixed them. Although his life is full of enigmas and is the subject of random cross-referencing, it is well known that his first play, The Visitation, also known as The Cowherd's Monologue, was performed on June 7, 1502 in the royal apartments in celebration of the birth of John III. Throughout his career, his works would punctuate the events of the palace, and his Barque de l'enfer (Boat of Hell continues to sail proudly in the Portuguese-speaking heritage.



Statue of Luis de Camoes in the old town of Cascais. @ ribeiroantonio-shutterstock.com

The decline and the Renaissance

The ^{17th} century was less flamboyant, Portugal was still under Spanish rule and remained so until the Restoration of 1640, and then came the Inquisition, which ended a few years after the ban on burning in 1771. This was a dark period that saw men and books burned in the public square, but from which we can nevertheless remember some names, for example that of Francisco Manuel de Melo. Born in Lisbon in 1608, the scholar came from a noble family and took up the military uniform very early on. His life was marked by a terrible shipwreck, numerous imprisonments, political and amorous machinations, and finally an exile that led him to the New World, but the man never lost his pen and his numerous works bear witness to the Baroque movement. His play *The Gentleman's Apprentice*, which may well have inspired Molière, is

particularly noteworthy. His exact contemporary, António Vieira, opted for the ecclesiastical habit. A Jesuit preacher and author of several hundred sermons, he also embodied the Baroque movement and put his talent at the service of theology. Some of his works are available in translation from Allia(Sermon du bon larron, 2002) and Bayard(Sur les procédés de la Sainte Inquisition, 2002). He died in 1697 on the other side of the Atlantic.

The baroque flights of fancy were not echoed by the religious Manuel Bernardes (1644-1710) who, although he praised emotion, preferred a classical style of writing in keeping with his life as a contemplative recluse. Another trend, Romanticism, can be seen in the writings of Francisco Manuel de Nascimento (1734-1819), who experienced two revolutions: the Lisbon earthquake of 1755, which brought the Marquis of Pombal to power, and the French Revolution, which he lived through during his interminable exile in Paris. Better known as Filinto Elisio, translator and poet, he worked to develop the Spanish-French alliance, somewhat unwillingly, joining after being declared a heretic in 1778 a country he admired but regretting all his life his homeland that he could never see again. It was João Baptista da Silva Leitão, who became Viscount Almeida Garrett, who is truly considered the father of Portuguese Romanticism. He remained famous for his Journey to My Country (1846), for the Portuguese oral poetry he carefully collected, for having founded the Lisbon Conservatory, but also for his liberal political ideas, which he shared with his younger brother Alexandre Herculano (1810-1877), with whom he created the Gremio Leterario club in 1846.

The second half of the 19th century was already looking towards realism, and it was Júlio Dinis, pseudonym of the doctor Joaquim Guilherme Gomes Coelho, who best embodied this transition. Of frail health, he devoted himself early on to literature, publishing poems in magazines, but became known for his novels inspired by provincial life (As pupilas do senhor reitor) or the Anglo-Irish origins of his mother, whom he lost as a child(Uma familia ingleza: scenas da vida do Porto). Like his mother, he succumbed to tuberculosis at the age of 31, leaving to posterity writings that are as much a reflection of his amiable character as of the reality he briefly experienced. He hardly had time to discover the Generation of 70, the avant-garde movement that introduced naturalism into Portuguese literature. As sometimes happens, even among men of letters, it all began with a polemic. The Coimbra Question, named after the country's oldest university, pitted the "white hairs" of the blind poet Feliciano de Castilho [1800-1875] against a group of young students whom he accused of lacking "good sense and good taste. Antero de Quental, who stressed the importance of putting into words the great transformations that society was undergoing, immediately retaliated. Although the debate was gradually lost in increasingly opaque counter-arguments, it was the starting point of a real revolution that was embodied in the Casino Conferences given in Lisbon in the spring of 1871, over which the Frenchman Proudhon's thought reigned. Antero de Quental, although an idealist and enthusiast, gave in to his darker ideas over the years and

ended his life in 1891, five years after publishing his masterpiece, the *Sonetos Completos*. His friend Eça de Queirós survived him by barely a decade and died of illness in Paris in 1900, a man who had been so influenced by French authors, especially Flaubert and Zola. In *La Capitale*, translated in 2000 by Actes Sud, he recounts his arrival in Lisbon under the guise of fiction, a story reminiscent of *Lost Illusions*..

The new golden age

The new century was turbulent and saw many political upheavals, but Portuguese literature flourished and gave rise to certain authors who would achieve international fame. In fact, there was talk of a "Renaissance" when, in 1911, a new literary movement, saudosismo, was created in Porto around the poet Teixeira de Pascoaes, a term in which the elusive saudade can be guessed and which is sometimes translated, once again awkwardly, as "nostalgia. In opposition to the chaos that agitates the power, these writers want to refocus on what unites and defines them, the Portuguese soul, which is also based "sebastianism", the founding muth and eternal expectation of the providential man. Fernando Pessoa, born in Lisbon in 1888, was seduced for a time by the power of this prophecy, but soon joined forces with two other poets, Mário de Sá-Carneiro, a champión of the symbolist movement, and Almada Negreiros, a modernist artist. Together they founded the magazine Orpheu in 1915, which, although it only had two issues, caused a considerable stir, with public opinion somewhat shocked by the stylistic experiments and pornographic allusions. This did not discourage Fernando Pessoa, and all his pseudonyms, from collaborating in various publications during the twenty years he had left to live, especially in *Presença* in 1927, a magazine that marked the starting point of the "second modernism". With a complex personality and a fascinating mysticism, the author of The Book of Intranquillity, which became Book(s) of Anxiety in Marie-Helène Piwnik's new translation for Bourgois Editions in 2018, was soberly buried in 1935 in Lisbon. It took many years for his genius to be recognized. Others were more fortunate and enjoyed success during their lifetime, such as Vitorino Nemésio [1901-1978], whose The Blind Serpent was translated into French in 1944, and José Maria Ferreira de Castro (1898-1974), whose The Virgin Forest was published by Grasset in 1938 in a translation by Blaise Cendrars, and who inaugurated neo-realism with this novel, a trend that would last until the 1960s. Miguel Torga (1907-1995), for his part, entered literature through self-publication, which did not prevent him from becoming a novelist of the first importance.

Poetry, dear to Portugal, experienced a second golden age during the second half of the ^{20th} century. In turn, the *Cahiers de Poésie*, *La Table ronde*, *L'Arbre* and *Poésie* 1961 brought together the talents of Jorge de Sena, Sophia de Mello Breyner, David Mourão Ferreira, Ramos Rosa and Herberto Helder. Until his death in 1997, Al Berto's poems delighted the Portuguese and his anthology *O Medo* was awarded the Pen Club prize in

1988. Another major figure, Nino Júdice, was born in 1949 in the Algarve, and his A Song in the Thickness of Time is available in Gallimard's Poetry collection.

As for the novel, the Carnation Revolution of 1974 sounded the death knell of traditional codes and liberated speech. This is especially true of António Lobo Antunes, who indulges in stream-of-consciousness, does not hesitate to mix up his narrative and to present his stories from the point of view of several narrators. Awarded the Camões Prize in 2007, his immense body of work focuses on the past, his own and that of his country. His first novel, Mémoire d'éléphant [1979], has strong autobiographical overtones, echoes that can be found in Jusqu'à ce que les pierres deviennent plus douces que l'eau (Christian Bourgois editions, 2019), which again evokes Angola, the country where the writer practiced medicine from 1971 to 1973. Memory is also at the center of the work of Lídia Jorge, a talented author who was born in 1946 and also lived in Africa. Her books are successful, both in Portugal and in the many countries where she is translated, as demonstrated by the impressive list of awards she has received. Les Mémorables, to be discovered by Métailié, takes us back to the not so distant time of the fall of the dictatorship. A young author competes with him. José Luís Peixoto began his career in journalism before going into teaching, and is now a full-time writer. Sans un regard (Grasset, 2004) takes place in rural Portugal: under an overwhelming sun a shepherd freezes and listens to the voice of the Devil telling him that his wife is unfaithful. The Death of the Father (2013), a short and dense text, confirms all the talent of Peixoto, who with Sulphur in 2017 has consolidated his place on the international literary scene. But of course, it would be impossible to talk about Portuguese literature without mentioning the name of the only Portuguese-speaking author to have won the Nobel Prize for Literature, José Saramago. Although his first novel appeared in 1947, it was not until later that he allowed himself the personal style that so characterizes him, dense novels with no dialogue and very little punctuation, and it was not until 1982 that he met with success with The One-Armed God. José Saramago was then 60 years old, won several prizes, and was praised by Federico Fellini. It took another decade, until 1988, for him to be awarded the prestigious Swedish prize for the whole of his work, of which we will remember some of the most important ones, published by Seuil in France: The Year of the Death of Ricardo Reís, Blindness, Lucidity and The Window. The man died in 2010, leaving behind him incomparable and inalienable novels.

Film & TV 🇐

Portugal occupies a singular place, at the extreme end of the European continent, facing the Atlantic. While the Lumière brothers were ruling Europe, the first film screenings on Portuguese soil took place thanks to a machine invented by a Briton, R. W. Paul, as a first step towards a cinema

that has always been the exception. The production of films there has always been rather meagre: about twenty per year. However, the auteur cinema has always shown remarkable vigour, which can be attributed to a long-standing voluntarist policy, via laws or public competitions, allowing the financing of projects by filmmakers with a very personal expression. Austerity, economy of means, a tendency to experimentation, as well as a certain propensity for melancholy often seem to be the watchwords of a very literary cinema, placed under the tutelary figure of Manuel de Oliveira.

Childhood of an art and the end of innocence

The first production company in Portugal, Invicta Film, was founded in Porto in 1910. In the 1920s, it became fashionable to look for foreign directors, especially French ones, to direct local productions: Georges Pallu, Roger Lion and Maurice Mariaud were some of the filmmakers who went to see if the grass was greener in Portugal and who, in so doing, participated in the development of its film industry. The latter is notably the author of O Fado (1923), a short film inspired by a painting of the same title by José Malhoa. The beginning of Manoel de Oliveira's career coincided, more or less, with the arrival in power of António de Oliveira Salazar. His first film Douro, Faina Fluvial (1931) was dedicated to his native city, Porto, and the river that runs through it, but was already intended as a critique of military and police power. Almost ten years later, Aniki-Bóbó (1942), in which Porto is again the main protagonist through the adventures of a street boy, is his first feature film, and today one of the classics of Portuguese cinema. Amusingly, one of the first Portuguese talkies, A Canção de Lisboa (José Cottinelli Telmo, 1933), is, as its title suggests, a hymn to Lisbon and is another success story of interwar cinema. The sustained production earned this period the nickname of the golden age of Portuguese cinema. The predilection for historical films or subjects related to local folklore can be seen as the effect of nationalist propaganda discreetly maintained by the Salazar regime. Popular comedies featuring a colourful and often jocular population were particularly popular, such as O Pátio das Cantigas (Francisco Ribeiro, 1942), set in the suburbs of Lisbon, which proved that a quality popular cinema still existed, and which was later remade by Leonel Vieira (2015).

The Novo Cinema and the beginning of the Portuguese exception

In reaction to the censorship of the dictatorship, and the soothing productions that it engendered, there emerged in the early 1960s what is now called Novo Cinema, a movement inspired by the French New Wave and the emancipatory impulses that were emerging in Europe. The Green Years (1963) by Paulo Rocha, the emblematic director of Novo Cinema, bears witness to the changes that were affecting both Portuguese society and the city of Lisbon. His second film(Changing Lives, 1966) evokes the war waged by Portugal in Angola by recounting the return of a conscript to his fishing village. The Carnation Revolution in 1974 definitively allowed a Portuguese cinema of personal expression to escape from the margins or

allusions to tackle political themes head-on or to break free from the codes of traditional cinema. Portuguese filmmakers, in the wake of Oliveira or Rocha, became festival darlings, following the example of João César Monteiro, a critic turned director of unparalleled eccentricity, but whose God trilogy (Memories of the Yellow House in 1989, The Comedy of God in 1995 and The Marriage of God in 1998) is also typical of this trend towards experimentalism among certain Portuguese filmmakers. As an example of a highly literary cinema, we should also mention João Botelho, whose work was placed under the patronage of Fernando Pessoa from his first film (Moi, l'autre, 1981), and who in 2010 will give a version of The Book of Intranquillity or adapt the classic of Portuguese literature of the 19th century that is The Maia (2014). Oliveira directed what is sometimes considered his masterpiece, No, or the Vain Glory of Command (1990), an ambitious exploration of Portugal's military past, and in particular its most resounding defeats, from antiquity to the colonial wars. The producer Paulo Branco, born in Lisbon and then settled in France in the 1980s, played a key role in the development of this somewhat inaccessible cinema. At the same time, the foreigner rediscovers Lisbon, its port and its special character. In the White City [Alain Tanner] and The State of Things (Wim Wenders), both released in 1982, show that the city has a new and mysterious attraction. It is also the city where the spy played by Sean Connery has chosen to retire at the beginning of The Russian House (Fred Schepisi, 1990). Wenders, never tired of it, pays a new tribute to the city with Lisbon Story (1994).

Between commercial ambitions and authorial visions

The seventh art continued its momentum in the 1990s, showing a new, albeit timid, desire for a more accessible cinema: Três Irmãos (Teresa Villaverde, 1994) revealed, the same year as Pulp Fiction (Quentin Tarantino), the actress Maria de Medeiros, who was to be seen again a year later in Adam and Eve (Joaquim Leitão), whose 250,000 admissions were an anomaly in the decade. The same Maria de Medeiros dedicated a film, in Hollywood style, to the Carnation Revolution, Captains of April [2000]. The names of Pedro Costa, whose filmography is largely dedicated to the disenfranchised and immigrants who populate the Portuguese capital, and João Pedro Rodrigues have been added to this long tradition of slowness and experimentation, divided between realism and baroque flights of fancy, haunted by its colonial past, which is so characteristic of Portuguese cinema and which Miguel Gomes took up again at the end of the 2000s with Taboo (2012) or The Thousand and One Nights (2015). The artisanal or minimalist aspect of these films paradoxically goes hand in hand with the ambition to make works of great length. Les Mystères de Lisbonne (Raoul Ruiz, 2010) offers a less dry version of this by immersing us in a romantic Lisbon full of stories with drawers. Werner Schroeter's Dog's Night (2008) is worth seeing for its fantastic vision of Porto, playing the role of an imaginary city in the grip of a violent coup. Fans of fado and Amália Rodrigues, a huge local star, will gladly see the film dedicated to her in 2008 by Carlos Coelho da Silva,

while the success of *Variações* (João Maia, 2019), a biopic of the eponymous singer who died of AIDS at the age of 39, seems to indicate how fruitful the vein is and that Portugal is now ripe for once again showcasing, in addition to its "auteurist" tradition, a mainstream cinema.



Maria de Medeiros at the 65th Cannes Film Festival.

Andrea Raffin- shutterstock.com

Gastronomy 🎓

Landlocked between Spain to the east and the Atlantic Ocean to the west, Portugal may be five times smaller than its neighbor, but it is not lacking in flavor or daring in the kitchen. Starting with *petiscos*, the local version of tapas, which come in all shapes and sizes and feature a variety of excellent products, including *chouriço* and *presunto*, a tasty raw ham. Portuguese cuisine owes much to the famous *bacalhau* or cod, which the Portuguese eat with all kinds of sauces, as well as a multitude of seafood, meats and vegetables. Many Portuguese desserts have their origins in monastic life, including the famous *pastéis de nata*, which can be enjoyed with coffee or even port, a sweet wine whose reputation has spread far beyond the country's borders. Indeed, Portugal has a rich and cosmopolitan history and its cuisine has inherited centuries of exchanges from all over the world.

Petiscos and other cold cuts

If everyone knows the Spanish tapas, Portugal has nothing to envy on this point to its big neighbor and offers delicious small bites and starters called *petiscos*. The term comes from the Portuguese *petiscar* which means "to have a snack". They can be eaten at any time of the day, even

though they are usually eaten as an appetizer, like tapas, in tascas or, more precisely, in a petisqueira.

The menu includes many seafood products such as the unavoidable pataniscas de bacalhau, cod croquettes with herbs, while the ovas em azeite de alhos, more surprising, are small pockets of fish eggs sautéed in olive oil with lots of garlic. A little toasted bread(pao) is served with a creamy pasta de sardinhas - sardine mousse. Other choices include salata de polvo or marinated octopus salad, as well as berbigão (cockles) or amêijoas (clams) simply cooked with a little garlic and olive oil.

On the land side, *moelas à portuguesa* are poultry gizzards cooked in a thick tomato sauce and served with bread. *Caracois à portuguesa*, snails with garlic and chili, are a popular appetizer, as are *figado de porco grelhado*, small cubes of grilled pork liver. The *ovos de cebolada com tomate* could be compared to the eggs-coconut served with a tomato sauce with candied onions. *Peixinhos da horta*, which could be translated as "little fish from the garden", do not contain an ounce of fish, but are presented as green bean fritters. It is assumed that they are the origin of tempura, introduced in Japan by Portuguese Jesuit missionaries. More rustic, the *salada de orelha* is a well-vinegarized pig's ear salad. There are also several types of croquettes such as *bolinho de feijão branco* with white beans. *Bolinhos de chouriço*, which are more like small cakes with chorizo, are also very popular.

Indeed, charcuterie, just like in Spain, is a very serious business, even if we are still not very familiar in France with the charcuterie preparations from Portugal. Let's take a look at the unmissable presunto, which is the Portuguese counterpart to the Spanish jamón. The two production areas are Chaves, in the north of the country, and Alentejo, in the south. There are also six varieties that have been given designations (PGI or DOP): among the best known are the presunto de Barrancos, the presunto do Alentejo and the presunto de Barroso. It is obviously a very popular petisco, just like chourico. Although quite similar to the Spanish chorizo, the Portuguese version is sometimes smoked. Also it is not automatically dried and therefore can often be cooked, in stews, soups or even served grilled for example. The chourico à bombeiro is a common petisco and guite spectacular since it is flambéed in alcohol in front of the customers. There are several varieties such as chouriço de carne, the leanest of its kind, while chourico corrente is the fattest. The chourico de sangue or morcela is a kind of black pudding flavored with cumin and cloves. Many Portuguese chouricos have names like chourico doce de Vinhais or chouriço mouro de Portalegre. The white sausage, cacholeira branca de Portalegre, resembles a saveloy, while the linguica is a pork sausage seasoned with garlic and paprika and smoked. Thealheira, a typical sausage from the northeast of the country, can be made from different meats (usually pork, veal, duck, chicken, even quail or rabbit). More surprisingly, farinheira is a kind of smoked white pudding made from wheat flour and pork fat, hence its slightly pasty texture. The more courageous can also try the butelo de Vinhais, also called chouriço de ossos. As the name suggests, it contains, in addition to pork, bones and

cartilage. It is usually served after a long cooking time, accompanied by potatoes and boiled vegetables. More delicate, the *lombo enguitado de Portalegre* is a kind of cured pork tenderloin, while the *paia* is somewhat similar to Italian *pancetta*.

Although the Portuguese cheese production remains modest, one can appreciate some delicious cheeses, often served in the form of petisco, such as those made from sheep's milk, such as the smooth Queijo Serra da Estrela or the strong-flavored Azeitão, as well as the Queijo São Jorge, a cheese made from cow's milk and originally from the Azores.



Bacalhau pataniscas, salted cod croquettes. © rocharibeiro - shutterstock.com



Chouriço a Bombeiro, flambéed in alcohol. @ tiagodinho - shutterstock.com

The essentials of Portuguese cuisine

A meal in Portugal often starts with a soup. The country has a great variety of them. Inherited from the peasant tradition, they are eaten everywhere, from the greatest restaurants to the simplest, and not only in winter. The very rustic sopa de pedra (coconuts, chorizo, bacon and pig's ears simmered in a casserole) is a classic, as is theaçorda alentejana (prepared with garlic, coriander, olive oil, bread, topped with a poached egg) from the Alentejo region. Sopa de camarão (shrimp soup), sopa de grão (chickpea soup), sopa de puré de feijão (red bean soup) and sopa de cação (light fish soup) are also very popular.

As for the main course, Portugal is renowned for its seafood. With a coastline of almost 2,000 km completely open to the Atlantic Ocean, fish and seafood are plentiful. Of course, it is impossible not to mention the famous cod or bacalhau. The Portuguese used to charter boats to go fishing for it in the North Atlantic, on the borders of Canada and Norway. A good quality cod should be white and light. If it is yellowish and a bit heavy, it has not been dried properly. In short, cod is a serious business in Portugal and it is eaten in many different ways. The main cod dishes are bacalhau com natas (the famous cod brandade au gratin), bacalhau à brás (crumbled cod with mashed potatoes, onions, parsley and scrambled eggs, garnished with black olives), the simple bacalhau assado (oven-roasted cod) or bacalhau à Gomes de Sá (cod and potato salad with hard-boiled eggs). More surprisingly, linguas de bacalhau (cod tongues) are fried and served with an olive oil sauce flavored with garlic and parsley. Other fish recipes such as dourada à portuguesa (baked sea bream with tomatoes and onions), arroz de tamboril (rice with monkfish and tomato), peixe escabeche (sliced fish in escabeche) or caldeirada (stewed fish with shellfish) are also popular. As for seafood, try the *choco frito* (fried cuttlefish), *lulas com camarão* (squid and shrimp in tomato sauce), *favas com chocos* (cuttlefish with beans) or *lingueirão à bulhão pato* (razor clams with garlic and coriander).

But this does not prevent the Portuguese from preparing the meat to perfection. They prefer it melted and simmered, rather than rare. Lebre à portuguesa (Portuguese hare stew),ensopada do cabrito (kid stew), frango assado (grilled chicken with paprika), ensopado de borrego (lamb stew) and arroz de pato (a kind of duck paella with chouriço) are only a few examples. Common in bistros, the bitoque is a complete plate of steak, fried egg, French fries and salad. Pork lovers will love Portugal for its many pork-based dishes such as cozido a portuguesa (stew), feijoada (a black bean cassoulet where the duck is replaced by smoked sausage and pork) or more simply leitão (baked suckling pig). More sophisticated are the lombinhos de porco com castanhas (filet mignon with chestnuts). As said before, chouriços, morcela and other enchidos (sausages) are often grilled on the barbecue.

Meat or fish, you have to choose! Actually, not here. Portugal is a master of mixed dishes such as *carne de porco alentejana*, a delicious stew from Alentejo combining pork and clams or *carne de porco com lulas* (pork with squid), and other *amêijoas na cataplana* (shellfish casserole that can be enhanced with chorizo).

Monastic desserts and royal coffee break

As in Spain, many Portuguese pastries were created in monasteries as early as the Middle Ages by nuns and monks and sold as a way to supplement their income. Although the recipes were improved over time with the introduction of products from the Americas such as vanilla or cocoa, the recipes often remained close to their earlier versions. The main ingredient of these pastries was egg yolks. Indeed, Portugal was known to

be an important producer of eggs, mainly in the ^{18th} and ^{19th} centuries, as most of the egg whites were used in the production of white wine to purify the alcohol and filter out any suspended particles. The winemakers were left with a huge surplus of egg yolks, which they donated to the convents, which is why the names of these desserts are generally linked to monastic life and the Catholic faith. Thus, we find the specialties with names that are sometimes quite comical, such as barriga de freira (nun's belly), papo de anjo (angel's double chin), toucinho do céu (heaven's bacon) and other baba de camelo (camel's slime). But don't worry: the barriga de freira is a turnover filled with almond cream, the papo de anjo is a small syrupy baba, the toucinho do céu is an egg custard and finally the baba de camelo is only a caramel cream.

But how can we talk about Portuguese pastry without mentioning the more than famous pastéis de nata also called pastéis de Belém? For those who don't know them yet, these little flans are made of a very crispy puff pastry shell filled with an egg cream, flavored with vanilla, lemon or cinnamon. This recipe, whose success has happily crossed

borders, seems to have been created in the ^{19th} century by the nuns of the Hieronymites monastery, located in the small town of Belém, today a district of Lisbon. Since 1837, the store Fábrica dos Pasteis de Belém with its beautiful azulejo façade - has had the exclusive right to use the name Pastel de Belém, due to the handmade production. Gourmets do not hesitate to queue up to be served. The main difference between pastéis de nata and pastéis de Belém is mainly a question of naming. Other desserts include bolo de mel da Madeira, a honey and Madeira nut cake, bolo de arroz, a rice flour muffin, pudim flan, an egg and caramel flan, queijada, a soft Sintra cream cheese cake, and torta de laranja, a delicious orange roll cake. More surprisingly, the morgado de amendoa, from the Algarve, is a marzipan bread filled with pumpkin cream(gila in Portuguese).

While tea is popular in the country, the Portuguese are above all fond of coffee, which they sometimes call *bica*, especially when referring to espresso. For a long time, Portugal has secured a supply of coffee directly from its former colony of Brazil, now the world's largest producer. The Portuguese also enjoy cafés - the place this time - where they can enjoy a hot drink and pastries. Among the most sumptuous are A Brasileira, opened in Lisbon in 1905, the Majestic in Porto, and Cafe A Brasileira, in Braga, opened in 1907. These cafés all date from the beginning of the ^{20th} century and have beautiful Art Nouveau decorations that are worth a visit.



The famous pastéis de nata. © Natalia Mylova - shutterstock.com

Wine, but from Port

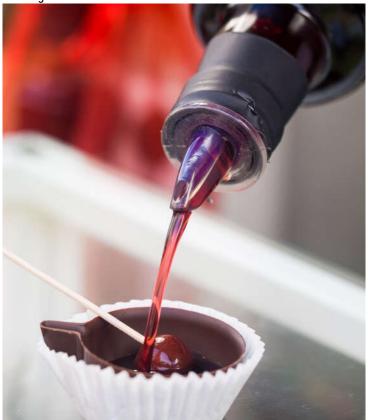
If the Portuguese are often cited among the largest consumers of wine in the world, it is because the country does not lack choice in this area. Red, white, rosé, sparkling, mutated and even "green wines", there is something for everyone. Starting with the port. Produced east of the eponymous city, this mutated wine gained popularity in the Middle Ages. While French wines were under embargo in England, the wines of the upper Douro Valley were already renowned, but did not travel well. An English merchant who was running out of business had the brilliant idea of cutting them with must brandy. The deal was in the bag. It is not surprising to discover the inscriptions Taylor's or Kopjke on the bottles, they are the oldest brands. The Anglo-Portuguese friendship is ancient since the two kingdoms signed a treaty of union in 1373 and port was of course one of the most commonly exchanged goods. Since the lightning passage of Napoleon's troops, France has also taken a passion for the precious beverage and has become the first customer. Port wine can be branco, that is, white, and sometimes extra seco (to be drunk very cold). Red port, which is usually drunk with a strong cheese, with dessert or as a digestive, is commonly ablend of different years and properties. Depending on its age, it will be ruby, dark red, or tawny, amber. The vintages, sometimes over 40 years old, are, of course, the favorites of wine lovers. It is a dessert wine par excellence.

Another prestigious sweet wine, Madeira comes from the archipelago of the same name, off the coast of Portugal. Much appreciated, like port, by the English, it was originally created by accident by mixing wine and - for better preservation - sugar cane brandy. The alcohol thus produced was so popular that it suddenly became a craze without precedent, especially in Great Britain but also in the United States, then a British colony, as well as in Russia and France. There are four types: malvasia (sweet), bual (semi-sweet), verdelho (semi-dry) and sercial (dry).

Although port and Madeira are the best known Portuguese wines, they should not overshadow the remarkable wines of the Douro. Wines from the Setúbal region are famous, such as moscatel, a cooked and very sweet muscatel wine, while wines from the Alentejo region, in the south of the country, are denser and full-bodied. Among the wines of Bairrada, there are very good reds (baga grape) as well as excellent *espumante* (sparkling wine). More surprisingly, the green wine or *vinho verde* does not take its name from the color of the wine, but from its youth. Partially fermented, it is only 8° to 11°, against 13°-14° for a conventional wine. White or red, it is produced in the Minho and Douro regions and benefits, like port and Madeira, from a Denominação de Origem Controlada (DOC). The best known white *vinho verde* wines are Casal Garcia and Quinta da Aveleda.

While wine is undeniably linked to the history of Portugal, other alcoholic beverages are still very popular. Beer (cerveja) is not traditionally a common drink in Portugal, but it has become very popular over time. Among the most famous beers are Imperial, Sagres, Coral and Super Bock. On the liqueur side, there is the ginja, a very fragrant cherry liqueur that must be sipped in a small bar(ginjinha). Less known, the medronho is a liqueur made of arbutus, a fruit from a tree native to the Mediterranean basin. Finally, the licor beirão, produced in the Beira region, is 22°. It is flavored with various plants such as eucalyptus, cinnamon, lavender or

rosemary.



Ginja, Morello cherry liqueur served in a small chocolate troquet. @ Magdalena Paluchowska - shutterstock.com

Culinary world tour in Portuguese country

Although maritime trade on the Mediterranean has existed since antiquity, Portugal was one of the first countries in Europe to develop a merchant navy capable of making long-distance sea crossings. Its maritime expansion was such that Portugal decided to sign the Treaty of Tordesillas with Spain in 1494, where the two powers divided the world into two halves over which they intended to extend their influence. Spain inherited the Americas and the Pacific and Portugal the Old World as well as a strip of land in South America, which would later become Brazil.

In this immense empire, exchanges were numerous and the Portuguese imported rare or even unknown products into Europe. Spices such as pepper, cinnamon, cloves, nutmeg and ginger came from India and

Southeast Asia. The Macao trading post in China allowed the Portuguese to introduce Europeans to tea, which became fashionable in Great Britain in the 1660s after the marriage of King Charles II to the Portuguese princess Catherine of Braganza. The bitter orange, of Persian origin, had been widely cultivated in southern Europe since its introduction by the Moors in the Middle Ages. However, it was Portuguese traders who imported sweet oranges to Europe from India in the 15th century. A fact that has remained in memory since the orange is now called portokali in Greek, porteghal in Persian or portakal in Turkish. Numerous species were also discovered in the Americas such as corn, potatoes, tomatoes, tobacco, vanilla, cocoa or even Brazilwood, whose blood-red sap was used to make a highly prized due. Brazil was also a very lucrative colony for the cultivation of plants used in Europe such as sugar cane and coffee, which originated in India and Ethiopia respectively. The Portuguese were the first Europeans to introduce corn, which came from Mexico, in their African colonies such as Mozambique, Angola and Guinea-Bissau.

Thus, Portugal spread products and culinary know-how throughout its colonial empire, resulting in some amazing recipes. These influences are for example evident in Brazilian cuisine, which offers its own versions of Portuguese dishes, such as feijoada and caldeirada. A mixture of flavors that can also be found in the Chinese territory of Macau in the form of so-called Macanese cuisine. The Portuguese word canja, meaning chicken soup with rice, a popular food for the sick, is not unlike the Asian congee, which is very similar. In the Indian province of Goa, some dishes such as vindalho - a very spicy curry - feature combinations of vinegar and garlic, unusual in India but very common in Portugal. Finally, the Portuguese were the first Europeans to set foot in Japan, in Nagasaki, in 1543, and introduced refined sugar, considered a luxury product at the time. The Japanese lords appreciated the Portuguese specialties so much that they were adopted and renowned. This is how konpeito/confeito (sweets), kasutera/castella (sponge cake), karameru/caramel or pan/pão (bread) came into the Japanese language.

Agenda 🎓

A fairly large number of events and festivals take place in Porto and the north of the country throughout the year. Most of them are concentrated in the spring and summer season, when the weather is most favourable for outdoor events, such as concerts, festivals, or the *romarias*, celebrated all over Portugal. The agenda gathers the most important events celebrated in Porto and in the North, in the field of cinema, theatre, music, wine, and culture in a broad sense. In terms of sport, you can watch football matches at the Dragon Stadium on a regular basis. For running enthusiasts, the Porto Marathon is an anticipated event. It usually takes place in early November. If you have a diary, it may help you decide when to come, in case one of the events listed makes you

want to participate..

ESSÊNCIA DO VINHO

PORTO (**) +351 222 088 500 - www.essenciadovinhoporto.com

Mid February. Four days of fair.

The Porto Wine Fair welcomes producers and traders from all over the world who have come to share their passion for wine. The programme includes tastings of more than 3,000 different wines, of course, but also gastronomic cuisine prepared by star chefs, exhibitions on the theme, meetings that could create future partnerships or interesting exchanges, and music concerts. The aim of the activities is to offer the visitor a complete experience. Essência Do Vinho takes place at the Palácio da Bolsa.

FANTASPORTO 🐠

PORTO - www.fantasporto.com

Late February, early March.

It is the International Film Festival of Porto. This very famous festival exists since 1981. Fantasporto is dedicated to international and Portuguese fantasy genre films. During a short week at the end of February, feature films and shorts are shown at the famous Rivoli Theater. A jury meets to award the best film. Danny Boyle's *Little Murders Between Friends* and David Fincher's *Seven* have won awards in previous editions. The American thriller by Sylvia Caminer *Follow Her* won the 2022 edition.

OUEIMA DAS FITAS & SEE ON

PORTO (**) +351 226 076 370 - https://queimadasfitasdoporto.pt/

For one week, from the first Sunday in May.

The Queima das Fitas (Burning of the Ribbons) festival was born around 1920, when the graduating students symbolically gave their academic records to their fellow students who had just started their final year. Over the years, the festival, which is also celebrated in other university cities (notably Coimbra), has evolved and nowadays the entire university community and its entourage participate. The programme each year includes several concerts, a student procession in the city, screenings and other activities during a week.

FESTIVAL DES JARDINS

PONTE DE LIMA (r) + 351 258 900 400 - www.festivaldejardins.cm-pontedelima.pt Begin the last weekend from May, until October.

During 4 months, ephemeral and creative gardens are worked, shaped and created by gardeners full of imagination and talent. They come from all over the world. A selection is made before the festival, before these original structures are exposed to the public. It is a way to defend the natural heritage of Ponte de Lima, with a message of environmental protection. Each year a theme is honored. 2023 will be placed under the theme "Healthy Gardens". 2024 will have the theme "Imagination in the art of gardens".

SERRALVES EM FESTA

Serralves Foundation, 210 Rua D. João de Castro, PORTO (**) +351 808 200 543 -

www.serralvesemfesta.com/pt

Late May, early June. May vary from year to year.

Fifty hours of non-stop cultural activities inside the Serralves Foundation is the programme of Serralves Em Festa. Visitors [more than 250,000 every year!]

discover exhibitions and photographs, take part in family workshops or guided tours... Unquestionably the biggest contemporary art event in Portugal. All this is enlivened by nightly concerts on the large stage set up for the occasion. So get ready to enjoy as many hours as your cultural curiosity will allow...

SÃO JOÃO (SAINT-JEAN) 👫

PORTO

On the night of June 23 to 24. All over the city.

It is the biggest popular festival in Porto, in honour of Saint John, which takes place at the time of the summer solstice. For the occasion, thousands of people are in the streets to hit each other on the head with hammers (fake of course), to meet, to have fun, to see the fireworks, to eat special dishes and mainly grilled sardines. All this while actively participating in the popular games. The party is great and does not end until the sun rises. Fortunately, the 24th of June is a public holiday!

NOS PRIMAVERA SOUND

PORTO - www.nosprimaverasound.com

International music festival. From 7 to 10 June 2023. From 120 € for the duration of the festival. See ticketing.

The program ranges from pop to rock to electronic music. With more than 20,000 visitors per day, the park "da cidade" is transformed into a big musical stage. During 4 days, music and bamboozle are in full swing. You can sit on the grass (if you can find room) to listen to the concerts, or you can go to the edge of the stage to mingle with the crowd. A rock festival atmosphere as you would expect and which always keeps its promises. The program of artists is announced on the Facebook page of the event.

INTERNATIONAL KEYBOARD FESTIVAL & MASTERCLASS (IKFEM) 🕪

VALENÇA DO MINHO - www.ikfem.com

During a week in mid-July. Each concert about 5 €.

This international keyboard festival brings together the cities of Tui (Spain) and Valença do Minho (Portugal). Numerous musical activities are organised: classical, contemporary and jazz concerts. Young people can also take part in "master classes" to discover the instruments on display. An event that offers to discover beautiful music and performances by passionate, excellent musicians.

FÊTE DE NOSSA SENHORA DA AGONIA 🕅

VIANA DO CASTELO

3rd week of August.

The festival of Nossa Senhora da Agonia is one of the largest popular festivals in Portugal. This is a pilgrimage to the chapel of Our Lady of Agony (Campo de Agonia), in Viana do Castelo, accompanied by craft fairs, folklore parades, splendid costumes, bullfights (controversial). All sprinkled with the magic of a splendid "aquatic" firework display. Not to mention the "Gigantones", these great fun guys! A beautiful event.

FESTIVAL DE ROCK VILAR DOS MOUROS (EDP) 🕪

CAMINHA - https://www.edpvilardemouros.pt/

End of August. 1 day ticket: about $40 \in$, 3 day pass: about $80 \in$, depending on the ticket office.

This huge rock festival is the oldest in the country and the most important in the Iberian Peninsula, founded in 1965! Many consider it to be a Portuguese Woodstock where big names in rock, but also alternative and indie music, take to the stage. During 3 days, at the end of August, Caminha is immersed in a crazy atmosphere. The Vilar dos Mouros Rock Festival (EDP) has already welcomed U2, The Stranglers, Placebo, Limp Bizkit and Iggy Pop

FESTIVAL INTERNATIONAL DE MARIONNETTES 🕪 🗣 🎎

145 Campo Mártires da Pátria, PORTO 🅜 +351 223 320 419 - www.fimp.pt

Second half of October. Entrance fee per show about 10 €.

For ten days in October, live theatre and puppet shows take place all over the city. Porto's theatres offer numerous performances, where it is not always necessary to be a Portuguese speaker to understand the play, as the stage expression alone comes into play. To extend the festival, workshops are offered to the artists, and take place either in person or online.

NOËL &

PORTO

Parade: mid-December, departure from Place de la République, free. Markets from the beginning of the month.

During the Christmas period, in addition to the traditional decorations and illuminations, several small markets are organized throughout the city. In small chalets, or in the open air, are exposed objects of craft art (jewels, ceramics, confections in wicker...). Various wines (including mulled wine) are offered for tasting and sale, and small Portuguese dishes are available to take away. More original, an already traditional Santa Claus parade is organised in the upper town. It is the event awaited every year.



Approximately 265,000 inhabitants (2 million with the agglomeration). As a popular saying says: 'Braga pray, Coimbra sing, Lisbon is fun and Porto works'. Porto, a strong, proud and rebel city, is undoubtedly a destination in itself. If the eternal rival Lisbon is policed, Porto can be seen as harsher and discreet. Its charm will reveal itself by taking the time to arduate the streets of the Ribeira, sip Porto in a wine cellar or taste regional specialties in a small troquet full of atmosphere.

Porto has attracted more than ever since the city was European capital of culture in 2001 and its center was classified as a UNESCO World Heritage Site [1996]. And now that Ryanair, the low-cost company, has elected home at Porto airport, followed by many others, Portugal's second city is South Europe's new *low cost* destination. Outcome: it is accessible, cheap and fashionable. To accommodate this growing number of tourists, the municipality has multiplied its facade and facade and modernized the infrastructure [metro].

As for the banks of the Douro, they have completely metamorphosed into an ultra-connected neighborhood.

The traveler is at first surprised by the dynamism and seriousness he meets in Porto, far more "speed" than his southern rival. All around the northern capital, intensive industries and farms abound and living standards are clearly above the national average. But, in fact, the great Portuguese north is a very diverse region: The splendid Douro valleys impose tranquility on the image of small boats that cross the great river every day. Far from the active suburbs of Porto, the historic cities of Guimarães and Braga seem to lead a life out of time, in a peaceful and green Minho. The other cities in this region are also calm and expect to be discovered: Barcelos, Viana do Castelo, Ponte da Lima... Located all east, the Tras-os-Montes is finally the region that seems the farthest, a wonderful area where old communities and old traditions persist in small villages lost in the middle of hills, forests and stones.



Porto and the Douro River. © Elenaburn - iStockphoto

SIGHTSEEING

CENTRO DE INFORMAÇÃO DE CONSUMO 🗖 🖼 🖟

(f) +351 225 029 791 - www.cicap.pt

Open Monday to Friday from 10am to 6pm.

It is the Consumer protection House for litigation with a merchant.

GUIA DA CIDADE 🗖

www.guiadacidade.pt

Guia Da Cidade is a website that gathers in Portuguese, Spanish and English different information about a large number of Portuguese cities. By clicking on "Porto", at the bottom of the main page, you will have access to several information about monuments and places to visit, as well as all the leisure options. The agenda will also show you upcoming events. This very practical site is in partnership with Booking to book your hotel. By clicking on the proposed activities, you will be redirected to the other partner sites.

OFFICES DE TOURISME OFFICIELS DE PORTO 🗖 🗣 🐘

Porto Welcome Center: 27 Praça Almeida Garrett (In front of S. Bento), 15 Calçada D.Pedro Pitões/Airport Sá Carneiro, R/C (**) +351 223 326 751 - www.visitporto.travel Open every day from 9am to 7pm.

The official tourist offices have the advantage of having a vast network and offering a wide range of services that will allow you to find the best service for the visit and the desired time. There are many options: thematic visits, cruises on the Douro, visits to wineries, guided tours in the region... Competent, attentive and friendly staff, with whom you can get good advice.

PORTO CARD 🗖

Porto Welcome Center: 27 Praça Almeida Garrett -

https://visitportoandnorth.ecwid.com

1, 2, 3 and 4 days and with 2 formulas: pedestrian from 6 € and with transport from 13 €

These official cards give free access and also offer numerous discounts in several member establishments.

The pedestrian card can be used in museums and wine cellars in Porto, as well as in rental services, restaurants, stores, river cruises, and tourist circuits in Porto and the entire northern region.

The cards with transport allow free and unlimited access to public transport. The Porto Card can be purchased on the website and at the official tourist offices in Porto.

PORTO CONVENTION & VISITORS BUREAU 🗖 🗣 👭

211 Rua Miguel Bombarda (**) +351 223 326 751 - https://www.portocvb.com/

A wealth of information; competent and French-speaking interlocutors.

Founded in 1995, this association aims to promote tourism in northern Portugal internationally. Although it is primarily aimed at its members, who are companies established in the country, you will find on its website information on travel, accommodation, catering and upcoming projects. You may also be interested in articles on business news. The website is written in Portuguese and English.

ANETOURS * SHE MAP

4524 Avenida Mário Brito, Perafita - Matosinhos (**) +351 229 942 667 -

www.anetours.pt

Transfers, city tours, cruises in the Douro Valley, Segway... Prices on the Internet.

This agency offers transfers, guided tours, as well as organized excursions from Porto, from your hotel, in groups or personalized. It also offers themed stays ranging from gastronomy to wines. Throughout the year there are several routes to visit the main centres of interest or cities in the north and centre of Portugal as well as different cruises to taste the magic of the Douro Valley.

- In Oporto, it is possible to take a guided walking tour of the historic city and the Port wine cellars in Vila Nova de Gaia, including of course a wine tasting.
- Discovery of the north of Portugal, the centre or even Lisbon with several proposed day trips by car, minivan and minibus: the Historical Minho (Braga and Guimarães), the Atlantic Minho (Viana do Castelo, Ponte de Lima and Barcelos), the Douro (Amante, Régua, Pinhão), the Costa de Prata (Aveiro, Bussaco, Coimbra) Coimbra and Fatima, Obidos, Nazaré and Lisbon. The routes to Santiago de Compostela and Valença do Minho.

The tours last a day during which you will discover corners of Portugal where you might not always think you're coming at first glance but which are really worth the detour.

- Transportation services: airport transfers to and from the airport, weddings, meetings, events, VIP guests and inter-city transportation.
- **Reservation by mail,** by phone or on the website. On the latter, you will find details of the tours offered. Very professional and attentive communication.

AROMA FLAVORS TOURS 🖛 🗣

+351 917 989 401 - www.aromas-flavors-tours.com/fr/

1h in a rabelo on the Douro river in Pinhão : 11 €. Cruises from 150 €. See rates and reservations on the website.

This Porto-based agency offers cruises on the Douro from Porto or in the Douro valley (Peso da Regua and Pinhão in particular), from one hour to two days. For the longer cruises, you will be picked up from the hotel and taken to enjoy the wonders of the river. The different programs are listed on the website and reservations can also be made online. Aroma Flavors Tours also offers private tours in the surroundings of Porto, such as the geopark of Arouva (60 km south-east of Porto) and its fabulous suspension bridge...

BLUE DRAGON 🖛 🗣 SEE ON APPROXIMATE MAP

251 Rua Alexandre Herculano ♠ +351 222 022 375 - www.bluedragon.pt
Guided bike tour from €29 (3h); Segway tour from €34 (2h); walking tour from €29 (3h).

Blue Dragon offers several types of guided tours to discover the wonders of Porto. On foot: "Food and Wine", "Tasting and Viewing", "The Best of Porto". By bike: "Tour of the old city", "Street art by electric bike". By Segway: "The best of Porto", or "Sunset". Several languages are available for the tours, including French. You will also have the possibility to rent bicycles (classic or electric) if you want to go around Porto on your own. The guides are friendly, smiling and passionate!

CITYSIGHTSEEING PORT

(**) +351 225 100 529 - www.city-sightseeing.com

Ticket 20 € (9 € children from 4 to 12 years old) valid for two days, 18 € for one day. Audioguide in French.

The red tourist bus has two routes:

- The **vermelha linha** (red line) extends from the statue of the Infanta D. Henrique to the largo Miguel Bombarda, from the city centre to Foz do Douro. Lasts about an hour. Departure every 90 minutes, every day from 9:15 am.
- The linha azul (blue line), the same starting point as the red one, goes towards Casa Barbot, passing through 20 tourist points in the centre of Porto, to the cellars in Vila Nova de Gaia. Lasts about an hour. Departure every hour, every day from 9:30 am.

DOURO ACIMA 🖛

Rua dos Canastreiros 40/42 (\bigcirc +351 222 006 418 - www.douroacima.pt 50-minute cruise on the Douro (departure every 30 minutes, 7 days a week from 10:00 am to 6:30 pm): 15 \in . Children: 7,50 \in .

Douro Acima is an agency specialising in short cruises on the Douro for one hour, half a day or a full day, to Régua, Pinhão, Castelo de Paiva... The journey, short but intoxicating, is made on *barcos rabelos*, the typical boats used to transport wine from the Douro valley to the wine cellars of Vila Nova. It is also possible to have lunch and dinner on board. Embarkation is from the Ribeira wharf. Destinations are varied and departures are very frequent.

DOURO AZUL 👉 🗣

(+351 223 402 500 - www.douroazul.com

Cruise on the Douro River of 50 minutes. Boarding: Vila Nova de Gaia pier. Check prices on the website.

The River Sightseeing of Douro Azul offers, during a cruise of less than an hour, on the Douro River, to discover the historical city of Porto from its most beautiful angle. You will be able to admire its typical houses with contrasting colours that fit together like a puzzle, observe the back and forth of the Ribeira river, identify the Port wine cellars on the Vila Nova de Gaia side. Then you will pass under the various bridges that connect the two margins and whose architecture is worth contemplating. An experiment to be done.

EFUN TOURS 🗲 🗣

R. Guilherme Gomes Fernandes 110, Vila Nova de Gaia 🇷 +351 910 241 977 -

http://www.efungpstours.com

Between 19 and 105 € depending on the tour chosen. See on the website. Transfer from and to the airport. Tours in French.

EFun Tours and its small team offer tours on foot or in a mini-van to discover Porto, the Douro Valley, Guimarães, Braga or the Peneda-Gerês National Park. The best tour, without a doubt, is the one that includes a visit to the Douro Valley, three of its vineyards and a lunch. A great getaway during a stay in Porto. Also perfect for soaking up the atmosphere of the city, the thematic walking tours ("The Jewish heritage", "Local gastronomy"...), the discovery of wine cellars and emblematic places.

LIVING TOURS 🖛 🗣

(+351 228 320 992 - www.livingtours.pt

Porto city tour, Douro tour, Minho tour between 25 and 95 \odot . The guide will pick you up at the hotel. Regular promotions.

Living tours offers several types of visits and tours in the area. Tours are for groups of two or more people (except for private tours), up to a maximum of nine passengers. The staff is extremely friendly and speaks several languages. They explain the history and culture of the cities visited and tell many anecdotes. The meals and tastings offered are excellent and allow you to exchange with the other visitors. A very good option for those who do not like to drive and prefer to be guided.

OFFICIAL TOURS PORT 🖛 STEEPING

(+351 916 436 479 - www.officialtoursporto.com.pt

Departure at 9:30 am or 2:30 pm. 20 per person for the classic walk of 3h30-4h. Reservation by email or SMS the day before.

After having worked as a guide on the Douro boats, the young and friendly Karen, Franco-Portuguese, opens Official Tours to share with the travelers of passage her passion for Porto. The young and unique official agency of walking tours of the city offers a variety of themes to discover the beautiful Porto: classic tour, food tour for the gourmets. The guides know the city by heart. An original and pleasant way to get your bearings and learn more about the city. A favorite!

PORTO FREE WALKING TOUR 🖛 SHEMA

Praça General Humberto Delgado - www.freetour.com

Tuesday, Thursday, Friday and Saturday at 10:30 am. Meet at the Almeida Garrett statue. Free participation at the end of the tour.

What could be better than discovering the emblematic places of Porto on foot with a local? This is what the Porto Free Walking Tour offers you. For almost two hours, the guide will tell you as many historical facts and anecdotes as he knows. And there is no shortage of them. The tours are in French. Just come to the meeting

point at the Almeida Garrett statue in the Praça General Humberto Delgado, and walk towards the person holding a dark blue umbrella in his hand. Recommended for a first visit to Porto.

RETRO-TOURS 🖛

(**) +351 222 022 375 - https://www.retro-tours.com/fr/

From 110 € per person, rides in a 1960's Beetle or Combis. The guide will pick you up at the hotel.

In love with ladybirds and kombis from the 1960s, with Retro-Tours we discover the North of Portugal, Porto, the Douro Valley, Braga, Guimarães and Coimbra. The originality of these programs is to go back in time at the wheel of these mythical vehicles, with the possibility of driving them! Accompanied by a French-speaking guide, we share rare moments, discover sites, unusual places, visit wine estates, good restaurants! A unique experience for the greatest pleasure of all those who board these vehicles.

ROLLER TOWN - CITYRAMA 🖝 🗪

NO. 63-E Rua do Infante Dom Henrique © +351 22 043 1006 - www.cityrama.pt Hop on hop off" tours. Tickets can be purchased on the website.

Visit by bus at your own pace Porto Cathedral, the Crystal Palace, the House of Music and the Serralves Foundation or take a walk on the famous Avenida dos Aliados. Roller Town also offers full-day and half-day tours that allow you to discover the main points of the city and one of the famous Port wine cellars in Vila Nova de Gaia. To end the day in style, you can take a walk with dinner in a traditional restaurant, listen to Fado or attend a Portuguese folklore show.

ROTA DA FILIGRANA (WATERMARK ROUTE) 🖝 🖼 🕮

(+351 224 660 500 - www.rotadafiligrana.pt

Visits to the workshops free of charge on reservation. Exhibition every day from 9:30 am to 1 pm and from 2 pm to 5:30 pm.

The Watermark Route starts from the Gondomar Tourist Office, located in a beautiful historic house overlooking the Douro River. Here begins the discovery of this traditional goldsmithing technique, native to the region. An exhibition on watermarking gives a taste of the visits to the 8 workshops. The route allows you to discover the artisanal production process. Possibility to buy directly from the creators - at a good price - unique pieces.

ROTA DO DOURO 👉 🗣 SEE ON AP

438 Av. Diogo Leite, Vila Nova de Gaia \bigcirc +351 223 759 042 - $\underline{\text{www.rotadodouro.pt}}$ See schedules, fares and possible cruises on the website.

This cruise agency currently has six boats, the most recent date of 2016, but in 1999 it began to offer one day cruise cruise with its first boat *Rabelo*, a typical boat used in the Douro Valley. Apart from traditional one-day cruises on the river, the agency also organizes programs for two or more days with meals on board. A very attentive service, regardless of the cruise chosen to know the Douro. In any case, it will leave a unique memory.

TOMAZ DO DOURO 🖛 🗣 E MAP

+351 222 081 935 - www.tomazdodouro.com

Prices and timetables of the cruises, reservations and purchase of tickets at 8 Praça da Ribeira or on the website.

Tomaz do Douro has been offering cruises on the Douro River for 25 years, in Porto between the 6 bridges and from Porto to Barca d'Alva, near Spain. This operator has about ten boats equipped with modern navigation systems, some of them are typical boats (rabelos); you can thus have the pleasure of going up the river as before. Those who love thrills can try their hand at jet boating. Teams that will help make the discovery of the Douro unforgettable.

TOP BIKE TOURS PORTUGAL 🖛 🗣 🎎

(+351 220 997 106 - https://topbiketoursportugal.com/

Porto guided tour (3h): 28 €, Douro Valley (8 days): from 1 464 €; Porto-Coimbra: from 1 290 €. See website.

Lovers of bicycle touring will be delighted to follow one of the bicycle routes offered by Top Bike Tours. This Porto-based agency offers various tours near the city, in the north of Portugal, but also along the Atlantic coast or in the Algarve. Depending on your budget, your motivation and where you want to cycle, you can choose the route you like best. The agency offers 3-hour guided tours of Porto, one-day tours in the Douro Valley or one-week "lodging-food-luggage transfer" tours from day one.

TOP TRAVEL PRIVATE TOURS 🖛 🗣

(*) +351 917 253 333 - toptravel@sapo.pt

Rates on request.

A very professional agency that organizes guided tours of Porto, Minho, Douro Valley, Aveiro and Coimbra. Also guided tours in luxury cars (Mercedes class 5 or E). The friendly Paula Mucha, the owner and guide, speaks perfect French. The prices are completely different depending on the type of service you want, so the best solution is to contact the agency. You will get all the information you need to plan your guided tour. To feel like a privileged customer.

TT-3WAYS 🖝 🗣

(+351 913 074 570 - www.tt-3ways.pt

From $6 \in$ for a bike, $100 \in$ for a car and $35 \in$ for a half day (5h) in a Vespa. Open 9am-7pm, 8pm in high season.

Offers guided tours of the city by bike or, more simply, bike rental, including electrically assisted bikes; this is an ecological, fun and above all - given the slopes - practical way to discover the city's nooks and crannies independently. Vespa 1962 and 1968 and vintage cars are also available. What could be more nostalgic than visiting the city in a "Deudeuche", with its characteristic hiccups and the sound of its air-cooled engine? Several solutions are offered, by the hour or by the day, to suit your wishes.

TUKTOUR PORTO 🖝

(r) +351 915 094 443 - www.tuktourporto.com

Every day from 10am to 6pm. Departure from Clérigos, Cáis de Gaia or from your hotel. Reservation recommended.

Here is a rather original way to discover Porto, in a 100% electric tuktuk. On the program, a visit of the historical center, personalized and documented with a French-speaking guide. The ride is very pleasant on the left and right banks of the Douro. From 8pm, Porto by Night, an exceptional tour (reservation required) from your hotel, Clérigos or Cais de Gaia to enjoy the city and its monuments illuminated.

TukTour Porto also offers workshops (azulejos, cooking, photography, surfing, spa) and develops a creative and participative tourism.

YELLOW BUS TOURS 🖝

(**) +351 218 503 225 - www.yellowbustours.com

Vintage Porto 18 € or 20 € 2 days adult, 9 € child. Yellow City Cruises, 2 days 28 € adult, 14 € child.

Convenient for those who are on a tight budget, those who don't have much time to spend in the city and those who don't want to bother with the public transportation system or walking. The formula is quite complete, with the same package:

Designation Bus: 2 routes are offered by Hop On Hop Off bus: "Historic Porto", lasting about 2 hours and the "Castles of Porto". The "Historic Porto" bus runs from 9am to 6pm. The "Castles of Porto" bus operates from 9:45 am to 5:45 pm. For an additional fee to the basic ticket, you can also opt for the Yellow City Cruise combi, which combines in a single ticket the two panoramic bus tours, the six bridges cruise and a visit to the famous Calem cellars. A great option.

Tickets can be purchased directly on board the bus or at the many sales points located in the city. Departures are from Avenida dos Aliados. Check the tour schedule on the website.

- **Six Points Cruise:** a "Bridges of Porto" cruise of about 50 minutes on the Douro. Departing from Cais de Gaia, the boat passes under (or near) the six bridges of the city. No guide on board.
- Calém Cellars: A guided tour (in French) of the Calém winery is also available. During the visit, the guide explains the process of making port wine, and a tasting is offered at the end.
- Audioguide in French.
- **Tours around Porto:** Braga & Guimarães Tour or Douro Valley & Wine Tour, with an average duration of 9 hours.

ANTÓNIO DE ALMEIDA FUNDAÇÃO 🂞 🧣

(r) +351 226 067 418 - www.feaa.pt

Open Monday to Saturday from 2:30 to 5:30 pm. Free admission.

In the collector's house itself (built in the 1920s) are exhibited French paintings and furniture. The idea of the museum is to present the house in the state it was in when it was occupied by its creator, who was also an enlightened numismatist. Hence the collection of 966 gold coins from the 4th century BC to the 19th century kept in a safe room. The museum was inaugurated in 1973. A visit to a time gone by.

CENTRO PORTUGUÊS DE FOTOGRAFIA * 💞 🤉 🖼 🗛

(+351 220 046 300 - www.cpf.pt

Open for exhibitions from Tuesday to Friday from 10am to 6pm, weekends from 3pm to 7pm. Free admission.

The Centro Português de Fotografia (CFP) is a recent, beautiful facility located in the city's former prison, which presents quality exhibitions and a fairly exhaustive collection of cameras. Opened since 1997, its aim is to enhance and promote the photographic heritage. The permanent and temporary exhibitions deal with various subjects, such as a focus on a Portuguese city, exploration, the animal world, society... To be discovered.



CENTRO PORTUGUÊS DE FOTOGRAFIA ® Julian Worker - Shutterstock.com

ESTAÇÃO [STATION] SÃO BENTO ★★★ 🗔 🗣 SEE ON

When the railway arrived in Portugal at the end of the 19th century, it took almost thirty years to build the railway station in the centre of Porto. It is located on the site of the São Bento Convent (16th century), whose destruction was one of the illustrations of the millenary antagonism between the merchants and authorities of the city and the Church. From temporary installations to partial demolitions of the convent, whose name the station has kept, it was inaugurated in 1916, although the first project was presented in 1887. After more than 50 years as a mixed freight and passenger station, it is now used only for passenger transport, in connection with the Campanhã station, located 3 km to the north (which can be reached by metro).

It is a vast building considered as one of the ten most beautiful stations in the world (and the most beautiful in Portugal) with its wrought iron clock, but especially its large hall of lost steps nicely decorated with azulejos created by Jorge Colaço in 1914. You could stay there for hours to admire each "painting" presented before your eyes and, when you think you've done the trick, you discover new ones hidden here and there in the nooks and crannies, to your great delight. To fully enjoy it, however, come at the end of the day when there is less traffic. A must-see during your stay in Porto because it is a place not to be missed.



São Bento Station. © Kiev.Victor - Shutterstock.com

GARDENS OF THE PALÁCIO DE CRISTAL ** 🗖 🖓 🖼

(+351 225 320 080 - parquesurbanos@cm-porto.pt

Open from 8am to 9pm from April to September and from 8am to 7pm from October to March. Free admission.

The gardens are magnificent and there are many young lovers admiring the splendid view of the Douro. There is a restaurant open until 3pm in the park next to the duck and peacock pond. From May to September you can even relax with a free yoga class, usually in the late morning. The gardens are a pleasant place to rest while discovering Porto and to see locals and tourists alike.



JARDINS DU PALÁCIO DE CRISTAL @ saiko3p - shutterstock.com

IGREJA DO CARMO ★ 🗖

(r) +351 222 078 400

Open Monday and Wednesday 8am-12pm and 1pm-6pm, Tuesday and Thursday 9am-6pm (5:30pm Friday, 4pm Saturday, 1:30pm Sunday).

Built at the end of the 18th century on the Gomes Teixeira square, opposite the university rectorate, the Carmelite church is in the Rococo Baroque style. The rectangular portal of its main façade is surmounted by a balcony and richly decorated corbels, with 4 statues representing the 4 evangelists at its top. The interior is illuminated by the main altar and the side chapels in gilded wood. Its side facade with enough room to catch the light, which highlights magnificent panels of azulejos, dates from 1912.



Carmo Church in Porto. @ Yury Gubin

IGREJA SANTA CLARA ★ 兌 🗣 🗪

(*) +351 223 392 330

Open Monday to Friday from 9am to 12:30pm and from 2pm to 5:30pm, until 4:30pm on Tuesday and Saturday.

The rather undecorated exterior hides a very baroque interior, filled with wooden and gold altars. It's a bit overwhelming, but it's still worth a little detour - if only to admire the remains of the old city wall, which are just a few metres away, and the view of the Douro. The church of Santa Clara was built at the beginning of the 15th century and has been renovated several times. It was declared a national monument in 1910 and is part of the UNESCO World Heritage. Please note that pictures inside are not allowed.



IGREJA SANTA CLARA @ amnat30 - Shutterstock.com

MUSÉE DU CENTRE HOSPITALIER DE PORTO 🏛 🗣 🐘

(*) +351 222 077 545 - www.museu.chporto.pt

Open from Monday to Friday from 9am to 5pm. Symbolic entrance : 1 €.

Adjacent to the left of the main entrance of the Hospital of Porto, in a neoclassical building, this small museum of two rooms exhibits some pharmacy and medical instruments used in the past by the hospital (microscopes, vials). It also and above all traces the history of the hospital, which was not always located here nor did it bear that name. A 10-minute video with French subtitles will be shown. In itself, nothing very interesting, but why not?

MUSEU DA CIDADE - ARQUEOSSÍTIO DE PIREMA

(r) +351 222 400 012 - geral@cm-porto.pt

Visits by reservation at the Guerra Junqueiro Museum.

The remains of the foundations of Porto. The archaeological site dug 3 metres deep at 5 D. Hugo Street reveals twenty strata dating back to the 4th century B.C. It is here that traces of the proto-historic fortress that gave birth to the city have been found. There are also the remains of Porto's first wall, which can be seen from the outside, incorporated into the walls of the house that houses the site. An interesting visit.

MUSEU DA CIDADE - CASA GUERRA JUNQUEIRO 🏛 🗣 👭

(r) +351 222 003 689 - https://museudacidadeporto.pt/

Open Tuesday to Sunday from 10 am to 5:30 pm, closed on Monday. Admission $4\,$ €. Free on Sunday.

Housed in an 18th-century house in the Baroque style, this museum houses the collections of Guerra Junqueiro (1850-1923), one of the best-known poets of his time, who was also a journalist, civil servant and member of parliament. The museum includes Portuguese, Spanish and Flemish furniture, as well as silverware, ceramics and delicately carved glassware. An interesting visit that is part of the "city museums" (museu da cidade).

MUSEU DA CIDADE - EXTENSÃO DO ROMANTISMO 🏛 🥍 🐘

(C) +351 226 057 032

Open Tuesday to Sunday from 10 am to 5:30 pm, closed on Monday. Admission: 4€, free on Sunday.

This museum, close to the Jardim do Palacio, recreates the atmosphere of the 19th century, lulled by the bourgeois pomp of the booming industrial era, when the city was at its economic peak. King Carlos Alberto do Piemonte lived here in precious luxury during his brief exile in Portugal in 1849. Almost all the rooms, redecorated in his memory, are open to the public, including the drawing room, the small chapel and the room where he died.

MUSEU DA IMPRENSA [PRESS MUSEUM] 🖈 🟛



(r) +351 225 304 966 - www.museudaimprensa.pt

Open every day from 10:30 to 12:30 and from 14:30 to 18:30. Only in the afternoon on weekends. Admission 2 €, 1 € reduced.

This museum of the press concentrates plumb printing, old presses and other mechanical machines that were once used to print newspapers all over the country. The gallery of cartoons and loads has a selection of drawings from Portugal and all over the world with a humorous point of view. Frequent temporary exhibitions. The place looks like an artist's squat because it is a former warehouse converted into a museum. A pleasant bar on the banks of the Douro completes this cultural centre.

MUSEU FC PORTO 🏛

(r) +351 22 508 3352 - www.fcporto.pt/pt/museu

Open every day from 10 am to 7 pm. Admission 12 €, with the visit of the Dragon Stadium 15 €.

To know everything about FC Porto! The successful and interactive scenography allows you to relive the great moments of the club through the history of the country, between replicas of goals and commented matches. The trophy room is impressive. Count on one hour of visit, the Dragoes fans will easily spend two hours there. It is also possible to visit the stadium: locker rooms, club benches, conference room, presidential box, but not the pitch which is forbidden to the public. The museum was inaugurated in 2013 to celebrate the 120th anniversary of the club.

MUSEU MILITAR DO PORTO 🏛 🗣

(r) +351 22 536 5514 - patrimoniocultural.gov.pt

Open Tuesday to Friday and Sunday from 10am to 12.30pm and from 2pm to 5pm; Saturday from 2pm to 5pm. Admission 3 €.

Porto's Military Museum presents a vast collection (16,000 pieces!) of miniatures (soldiers, machines, weapons...) and real objects, which show the evolution of the armed forces of the city and the country. Oporto has radiated in this field for more than a century. One room is reserved for the revolt of 31 January 1891. The building where the collections are housed was once the residence of Dona Maria. This visit will please all members of the family. It does not last too long and is very informative. The museum was inaugurated on 21 March 1980.

MUSEU SOARES DOS REIS * 🏛 🗣

(**) +351 223 393 770 - www.museusoaresdosreis.gov.pt/

Open Tuesday to Sunday from 10 am to 6 pm. Admission $5 \, \text{\textsterling}$, reduced 2,50 \textsterling , free on the first Sunday of each month.

In the Palacio dos Carrancas, built at the end of the eighteenth century, there are many quality pieces that catch the eye. On the left first floor, two paintings by the great Portuguese painter Vasco Fernandes (16th). The rooms on the second floor are devoted to Portuguese art of the 19th century. On the third floor, finally, older paintings and pieces of furniture. A very singular triptych hangs, the work of two 17th-century painters (C. Schut and D. Seghers): a floral still life frames a representation of St. Ignatius of Loyola in the center.



MUSEU SOARES DOS REIS © Kiev.Victor - Shutterstock.com

MUSEUS DA CIDADE ★★★ 🟛

www.museudacidadeporto.pt

Generally open from 10am to 5.30pm Tuesday to Sunday. If you pay admission: 4 €.

Museus da Cidade is a project of the municipality of Porto that gathers several museums or spaces installed from west to east of the city and whose aim is to make people (re) discover Porto under different aspects with varied proposals. The project consists in highlighting different social, geographical and artistic points of view through 16 "stations" such as archaeological sites, a water reserve, artists' houses, an industrial space, historical archives... In other words, Museus da Cidade was conceived as an amazing itinerary to follow with stages (museum-spaces) that allow one to question the city, its millennial history and its cosmopolitan identity in order to enrich one's knowledge. This project allows us to take a new look at the cidade invicta. You can consult the agenda of the opening of the different places on the Internet.

The 16 stations from west to east are

Reservatorio: Parque da Pasteleira (Entrada Poente), Rua de Gomes Eanes de Azurara, Tuesday to Sunday from 10am to 5:30pm.

- Casa Marta Ortigão Sampaio: 291 Rua de Nossa Senhora de Fátima, Tuesday to Sunday from 10am to 5:30pm.
- Casa Tait: Rua de Entre-Quintas, Monday through Friday from 9:00 am to 10:30 am.
- **Extensão do Romantismo**: at Quinta da Macieirinha, Rua de Entre-Quintas, Tuesday through Sunday from 10am to 5:30pm.
- ▶ Entre Quintas: 156 Rua de Entre Quintas.
- Banco de Materiais: Palacete dos Viscondes de Balsemão, 71 Praça de Carlos Alberto, Tuesday through Sunday from 10 am to 5:30 pm.
- Rio da Vila: Rua de Mouzinho da Silveira. Under construction.
- Casa dos 24: Rua de São Sebastião. Opening in 2023.
- Arqueossítio: 5 Rua de Dom Hugo, Tuesday to Sunday from 10am to 5:30pm.
- **▶ Casa Guerra Junqueiro**: 32 Rua de Dom Hugo, Tuesday to Sunday from 10 am to 5:30 pm, 4 €.
- **▶ Extensão do Douro (former Museu do Vinho do Porto)**: 33-37 Rua da Reboleira, Tuesday to Sunday, 10 am to 5:30 pm, €4.
- **Casa do Infante**: 10 Rua da Alfândega, Tuesday to Sunday from 10 am to 5:30 pm, 4 €.
- **Biblioteca Sonora (access only for blind or visually impaired** people): Biblioteca Pública Municipal do Porto (library access for all), 2 Rua de D. João IV, Mondays and Saturdays from 10am to 6pm; Tuesdays to Fridays from 9:30am to 7:30pm, free admission.
- Ateliê António Carneiro: 363 Rua de António Carneiro, Monday to Friday from 10am to 12:30pm and from 2pm to 5:30pm.
- Extensão da Indústria: 1071 Rua do Freixo. Under construction.
- **Extensão Matadouro**: Rua de S. Roque da Lameira. Under construction, scheduled to open in October 2024.
- Bonjóia Extensão da Natureza: Rua da Bonjóia. Under construction.

PAÇO EPISCOPAL [BISHOPRIC] * 💿 🗣

(+351 223 392 330 - www.diocese-porto.pt/

Visits from 9am to 1pm and from 2pm to 6pm. Closed on Wednesdays and Sundays. Admission $5 \, \xi$, $6 \, \xi$ with the Clérigos Tower.

It is a real palace, but never has a king occupied it. House of the Bishop of Porto, he still resides there. The building has been under construction for more than a century and contains both Nicolau Nasoni's Baroque influence and neoclassical elements from the late 19th century. The main granite staircase is particularly noteworthy. To see: the Throne Room where, unlike the denomination, only the bishops of Porto are enthroned, a very surreal Hall of Mirrors. Breathtaking view of the Douro, which the building overlooks from its six floors.



PAÇO EPISCOPAL (EVÊCHÉ) © Diocese do Porto

PALACETE RAMOS PINTO [CASA SÃO ROQUE] 🏛 🗣 👭

https://www.casasroque.art/en/home/

Open every day from 1:30 pm to 7 pm. 8 $\mathop{\rm \pounds}$ the ticket, free for children under 12 years old.

The history of the beautiful Casa São Roque (formerly Casa Ramos Pinto) dates back to 1759 when it was a typical manor house and hunting lodge of the Porto bourgeoisie. The building has been restored to its original eclectic style after having been abandoned for many years. It has been restored and transformed in 2019 into a new contemporary art center. After seeing your exhibition, go for a walk in the lovely park with giant, century-old eucalyptus trees.

PONT ARRÁBIDA 🖎 🗫 🐃

Rua do Ouro 680 \bigcirc +351 929207117 - https://www.portobridgeclimb.com/17,50 € per person.

The Arrábida Bridge is one of the six bridges that connect the two banks of the Douro between Porto and Vila Nova de Gaia. It is a road bridge with a concrete arch of 270 meters that for many years held the record of the largest arch in the world. Built from 1957 by engineer Edgar Cardoso, the Arrábida Bridge opened on June 22, 1963. Since 2016, it is the only arch in Europe open to the public that can be climbed. This way, you will find yourself 65 meters above the water. This activity is possible from 12 years old.

OUINTA DE VILAR D'ALLEN 🎜 🗣 🕮

Open every day except Sunday, from 10 am to 5 pm. Free admission.

Who would have thought such a quinta would be in Porto? It's been in the Allen family since the 19th century. John Allen was a wealthy English merchant. The couple of owners welcome you to this estate, famous for its grove of camellias and its landscaped architecture whose paths seem to have been traced out at random. As the seasons go by, the vegetation changes and you will always be amazed. Here is a small haven of peace where you can recharge your batteries. If

you would like to visit the house, don't hesitate to ask.

SÉ DO PORTO [CATHEDRAL] ★ 🕆 🗣 🗣

(f) +351 222 059 028

Open every day from April to October from 9am to 6:30pm. From November to March from 9am to 5:30pm. Entrance fee for the cloister: 3 €.

The fortress church that is this cathedral is worth more than a visit. Its massive exterior makes it very interesting, but its construction in Romanesque style has evolved over time. In the 18th century, several alterations were made to give the interior the baroque style of the time. An altar weighing several hundred kilos of silver is one of these modifications. The 14th century cloister combines a very pure gothic style with large paintings in azulejos. Its square, dominated by the facade of the Episcopal Palace, offers a beautiful view of the city.



La Sé de Porto © bohemia8



(r) +351 220 145 489 - www.torredosclerigos.pt

Open every day from 9am to 11pm, Sundays until 9:30pm. Accessible to PRM. Entrance fee 7.50 €.

This 76-meter high building has long been the highest building in Portugal and the most emblematic of the Porto skyline. Climb the 225 steps: from the top, you will have a beautiful view of the whole city, a 360° view. And there is no lack of restaurants in the area to recover from the effort... Going up the tower, you will find yourself in front of 49 grandiose bells. These contribute to the most modern computer-controlled carillon in the country, dating from 1995. Don't leave without discovering the collection of the Brotherhood of Clerics made up of beautiful works of sacred art and without visiting one of the most beautiful churches in the city, the first in Portugal to be built in an oval shape. Admire its dome, the combination of the colors of the talha (carved golden woodwork) with the marble, illuminated by the light coming from the high windows. This eighteenth-century architectural complex of baroque style is due to the Italian Nicolau Nasoni who established himself as an architect with this work. He would later become a figure that would mark the architecture of the city of Oporto, to be discovered at the Museum of the Tower, as well as temporary exhibitions. The two magnificent pipe organs, which stand face to face, also date from the 18th century. The exceptional acoustics of the church provide visitors with an unforgettable experience every day at noon. A place not to be missed!



TORRE DOS CLERIGOS (TOUR DES CLERCS) @ Irmandade dos Clerigos

UNICEPE CO-OPERATIVE STUDENT BOOKSTORE IN PORTO **

(r) +351 222 056 660 - www.unicepe.pt

Open Monday to Friday from 10am to 7pm and Saturday from 10:30am to 1pm.

This cooperative was opened almost 50 years ago by students who wanted to have access to censored books during the Salazar regime. Many famous writers and publishers have been part of it. Rui, one of the masters of the place is passionate about literature and advises the best novels and poets of Portuguese literature. On Wednesday evenings, people meet to drink port wine, sing songs and poems, and dance to chorro music.

A PRACA E A CAIS DA RIBEIRA ★★★ 💿

It is in this square and along the Douro river banks that restaurants and bars unfold their tables so that customers can enjoy the view of Porto's beautiful bridges and boats, while sipping a drink. It is one of the most emblematic and beautiful places in the city. In the center of the square, hidden among the umbrellas of the restaurants, stands a beautiful sculpture by José Rodrigues, a renowned artist of Angolan origin, but who adopted the city of Porto.



PRAÇA E A CAIS DA RIBEIRA @ ikmerc - Shutterstock.com

ALFÂNDEGA NOVA O SEE ON

(r) +351 223 403 000 - www.amtc.pt

Open Tuesday to Friday from 10am to 1pm and from 2pm to 6pm, weekends from 3pm to 7pm. Entrance fee according to the exhibition, ask for information. Free for children under 6 years old.

A neoclassical building made of granite, iron and wood, built in 1859 by the French engineer Jean Colson. Built on the riverside, the place was designed to receive the services of the customs of Porto. Explanatory panels inside retrace the history of this construction. The Afândega Nova de Porto currently houses a Congress Centre and the Museum of Transport and Communication. In the early 1990s, the building underwent renovation work under the aegis of architect Eduardo Souto de Moura. Worth a visit.

CASA DO INFANTE * 🗖 🤉 SEE MAP



(r) +351 222 060 435 - casadoinfante@cm-porto.pt

Open Tuesday to Sunday from 10 am to 5:30 pm. Admission: 4 €, free under 14 years and over 65 years.

Legend has it that the infanta Dom Henrique, also known as Henry the Navigator, was born in this house. But the place has another historical interest: it is one of the oldest Romanesque palaces of Porto, built in 1325, and used by the crown of Portugal from the 14th century. The pieces presented by the museum (archaeological remains and sublime mosaics) tell the story. An interesting visit that will please all the members of the family, parents and children, the curious and the history lovers.



CASA DO INFANTE @ Sonia Bonet - Shutterstock.com

IGREJA DE SÃO FRANCISCO ★★ 🗖 🗣 SEE ON

(C) +351 222 062 100 - https://ordemsaofranciscoporto.pt

Every day from 9am to 6pm, 7pm in April and October, 7.30pm in May and June, 8pm from July to September. Admission: 8 €.

Initially Gothic church, its interior is known to constitute one of the most beautiful rococo baroque sets of Portugal, a great demonstration of gilded and carved woodworks to the infinity, the set is very impressive. One notices the genealogical tree of Jesus Christ (on the left while entering). Opposite the main entrance, you can also visit a small museum of sacred art and the crypt, filled with thousands of tombs of nobles from the 7th to the 19th century and decorated with skulls (note the window with the pile of bones on the floor). Atmosphere.



São Francisco Church. @ Author's Image

INSTITUTO DOS VINHOS DO DOURO E PORTO ★ 🌮 🧣 E ON PRE MAP

(+351 254 320 130 - www.ivdp.pt

Open from Monday to Friday from 11:30 am to 12 am and from 2 pm to 6 pm. Guided tour: $5 \in$. Wide range of wines on sale.

The Institute's mission is to regulate the quality and quantity of wines produced each year. It controls the production and use of the Port Wine and Douro Wine appellations of origin. On site the team conscientiously explains to visitors, in oenological terms, the making of this precious liquid, from the grape to the bottle, from the new port to the 50 years old vintage, from the red ruby to the white lagrima. Visit of the premises and tasting possible (paying).



Atrium of the Porto Wine Institute © Colecça Instituto Dos Vinhos do Douro / Teresa SIZA

MMIPO - MUSEU E IGREJA DA MISERICORDIA DO PORTO * 🏛 🗣 🕬

15 Rua das flores 🌓 +351 220 906 960 - www.mmipo.pt

Open from 10 am to 6:30 pm from April to September, 5:30 pm from October to March. Admission: $10 \\in adult \\ightharpoonup$ with the Porto Card).

Located in the heart of Porto's historic centre, in a building that was the headquarters of the charitable institution "Santa Casa da Misericórdia de Porto" from the 16th century until 2015, when it was transformed into a museum. A pleasant place to visit, with 7 rooms, in which the works are well displayed. The ex-libris of the collections presented by the museum is the famous work Fons Vitae (source of life), of first importance in Flemish painting, dating from 1515-1517 and whose author is Colijn de Coter. The painting, oil painting on cork oak, is impressive: it measures 2.67 metres high by 2.10 metres wide and occupies the centre of a room dedicated to it. The museum's objective is to make the history of the institution and its works known. The benefactors' room, among other things, is worth a visit to discover the city's social history. The size of the paintings is determined according to the donations received. The juxtaposed church, dating from the 16th century, is also part of the museum, its organ and azulejos are notable. From the facade of the new building, built in the 18th century by the architect Nicolau Nasoni when the church was in danger of crumbling, emerges a monumental sculpture, a kind of dragon or snake that would lean its neck towards the street. The Benefactors' Gallery, where temporary exhibitions are held, is an example of the city's glass and iron-based architecture.



MMIPO - MUSEU E IGREJA DA MISERICORDIA DO PORTO 18 MMIPO - MUSEU E IGREJA DA MISERICORDIA DO PORTO

MURALHA FERNANDINA 💿 🗣 THE MAP

This wall of which some remains remain (it was mainly destroyed in the 18th century) surrounded the city of Porto from the 14th century to protect it from Spanish invasions. There are still a few towers that you can observe. The best places for this are the Jardim do Morro lookout, the upper station of the Gaia cable car and from the Dom Luis I bridge. You will be able to follow the path of the wall and, this time, observe the city from different angles. An emblem of the city no matter what anyone says.

MUSEU DA CIDADE - EXTENSÃO DO DOURO 🏛 🗣 🐘

+351 222 076 300 - infomuseudacidade@cm-porto.pt

Old museu do vinho do Porto.

MUSEU DAS MARIONETAS DO PORTO 🏛 🧣

(*) +351 220 108 224 - <u>www.marionetasdoporto.pt</u>

Wednesday to Friday: 2-6pm; Saturday-Sunday: 11am-1pm and 2-6pm. Admission: $3.50 \in \mathbb{R}$; guided tour by reservation: $10 \in \mathbb{R}$.

The Teatro de Marionetas do Porto company exists since 1988. It opened a museum with a collection of 50 puppets based on the work of João Paulo Seara Cardoso, writer, scriptwriter, founder and artistic director of the theater. Puppets and other objects used in the shows take the visitor on a journey through the history of this type of theater. To be done with the children or alone. You can even try out the puppets.

MUSEU DO CARRO ELÉTRICO 🏛 😪 🎎

(r) +351 226 158 185 - www.museudocarroelectrico.pt

Open Monday from 2 pm to 6 pm, Tuesday to Sunday from 10 am to 6 pm. Admission $8 \in$, children $4 \in$.

In this museum are exposed several old cars of the Porto tramway, as well as other objects related to transport. Once a year, at the beginning of May, the vehicles leave the museum to parade through the streets of Porto. This is an interesting visit for the transport enthusiasts of the old times, but it will also please the younger ones who will discover what their ancestors used to drive. It's fun, well arranged and explained. And the welcome is smiling and available. An original museum that will transport you to another part of Porto's history.

OVIPOSITION MARIA PIA * 🖒 🖓 🖼

A true icon of Oporto, built by Gustave Eiffel, it is the oldest arch bridge in the city, which linked the two banks of the Douro River between Oporto and Vila Nova de Gaia; of the first suspension bridge, only two obelisks remain on the Ribeira side, as it was refurbished in the early 1990s. Now closed to traffic for safety reasons, this bridge has been in operation for 114 years after its inauguration by King Dom Luis and Queen D. Maria Pia in 1877. It is a little further upstream from Bridge D. Luis I.



PONTE MARIA PIA © rui vale sousa - Shutterstock.com

PALÁCIO DA BOLSA ★★★ 🖒 🖓 🛗

(+351 223 399 000 - correio@cciporto.pt

Open every day. From November to March: 9am-1pm and 2-5.30pm; from April to October: 9am-6.30pm. Admission: 10 €.

This Exchange Palace was built in the mid-19th century in an edifying neoclassical style to host the meetings of Porto's first trade association. It was built to impress at the time of the World Expos. A beautiful and opulent curiosity is the Arab lounge, a huge room decorated with exotic wood panelling and stucco from the Portuguese Moorish style colonies. The restaurant room, housed under a huge glass roof, features amusing badges of the countries trading with Portugal at the time.



Palácio da Bolsa. © trabantos - Shutterstock.com

PONTE DOM LUIS I ER ***

Avenida Gustave Eiffel

This admirable double-deck arch bridge, inaugurated on October 31, 1886 after six years of work, was not designed by Gustave Eiffel, but by his disciple and associate Teófilo Seyrig. This is an essential work of the Porto panorama that does not go unnoticed. The Dom Luis I Bridge was built to replace a cable suspension bridge that was more than 20 years old, itself the successor to the 1806 Boat Bridge. Very similar to the Maria-Pia railway viaduct, which can be found a little further up the river, it spans the Douro at a height of more than 70 meters, connecting the old historical district of Ribeira to that of Vila Nova de Gaia, the real wine cellar of Portugal. During its construction, it was called "Luis Bridge" in the newspapers of the time. The tradition was not to mention the royal titles but to use the "little name" of the godfathers of the works of art to mark the proximity of the sovereigns to the people, as for example the Maria Pia Bridge (not Dona Maria Pia). It is said that since the king did not deign to attend the inauguration of the work dedicated to him, the people of Porto decided to mark their distance by keeping his title in the name, contrary to tradition. The bridge was inaugurated in two stages: upper deck in 1886 and lower deck in 1888. This superb work is a UNESCO World Heritage Site.

Walking across the 395 meters of the upper deck of the bridge is quite an unforgettable visual experience, although not recommended for those who are prone to vertigo (then take the lower deck which is "only" 175 meters long). The easiest way to reach the second deck is to take the Dos Guindais funicular, which is at the end of the bridge, on the Ribeira side. Once on the other side, at a higher altitude, a cable car allows you to reach the river level and to visit, why not, the wine cellars of Porto. For some years now, the upper deck has been closed to cars. The subway, cyclists and pedestrians are allowed to use it. St. John's Day is also celebrated here in Porto: to end the festival in style, after many events and joyful festivities in the city and *rabelos* regattas, a gigantic fireworks display is

fired from the bridge. If you are in the area at this time of the year, it goes without saying that this is the place to be: the beautiful setting and the sound and light show are unforgettable!



Dom-Luís bridge in Porto. @ Kikabu - Fotolia

PORT BEACHES 🗖

You don't have to leave the city to take a dip. Just hop on the 500 bus at Praça de Ribeira. It goes along the coast to Matosinhos, about ten kilometers north of downtown. And there, the beaches follow the creeks. Go down when you like one of them. The view of the port may discourage some, but rest assured, the water quality is very good, which was not the case a few years ago. A little further on, Espinho (20 km south of Porto) is a large seaside resort, with all that goes with it.

(+351 910 120 128 - www.portolegends.com

Show from Tuesday to Sunday at 2pm and 6pm. Duration: 45 minutes. Admission: 12 €. Reservation on the site.

Porto Legends - the Underground Experience is a virtual show that immerses the visitor in the secrets and legends, real or mythical, of the *invictus* city of Porto. The historical research work of Joel Cleto, the virtual creation of the OCUBO studio, the art direction of Nuno Maya and the narration of Pedro Abrunhosa (Portuguese author) and Jeremy Irons (actor) are remarkable. The mystery deserves to be kept for you to live the full experience. Versions in English, French, Spanish and Portuguese.

WORLD OF DISCOVERIES * 🟛 🗣 EMAP

106 Miragaia Street (*) +351 220 439 770 - www.worldofdiscoveries.com

Open Tuesday through Friday from 10am to 6pm, weekends from 10am to 7pm. Tickets are cheaper if purchased online.

Get ready for an interactive journey. This museum offers its visitors to discover the history of Portugal through the prism of its naval power. The first rooms present the different ships used and the life on board as well as the great men who made history thanks to screens and touch globes, models and life-size reproductions. It is then aboard a boat and equipped with headphones that we sail through the centuries to discover the continents. Ideal for families. Catering on site.



WORLD OF DISCOVERIES (5) Heracles Kritikos - shutterstock.com

CASA DA ARQUITECTURA * 🗖 🖓 SEE ON PIRE MAP





(f) + 351 222 404 663 - www.casadaarquitectura.pt/

Open every day from 10am to 7pm, until 8pm on Saturday and Sunday. Closed on Monday.

Casa da Arquitectura is a rich, subtle house with many architectural details to discover. It is also the place of work of a team of architects. There is a store where you can buy design objects and furniture, works of art and many books on the theme of architecture. Temporary exhibitions are held throughout the year, and thematic tours are also offered to discover the architectural heritage. Consult the program online. A must for architecture lovers.



Casa da Arquitectura. © ITS Ivo Tavares Studio

CASA DE CINEMA MANOEL DE OLIVEIRA 🖤

873 Rua De Serralves @ +351 226 156 584 - www.serralves.pt

Open Monday to Friday from 10am to 6pm, weekends until 8pm. Entrance fee: 12 € (Serralves Park + Casa do cinema).

This house, a project by architect Siza Vieira, was designed to house the legacy of filmmaker Manoel de Oliveira. It finally opened in 2019 after many years of disputes over the use of the premises. Integrated into the Serralves Park, the house aims to promote Portuguese cinema. There you will find a permanent exhibition on the Portuguese filmmaker in the spotlight, Manoel de Oliveira, as well as archives, temporary exhibitions and conferences.

CRUZEIROS TERMINAL O PERM

(+351 229 990 700 - cruise.porto@apdl.pt

Guided tours on Sunday from 9:30 am to 12 pm depending on the season. Ask for information. Admission 5 €. Reduced rate 3,50 €. Free for children under 12.

Inaugurated in June 2015, the work of the architect Luís Pedro Silva rises like an immense white nave in the middle of the sea and stretches like a giant ribbon on the south breakwater of access to the commercial port of Leixões. The building has several functions: passenger terminal for the cruise ships that call at the port; scientific research centre focused mainly on the protection of the environment. The highlight of its architecture is the huge circular and sloping roof terrace. Attention, access is only possible on foot (1 km return).

FELGUEIRAS FAROL O PERM

Open 24 hours a dau.

The Felgueiras lighthouse was built in 1886 after Reinaldo Oudinot built the first pier at the mouth of the Douro in 1790, under royal decree. It is also known as Farolim do Molhe de Felgueiras, in reference to the pier on which it was built. Ten metres high, it has a hexagonal granite tower, a balcony and red lanterns. It is famous for the beautiful pictures that can be taken from it. Indeed, its position so

close to the ocean means that it gets hit by the waves when the wind is strong.

FORT DE SÃO JOÃO BAPTISTA ★ 🗔 🗣 🖼

+351 262 750 244 - idn.secretariaporto@defesa.pt

Open Monday to Friday from 9am to 12pm and from 2pm to 5pm.

This fort was built in the 16th century to defend the coast and the Foz do Douro. It was also used to store supplies for the city. It was here that the resistance against the Napoleonic invasions began in 1808. The fort is currently owned by the regional delegation of the National Defence Institute. Its dome is hexagonal in shape. The entrance portal (lever bridge, corridor...) was built by the engineer Reinaldo Oudinot in the 18th century.



FORTE DE SÃO JOÃO BAPTISTA @ islavicek - Shutterstock.com

MUSEU DA CIDADE - RESERVATÓRIO 🏛 🗣 🕮

(C) +351 22 605 7000 - museudacidadeporto.pt

Open Tuesday to Sunday from 10 am to 5:30 pm, closed on Monday. Admission: $4\,\mbox{\it \&}$, free on Sunday.

Located in the Parque da Pasteleira, in a former water reserve, the Reservatório was rehabilitated in 2017 by architects Alexandre Alves Costa and Sérgio Fernandez. In this place, it is the history of women, the river, its streets and monuments that is told. The public is invited to "play" with material and natural elements that testify to the evolution of the city. It is difficult to describe the proposed experience in words, you have to go there to understand.

MUSEU SERRALVES [SERRALVES MUSEUM] ★★★ 🏛 🤉 🚟 🐘

(r) +351 226 156 500 - www.serralves.pt

Admission 20 €. Open from 10am to 7pm on weekdays, until 8pm on Saturday and Sunday.

In a magnificent residence designed by the famous contemporary architect Siza Vieira, the works are hung with know-how and reflection: clarity, information, space. The museum offers spaces with an ingenious play of light, and spaces that can be adapted and adapted to different exhibitions. Everything is studied in detail, from toilet drawings to staircase railings.

Outside, the Parque de Serralves (18 ha) extends the pleasure of the eye: Jacques Gréber's 1932 project began with a French-style garden before going down into a succession of square pools surrounded by pruned boxwood. We then end up with a small panorama overlooking a miniature lake with an islet, where the vegetation is carefully left to its own devices in its controlled disorder. On the way, a visit is required to the "Casa de Serralves" which overlooks the park. Its 1930s art deco architecture, one of the authors of which is the French architect Charles Siclis, places it in the network of the most remarkable houses in the world. The foundation also organizes concerts and video art screenings.

At the end of May, beginning of June, "Serralves em festa" is organized, 50 hours of free and non-stop programming of music, theatre, dance in the gardens and museum. Also in this space, a bookshop with a very interesting documentary collection in the fields of the arts. A cafeteria on the first floor offers a large buffet every lunchtime. A must see place!



Museu Serralves. © Carlos Neto - Shutterstock.com

PAROUE DA CIDADE DO PORTO VE SEE MA

Designed by landscape architect Sidónio Pardal, the Parque da Cidade de Porto is one of the largest urban parks in Portugal, with 83 hectares and 10 km of paths. It is perfectly integrated into the landscape of Oporto, with a diversified fauna and flora. You will discover the Pavilhão da água built during the 1998 World Fair and moved here, the aquarium Sea Life Center. It is bordered by the Queimódromo de Porto, where the Porto Marathon starts and finishes.

SEA LIFE PORTO O SEEM

(f) +351 226 190 400 - https://www.visitsealife.com/porto/

Open every day from 10am to 6pm, weekends until 7pm. Entrance fee : 15,50 \in , children up to 12 years old : 10,50 \in .

Sea Life Porto is a giant aquarium like you can find in any big European city. The exterior may not look very appealing, but there are several quality attractions to

discover inside, including the transparent tunnel where sharks, turtles and rays circulate. The aquarium is home to some endangered species that cannot return to their natural habitat because they would unfortunately not be able to survive. A visit that will make children discover a part of the marine world.

STRONG SÃO FRANCISCO XAVIER - CASTELO DO QUEIJO 🗖 🖓 🖼 🐘

(+351 226 181 067 - associacaocomandosporto@sapo.pt

Open Tuesday to Sunday from 1pm to 5pm in winter and from 1pm to 6pm in summer. Entrance fee: 0.50 €.

The "Cheese Castle" does not owe its name to any weakness but to the shape of the rocks on which it was built in the 17th century (1662). Its main purpose was to protect the coast against attacks by North African pirates and Spanish invasions. Surrounded by a moat, you will observe its guard posts in the corners. It housed the residence of the governor of the time and a chapel. Temporary exhibitions are sometimes presented there.

BEACHES ** ©

In summer, the beaches of Gaia are popular with swimmers. The water is not very warm (about 19°C), but the quality is good. The most interesting are: La Madalena; Miramar, known for its 17th century chapel; Aguda (further south). To get to the ocean, take streetcar 1, which offers a splendid trip for the eyes. There are also many bars along the beaches, where you can cool off and enjoy the place. Surfers will enjoy the confrontation with the waves.



PLAGES @ Nomad Paws - Shutterstock.com

CÁLEM * © SHE MAP

() +351 223 746 660 - www.calem.pt

Open every day from 10 am to 6 pm, from November to April; every day from 10 am to 7 pm, from May to October. Visit: $15 \in$.

This unmissable house, founded by Antonio Alves Cálem in 1859, opens the doors of its historic cellars for an instructive visit, which explains all the secrets of

Port wine making followed by a multimedia tour. The tour remains much the same as in other wine houses, but wine lovers will not complain. The schedules of the visits in French are available at the reception. Of course, tasting of red and white port at the end of the visit. The ruby port is fantastic. What will be your favorite?



CÁLEM @ nikolpetr - Shutterstock.com

CASA DA IMAGEM 💞 🗣 THE MAR

(C) +351 969 607 812 - www.casa.fmleao.pt - Metro D.João II, buses 905 and 907. One hour guided tour: 3 €.

Concerned with the problems linked to the relationship between humans and technology, this museum aims to show the impact of photographs on society and proposes an educational reading of the images during various workshops. The permanent exhibition allows visitors to discover archives from the second half of the 20th century: photos from the north of Portugal, mostly film negatives [500,000!]; a collection of cameras and developing equipment from the period [photo laboratory]. A must-see in the history of photography.

CAVES FERREIRA 🗖 🗪

 $\textcolor{red}{\text{(?)}} + 351\ 223\ 746\ 106 - \underline{www.sograpevinhos.com}$

Open every day from 10am to 12:30pm and from 2pm to 6pm. Visit in French: 17 €. Ferreira is a brand with a Portuguese soul. Thanks to the strength of the heiress of the group in the early nineteenth century, the house grew and gained prestige. Dona Antonia was a well-known figure in the region. This iron lady single-handedly overcame several problems that threatened the vineyards and the production of port wine at that time. Today the brand belongs to a Portuguese group and Dona Antonia decorates the bottles of the Reserva Ports, which are very popular with the Portuguese. Less frequented than the famous other wineries but perhaps more authentic.

COCKBURN'S PORT LODGE * 🖒 🗘

(r) +351 913 007 950 - www.cockburns.com

Open every day from 9:30 am to 5:30 pm, 6 pm in summer. Guided tours, port wine tasting from 15 ${\mathfrak E}$ on reservation.

It is the largest winery in the historic centre of Vila Nova de Gaia. 6,518 barrels of port are aged under its huge roofs. It is also one of the only wineries with its own team of coopers. Its ports, aged in oak barrels and tuns, are regularly checked and tasted by a highly qualified team of oenologists and tasters, until they reach the ideal peak of maturity. The objective is to achieve the perfect balance for which this port wine is renowned. The size of the place will impress you, a unique visit.



COCKBURN 'S PORT LODGE © COCKBURN'S PORT LODGE

ESPAÇO PORTO CRUZ * * STEE ON PIER MAP

(r) +351 220 925 401 - www.espacoportocruz.pt

Open every day from 11am to 11:30pm. Closed on Mondays. Guided tours and port wine tasting.

The Porto Cruz Space is a place of information, exhibition and experiences of harmonization between wines and Portuguese gastronomy. It offers visitors a new vision of Port Wine, young and creative. In a modern and interactive way, you will discover the secrets of the Douro Valley and Port Wine, as well as the Porto Cruz that will please everyone. After the visit, try the gourmet restaurant DeCastro Gaia on the^{3rd} floor and especially the *rooftop* Terrace Lounge 360° for a cocktail with an incredible view of Porto accompanied by a good DJ.



ESPAÇO PORTO CRUZ @ Espaço Porto Cruz.

GRAHAM'S 1890 PORT LODGE * 🖒 🖓 🖼 🤼

(+351 223 776 484 - www.grahams-port.com

Open every day from 9:30 am to 5:30 pm, 6 pm in summer. Guided tours and tastings on reservation. From 18 \odot .

Graham's, founded in 1820 by two Scottish brothers, William and John Graham, is today a brand recognized as one of the great names in Port wine. Since 1970, it has been owned by the Symington family along with five other Port labels (Cockburn's, Warre's, Dow's, Quinta do Vesuvio and Altano). Graham's Cellars offers a breathtaking view of the historic city of Porto from the tasting room. To best accompany the tasting of a good Port wine, the Vinum Restaurant & Wine Bar offers snacks and meals.



GRAHAM'S 1890 PORT LODGE @ GRAHAM'S 1890 PORT LODGE

PARQUE BIOLÓGICO DE GAIA 🗸 🗣 🕮 🐘

Rua Cunha, Avintes (C +351 227 878 120 - $\underline{\text{www.parquebiologico.pt}}$ - Follow the signs.

Open from 10am to 5pm (November to March), 10am to 6pm-7pm from April to October. Adult admission $3 \in$, youth and seniors $1 \in$.

South of Vila Nova de Gaia, not far from the Febros River, a branch of the Douro, there is a biological park to visit with the family. It describes itself as an environmental education centre. By following the footpath, you will discover a preserved fauna and flora. Numerous explanatory panels will help you to understand what surrounds you. There is also a permanent exhibition, picnic areas, a restaurant and workshops throughout the year, which can be booked. It is advisable to go there by car or by bike, the easiest way.

RAMOS PINTO O SEE ON PARE MAP

380 Avenida Ramos Pinto © +351 936 809 283 - www.ramospinto.pt Open every day from 10 am to 6 pm. Visit : 15 € (tasting included).

It may not be the most interesting winery in Porto to visit, but Ramos Pinto wine is part of the enological landscape of the region. Visit the cellars, the company's museum and the historical archives. It is interesting to discover objects dating back to the time of the creation of the winery, in 1880 by Adriano Ramos Pinto, such as typewriters, barrels, or calculators. At the end of the visit, there is the inevitable tasting and the purchase, if you wish, of bottles to bring back as a souvenir or to offer as a gift

REAL COMPANHIA VELHA - MUSEU DA 1º DEMARCAÇÃO 🏛 🗣 🐘

(r) +351 222 448 501 - www.museurealcompanhiavelha.pt

Tuesday to Friday 10:30am-6:30pm, Saturday 11am-1pm, Sunday 2pm-6:30pm. Museum : 5 €. Museum + Porto test : 12 €.

A museum-wine library space located on the Gaia quay, aligned, finally, with the other wine cellars. Here you can visit the museum of the oldest wine company: Real Companhia Velha. A permanent exhibition on the first floor takes you through the history of this company, of Port Wine, its relations with the major players (Marquis of Pombal for example)... all through objects and interactive elements. Wine tasting on the second floor.

SANDEMAN * 🗗 🖓 SEE ON PARE MAP

47 Largo Miguel Bombarda (**) +351 223 740 533 -

sandeman.visitors@sandeman.com

Open from 10 am to 6 pm from November to February; from 10 am to 8 pm from March to October. Visit in French: $17 \in$.

You can't miss the black figure with a cape and hat worthy of Zorro, who stands out above the historic building of these wineries built by the architect Joaquim da Costa Lima Sampaio in 1790, and called the Royal Palace at that time. In the same year, George Sandeman, an ambitious Scotsman, opened a wine cellar in London, then in Cadiz in Spain, and finally in Porto in 1811. These wines were distributed all over the world from the beginning of the 19th century. Here is another mythical cellar to visit on the banks of the Douro, with, of course, a tasting at the end!



SANDEMAN © Glen Berlin - Shutterstock.com

TAYLOR'S * 🗖 🖓 🖽

(**) +351 223 742 800 - www.taylor.pt

Open every day from 11 am to 6 pm. Visit with audioguide in 12 languages : 15 €.

This cellar belongs to the owners of the luxury hotel Yeatman. Here you have a beautiful view of Porto! The program has changed a bit in the last few years. From now on, an audioguide accompanies you for the visit of Taylor's cellars, detailing wonderfully the steps of the Port wine making and the history of the Douro valley. The tour has been organized as a real museum with small films, photography, paintings... At the end of the visit, the (almost obligatory) tasting of the port wines

of the house. A good oenological moment.



TAYL OR'S @ BONDART PHOTOGRAPHY - Shutterstock.com

WOW - THE WORLD OF WINE * 87 SEE ON

39 rua do Choupelo, Vila Nova de Gaia (R) +351 220 121 200 - https://www.pt/fr/ Open every day from 10 am to 1 am. Rates, museum and restaurant hours can be found on the website.

This is the brand new cultural and gastronomic place of Porto, opened in spring 2021, on the other bank of the Douro, in Vila Nova de Gaia. In this district in full reconstruction, the idea is to propose to the visitors, in the same space 7 museums dedicated to Porto and its region (wine, cork, chocolate, history, anthropology, fashion and textiles), while enjoying the 12 restaurants, bars and cafes mixing tradition and modernity. Very nice view of Porto from the huge terrace. Chances are you'll leave with one word in your mouth: WOW!



WOW - THE WORLD OF WINE @ WOW - World of Wine

ZOO SANTO INÁCIO STEE ON PIETE MAP

(*) +351 227 878 500 - www.zoosantoinacio.com

Open every day from 10am to 5pm. Closed in January. Admission $15,90 \, \in \, (10,50 \, \in \, (10,50$

Opened in 2000, this well-maintained zoo offers, in addition to the traditional visit that should delight young and old alike, a number of thematic animations, such as the feeding of lions, penguins or lemurs. It hosts more than 200 species of animals. It is located about 15 kilometers south of Porto, but is still far from the city center. An outing to be reserved for children who will love to discover the animals in a reconstituted natural habitat. Be careful, in the evening, the animals return one hour before closing time.

EATING OUT

A CASA GUEDES ROOFTOP € 🌿 오웨

(+351 221 142 119 - www.casaguedes.pt

Sunday to Thursday from noon to midnight, Friday and Saturday until 1am. From $5 \in$ the sandwich.

In three words: typical, authentic and unique! A small restaurant that doesn't look like much, but which hides behind its bar the best sandwiches in town. The address is very popular with the locals, and you can see it in the 1pm queue. Served at the bar, or on small tables, we will discover very good sandwiches with meat or cheese. Also some dishes of the region of Porto, as the *francesinha* proposed by the house. The green soup will open the appetites wonderfully. Excellent sangria. Impeccable service. You will ask for more.

ADEGA VILA MEA € 🛠 🗣 🗫 🎆

(£) +351 222 082 967

Open Tuesday to Saturday from 12:00 to 15:00 and from 19:30 to 22:30, Sunday at noon. Monday closed. Between 10 and 20 € per dish.

A family-run and touristy gargote that serves different dishes in portions, half portions or quarter portions. Be careful, it's very hearty, the half portions are more than enough unless you're starving. The *arroz de polvo* (octopus rice) is delicious as is the cod a la plancha. The grilled fish is also worth a try. You can also find meat on the menu like the famous pork cheeks generously cooked by the owner. It's simple, copious and cheap. Perfect for a lunch break.

ALIBI BY YOURS PORTO € 🎾 ÇÆM

+351 917 188 402 - https://alibi.yoursporto.com/

Monday to Friday from 7pm to midnight. Saturday open for lunch and dinner. Sunday closed. Count on average 40 € the meal.

This restaurant is located on the first floor of a building classified as a UNESCO heritage site. On the upper floors, a welcoming guest house of the same owner. A warm place with a small garden and a breathtaking view of the historic center. In the kitchen, quality and creativity are the watchwords to seduce the eyes and the taste buds: matured meats, octopus, cod among others are invited to the table, grilled on charcoal (Josper), what a flavor! Perfect service, the ideal place for a good meal that will mark your stay.

ARVORE DO MUNDO € 🛠 STEE MAP

(r) +351 223 244 513

Open on Wednesday from 12:30 to 16:00; Thursday, Friday, Saturday from 12:30 to 15:30 and from 19:30 to 23:00. Lunch menu $10 \in$.

It is a pleasure to have lunch or dinner in this charming little vegetarian/vegan restaurant. In a subdued and zen atmosphere, you will taste delicious dishes, well worked. The menu is varied and the products are all of high quality. Try the vegan hamburger or the vegetable lasagna, it's a treat. The presentation is superb. The service is excellent, there is a good atmosphere and the waiters are multilingual. The prices are very reasonable.

A good address for those who do not eat meat or want to try vegetarian cuisine

BACALHOEIRO PORTO € 🛠 오⊞MA

(r) +351 222 007 465 - restaurante@bacalhoeiro.com.pt

About 25 € for a full meal. Open every day.

From the same owner as the Bacalhoeiro on the quays of Vila Nova de Gaia, this restaurant, previously called Arroz de Forno, has adopted the same name as its brother. However, in terms of cuisine, he has kept the baked dishes that made the house a success: *cabrito assado* (baked kid) with baked rice and *arroz de pato* (duck rice). These are now combined with various cod specialties, as in the Bacalhoeiro restaurant (a word that refers to the cod fishing boat or, in jargon, the cod fan). Attentive service.

BUGO ART BURGERS € 🌿 🗣 🕬

(r) +351 226 062 179 - https://bugoartburgers.eatbu.com/

Open Sunday, Monday, Tuesday for lunch. Wednesday and Thursday 12h30-15h, 19h30-22h30, 23h30 Friday and Saturday. About 15 €.

Without doubt one of the best places in the city to eat gourmet burgers. In a young and design atmosphere, you can be tempted by the *Porto e Serra* burger made with chicken, onions preserved in port wine, and da Serra cheese. The restaurant also offers vegetarian versions based on chickpea and mushroom patties, very tasty. Beware, the house is famous, and very popular with the youth of Porto. It is not rare to queue for a table. This is a good sign!

CAFÉ SANTIAGN € 🛠 🗣 🖓 🚟 🐘

226 Rua Passos Manual @ +351 222 055 797 - www.cafesantiago.pt

Open from 12 am to 11 pm. Closed on Sunday, Count between 8 and 10 € for a dish.

The essential address to eat one of the best francesinha of the city. Elected in 2011 and 2014 by the magazine "Time out", best francesinha among twenty other restaurants. A new vote took place in 2015, but this one was open to all: an urn was placed in the city centre with instructions to vote for the best francesinha in town... and Santiago won it hands down! To test with your eyes closed for those who have an appetite and are not afraid of fat! Arrive 30 minutes before your appetite, we queue there every day.

CASA LOURO € 🛠 🤉 SHE MAP

(+351 222 012 367 - www.tascacasalouro.eatbu.com/

Open Monday to Saturday from 9am to 8pm.

Casa Louro is for lovers of real Portuguese cold cuts, cheeses and sardines. Here you pay for your dish by weighing it! Accompany it with a glass of *vinho verde*, which the restaurant's staff will recommend. The dishes served as portions to be shared form a generous table where you can pick what you want. An address to be recommended for those who seek a traceability of the products served, almost from the farm to the plate. Nice atmosphere in a small street of Porto. Wise prices.

CHURRASQUEIRA PAPAGAIO € 🗶 🥍 🖓 🚟 🗛

(f) +351 222 084 855

Open every day except Monday from 11:30am to 3:30pm and from 6:30pm to 11:30pm. Dish of the day from $5 \in$.

Atmosphere "at grandpa's", but quality assured. The service is attentive and professional. The grilled *picanha* (beef) is excellent and served with rice, black beans, salad and *farofa* (cooked manioc flour), very copious. As for the desserts, they are home-made, like the chocolate mousse. A nice diversity of dishes served without fuss. A small price, for a great meal. Don't sulk if you have to wait a little to receive your dishes, it can happen in case of strong affluence. No credit card, bring cash.

CONFEITARIA DO BOLHÃO € 🛠 🗫

(**) +351 223 395 220 - www.confeitariadobolhao.com

Open Monday to Friday from 6am to 8pm, Saturday from 7am to 7pm. Simple menu around 6 €. Full menu 7,40 €.

This confeitaria, very well known in Portuenses, is a pastry shop with a restaurant. The window and the display, where an impressive number of delicacies and pastries are presented, make you want to eat everything. However, it will be necessary to make a choice without doubt difficult... Here, it is the perfect place for a small hunger on a small budget. In the restaurant (round white marble tables, walls covered with mirrors), opt for a meal with vegetable soup, fish or meat, and of course a traditional pastry to accompany a white wine

from the Douro.

DA TERRA - RESTAURANTE VEGETARIANO € 🎾 🗣 🕬

(r) +351 223 199 257 - www.daterra.pt

Open every day from 12 to 3 pm and from 7 to 10:30 pm. All-you-can-eat buffet 11,50 $\stackrel{\epsilon}{=}$

Whether you are a vegetarian or an omnivore, DaTerra is sure to please. It's a vegetarian-vegan restaurant franchise that offers an all-you-can-eat buffet of dishes without meat, fish or eggs for lunch and dinner. Don't be fooled if you think you're not eating well. The dishes are colorful, tasty, and filling. For example: marinated tofu, mini burritos with vegetables, soup of the day, potatoes, mini mushroom puffs, rice, couscous... Possibility to take away.

DAMA PÉ DE CABRA € 🛠 🗣 SEE ON PARE MAP

(+351 223 196 776 - damapedecabra@gmail.com

Open from 9:30 am to 3:30 pm on weekdays, Friday and Saturday service from 7:30 pm to 10 pm in addition to lunch. Closed Sunday and Monday.

La Dama Pé de Cabra is a small restaurant with a modern and long interior room that offers dishes served in a brunch spirit. You can choose several small portions rather than one big dish. The cuisine is based on local products and you can enjoy homemade bread, toasted sandwiches, cheese and charcuterie plates. Let yourself be tempted by one of the cakes presented under a bell. Also an à la carte breakfast in the morning with tea or coffee. Good wine list. Impeccable service.

FARINHA € 🎾 🔾 SEE ON APP

(r) +351 965 424 306 - www.farinha-restaurante.com

Open in the evening from Tuesday to Friday, and for lunch and dinner on Saturday, Sunday and Monday. Pizzas from $9,50 \in$ to $13,50 \in$.

Very recent, this pizzeria knew very quickly its quality. It serves excellent pizzas. There are even some for vegetarians and vegans. Other Italian dishes are on the menu such as generous salads or lasagna. Also sardines Portuguese style. A good selection of wines, by the glass or by the bottle. The professional and passionate team will welcome you with a smile and all their attention. If you have any room left, opt for the tiramisu or the panna cotta, two classics. Warm atmosphere. A good address.

FRANCESINHAS AL FORNO DA BAIXA € 🎾 오ૠጨ

+351 912 551 855 - francesinhasdabaixa@gmail.com

Open every day from noon to 11pm. Francesinha from 8 €.

This francesinha specialist offers a good twenty variations of this essential dish to try during your stay in Porto, including vegetarian ones! The decoration on the walls allows you to progress in Portuguese, but with the accent of Porto (you will understand better once you are there...). Attentive and efficient service. A good address to discover this dish now emblematic of the city. If you have some room left, you may want to try a good homemade dessert.

GALERIA DE PARIS € 🎾 🗣 👭

(**) +351 222 016 218 - restaurantegaleriasdeparis@gmail.com

Open every day from 8.30am to 3am. Breakfast 2,20 €. Buffet lunch at 5,40 €. Dinner from 15 €. No credit card required.

A fascinating address in Porto for its decor, its old windows still filled with toys and old objects, but also for its atmosphere. During the day, the restaurant offers a buffet. The plate is more than enough for a person who has a taste for homemade things. Dessert is separate, but the prices are more than interesting. In the evening, we can only come for a drink and listen to music (fado, piano, pop or Cuban music...). Please note that you must come early enough on Saturday evening to get a table for dinner.

MÃO TRAVESSA € 🌿 ÇÆ MA

(*) +351 917 610 666 - ardeportugal@gmail.com

Closed Sunday and Monday. Pancakes from 3 €, galettes from 6,50 €.

A creperie in Porto. But not only. Various snacks are offered, from bruschetta to more traditional Portuguese dishes (soups, mixed salads, sardines, calamari, etc.) and tapas. The pancakes and galettes are made according to recipes and methods that would not be denied in Dinan. It is good, fast, fresh and not expensive. Very friendly service. When you leave, don't forget to take away some delicious bombocas which look like chocolate meringues with different flavors.

MISS'OPO BAR-RESTAURANT € 🗶 🖓 🖓 🏭

(+351 222 082 179 - www.missopo.com

Bar-restaurant open Tuesday to Sunday from 7pm to midnight. Approximately 15 € per meal.

In the guesthouse of the same name, this bar-restaurant offers a modern cuisine made with local products. On the menu, for example: cheese or vegetarian toast, couscous-style mixed salad, seafood in the shell, rice with vegetables cooked in a wok... Special mention for the excellent craft beer. Also some well selected wines. Friendly atmosphere where you feel at home. Smiling and dynamic service. A nice address that will change from the traditional Portuguese dishes. The portions may seem a little small for some.

MUSEU D'AVÓ € 🛠 🖓 🖽 🕅

(+351 933 130 382 - museudavoporto@gmail.com

Open from Monday to Saturday from 7pm to 2am. Count about 15 € the meal.

In a narrow street, very busy in the evening, the entrance passes almost unnoticed. It doesn't look like much... but once inside, it's a whole world to discover! Traditional objects and utensils from Portuguese houses are hung on the walls and ceiling. The subdued light and the background music create a rather intimate and warm atmosphere to enjoy the *little ones*, to share with two or with friends, a delight! A word of advice: don't arrive too early, it starts to fill up around 9pm, and then the atmosphere becomes really nice!

O BURACO € 🛠 🗣 SEE ON AP

(f) +351 222 006 717

Open Monday to Saturday from noon to 3pm and from 7pm to 10pm. Approximately 15 $\mbox{\it \footnote{E}}$ per meal.

Located right next to the Bolhao market, this restaurant with a 1980s-style decoration offers dishes from traditional cuisine with quantity and a lot of flavor. The atmosphere is family-oriented, as the place is mainly frequented by Portuguese people. If you choose the arroz de pato (rice with duck), you will get your money's worth! You will select the dish you want from the menu and don't forget to accompany it with a good glass of wine. Perfect for big appetites.

Successful service.

O CASEIRINHO € 🛠

Rua de Afonso Martins Alho (**) +351 961 616 711

Open every day from 7:30 am to 7 pm, Saturday until 5 pm, closed on Monday and Sunday. Dishes of the day between 9 and 12 €.

A very small restaurant with a few tables stuck together. O Caseirinho lives up to its name: here, there is no doubt that the food is homemade, you can feel it and see it. Some lunches, there is a huge queue, annoying but revealing of the quality of this address essentially frequented by Portuguese. In the kitchen and in the dining room, it's all about good humor! In three words: copious, economical and typical. A recommended address to taste the traditional Portuguese cuisine, in a friendly atmosphere and with a smiling service.

PETISCARIA SANTO ANTÓNIO € 🎾 🗣 👭

(r) +351 938 704 632

Open Tuesday to Saturday from 12:30 to 14:30 and from 21:00 to midnight. Count 8 to $10 \in$ for a meal.

A tasca for gourmet tourists with a variety of petiscos (tapas) as a speciality. There is no à la carte or menu here, all the dishes are displayed before your eyes and you will only have to choose. To whet your appetite: bean salad, gizzards with their port, ginger and curry sauce, and many others... All the dishes are cheerfully spiced and seasoned. The service is a little overwhelmed, so please be patient. You can accompany your dish with a glass of wine. And to finish, we recommend the homemade chocolate mousse. It's a real treat.

PORTA 4 € 🌿 OSEE ON PIECE MAP

(r) +351 913 203 489 - www.linktr.ee

Open from 6:30 pm to 11:30 pm. Closed Saturday and Sunday. Count 25 € for a meal. Tiny restaurant (reservation required) that can accommodate a dozen guests.

Tiny restaurant [reservation required] that can accommodate a dozen guests. Open kitchen allowing to appreciate the show. Short but very efficient menu. The products are of great quality, the fresh fish are cooked to perfection (sea bass, cod), the plates offer a lot of subtlety in audacious mixes. Save a place for the delicious home-made desserts. The wine list is small but relevant. The cook and the waiter are extremely friendly. There are two services, one at 7:30 pm, the other at 9:30 pm.

RESTAURANTE ASSADOR TIPICO € 🗶 🖓 🖼 🐘

(r) +351 222 015 149 - www.assadortipico.pt

Open Monday to Saturday from 11:30 am to 3 pm and from 7 pm to 10 pm, Sunday from noon to 3 pm. About $8 \in$ per dish.

The Assador Tipico is a restaurant that is always very popular and boasts a capacity of up to 300 guests. The restaurant has several rooms with exposed stonework where you can enjoy grilled and roasted meats. Some dishes can be ordered in pairs, as the portions are so generous. This will allow you to taste several dishes à la carte, we would be tempted by all of them. Good wines and desserts too.

RESTAURANTE NOVO PARIS € 😂

(f) +351 222 059 790

Open Tuesday to Saturday from 12 to 2 pm and from 7 to 10:30 pm, Monday from 7 to 11 pm; closed on Sunday. Between $7 \in$ and $18 \in$ per dish.

Sheltered from the tourists, this small local bar, which is not at all reminiscent of the new Paris, serves a typical cuisine at unbeatable prices. Grilled squid, octopus, sardines: only seafood products to satisfy all stomachs. It's quality at the right price! At noon, the local workers meet there to have lunch on the go. Also some quality wines to accompany your dish, preferably white, but let the waiters guide you. Friendly atmosphere that mixes tourists and locals.

RESTAURANTE PORTO ANTIGO € 🛠 🗣

(r) +351 960 076 508

Open from 10 am to 9 pm. Lunchtime service of daily dishes and evening petiscos. Dishes of the day from 7 \in .

Here's a tasca that lives up to its name! It is like the old taverns, all along with its artificial vine, its bunches of grapes, and its small wooden tables. You can eat good portions of daily specials at an unbeatable price. You will have the choice between two dishes. It feels like another time, the atmosphere is very typical, and the locals make up the bulk of the clientele. An address for the curious in search of authenticity! A little advice as a starter, taste the presunto (cured ham), it is excellent.

ZÉ BOTA € 😾 🔾 SEE ON AP

(r) +351 222 054 697

Open Monday to Friday from 12 to 14:30 and from 19:30 to 23:30, Saturday open in the evening. Approximately 30 € per meal.

In a well hidden alley is this small intimate restaurant that offers efficient and refined Portuguese cuisine. This is the place to be if you want to eat the famous bacalao in front of cases of wine in 4 different recipes. The baked cod with potatoes and cabbage is a must as is the octopus. Good selection of wines and ports. The portions are ultra generous. If you're not hungry anymore, you can order your dessert as a half portion: smart! Reasonable prices. Good reception, fast but attentive service.

ZENITH BRUNCH & COCKTAILS € 🔀 🗣

(r) +351 220 171 557 - porto@zenithcaffe.pt

Open every day from 9am to 7pm. Count about 15 €.

This brand exists in Barcelona, Madrid and Lisbon. All day long, come and enjoy a brunch with a choice of sweet and savory delights or simply choose a dish. At Zenith you will find tapioca cakes, salads, bagels, gourmet pancakes... served with juice, coffee or cocktails. A vegan version is offered for almost every dish. Pleasant, smiling service in English. Possibility to take away

JIMÃO TAPAS E VINHOS € 🛠 🗣

+351 220 924 660 - reservas@jimao.pt

Open Thursday to Monday from 6pm to 10pm. Closed Tuesday and Wednesday. Count 20 ${\mathfrak E}$ the meal.

Jimão Tapas e Vinhos offers Mediterranean cuisine. As its name suggests, this restaurant serves mainly Spanish tapas with Portuguese flavours, as well as

carefully selected wine from the Douro Valley or *vinho verde*. On the menu, in addition to the cold and hot tapas presented with care: soups, vegetarian dishes such as risotto, *bacalhau* (cod), *arroz de polvo...* The name Jimão means "dried Iberian ham" in Spanish. Also good desserts. Impeccable service, friendly atmosphere. A good address.

SOBRE O RIO € 🛠 😪

(f) +351 222 081 183

Open from 10:30 am to 5 pm, until 6 pm on Saturday and Sunday.

A few steps away from the tourist streets, you will find this typical small restaurant. The decoration of the room with its walls of azulejos gives the tone. It is not very big but the atmosphere is friendly; artists often come to play music, fado in priority. On the menu, traditional dishes including its specialties: bacalhau, arroz de polvo, francesinha. We appreciate the fish cooked on the embers of the barbecue. Good selection of wines. Attentive reception and service. There is sometimes a little waiting

TABERNA DO BARQUEIRO € 🛠 🧣 🖼 MAP

(C) +351 937 691 732

Open from 11am to 10:30pm except on Tuesdays until 4pm. Closed on Sunday.

This typical tavern is a great place to enjoy a meal that combines Portuguese tradition with the honour of the sea. Most of the dishes, indeed, include fish. Thus, we can only recommend the *arroz do polvo*, the grilled sardines, or the pasta with squid ink. Also cheese and cold cuts platters. A good selection of wines. You will also admire the "painting" of azulejos in the room. Warm atmosphere and quality service. Your taste buds will have a pleasant time.

CASA ROCHA € 🛠 🔾 SEE ON AP

(r) +351 910 320 262 - casarochafoz@gmail.com

Open Monday, Thursday and Friday from 11:30am to 3:30pm and from 7pm to 10:30pm. Tuesday, Wednesday and Saturday lunchtime. Daily menu 8 €.

A few minutes from the seaside, behind an ordinary facade, hides a nice little traditional canteen a little away from the tourists where you will be served home-made food from the starter to the dessert, generous and at very reasonable prices. It's the perfect place to try a local specialty or very fresh fish without blowing your budget. It's simple but good and served in quantity by a warm team. We will take the time to translate the dishes for you. The atmosphere is cosy, there is a room on the floor.

CÉPA TORTA € 🛠 🗣

(*) +351 226 181 056 - geral@douro-gourmet.com

Open Tuesday to Sunday from 12:30 to 3pm and from 7:30pm to 2am. Approximately 15 ${\rm \not E}$ per person.

A very pleasant little restaurant with a young and lively atmosphere. The dishes are tasty, copious and the prices very affordable. Each guest will find the dish that satisfies his or her craving of the day. You can eat pizzas, salmon, an omelette or a nice piece of meat with small fried potatoes. A good selection of wines to accompany the dishes as well as a delicious sangria will be proposed to you. The place is smoking... But the misfortune of some will perhaps make the happiness of the others! Available and smiling service.

CHEF TAPIOCA € 🌿 🗣

(+351 226 181 589 - www.cheftapioca.com

Open Monday to Friday from 11am to 7pm, Saturday and Sunday from 10am to 7pm. Isadora Fevereiro was inspired by Brazilian street food to come up with the concept for her restaurants. The first one first opened in Matosinhos in 2015, and the second was founded two years later avenida Mal. Gomes da Costa. Chef Tapioca's specialties, as you might have guessed, are tapiocas, cassava flour patties with a savory or sweet filling. Sophisticated and quiet atmosphere where the background music calls to relax during the meal. Here, everything is vegetarian, everything is healthy but above all everything is good! A beautiful discovery.

MUSEU DOS PRESUNTOS € 🕊 🗣

+351 226 161 178 - museudospresuntos@gmail.com

Open every day from 7:30 pm to 2 am. Count approximately 15 € the meal.

With friends, choose to share here the typical *petiscos* of the Portuguese cuisine. The dishes are ultra generous and presented in a beautiful tableware always different according to what you ordered. The service is not like the others, and the decoration is almost burlesque: among the display cases loaded with an incredible bric-a-brac, hams are framed on the walls like works of art. And another "animated" pig welcomes you. If you're looking for original addresses and pigs, this one is definitely worth a visit.

TENTAÇÕES NO PRATO € 🎾 🗣 🕬

+ 351 226 182 738 - tentacoesnoprato@hotmail.com

Open Tuesday to Saturday from noon to 3:30 pm and from 7:30 pm to 11 pm, Sunday only for lunch. Between 9 and $14 \in$ per dish.

In a small alley, hardly visible, come and discover the typical dishes of the area cooked with love by Lucia and Eva. At Tentações no Prato you are welcomed with a smile in a room with a dozen small tables arranged in a warm atmosphere. The arroz de pato (duck rice) is a dinguery. A family address for about twenty guests, quite rare for Foz, as well as good drinks including a very pleasant white house wine. In addition, they speak French fluently. To be tested, in all simplicity!

FORNERIA SÃO PEDRO € 🕊 🗣

(**) +351 227 722 736 - restaurante@forneria.pt

Open 12h30-15h and 20h-23h, closed on Monday. Petiscos around 6 €, pizza around 10 €, specialities around 15 €.

Opened in May 2010, the Forneria at the end of the beach in Vila Gaia de Nova is not an Italian restaurant but offers the best pizzas and carpaccios in town. Facing the waves, the large room is nicely decorated and very pleasant, even more so when plates of local cheeses arrive, *petiscos* as varied as they are tasty, as well as various seafood specialties. You can eat well, for a low price, in a cosy, traditional and family atmosphere. Do not hesitate to cross the bridge to go to the other side of the bank.

FRIENDS KITCHEN € 🛠 🗣 🗫 🥋 🥋

220 Rua Diogo Macedo, Holiday Inn Gaia (+351 938 397 671 -

https://www.hiportogaia.com/friendskitchen

Open every day from 11am to 3:30pm, Monday to Friday from 7:30pm to 10:30pm. Average price per person : 20 €.

Friends Kitchen is the restaurant of the Holiday Inn Porto Gaia. Whether or not you are staying at the hotel, you will be welcomed in a room with a modern and colorful decoration to have a good quality lunch or dinner. The buffet is composed of salad and yogurt, dried fruit, eggs, cold cuts, vegetables and juice. The menu offers Portuguese dishes (francesinhas, Portuguese risotto...) and European ones. Without forgetting the few good desserts to end the meal well. A nice address if you are near Vila Nova de Gaia.

ITALY CAFFE GAIA € 🛠 🗣 🗫 🥋 🥋 🥋

278 Avinguda da República (Ĉ) +351 220 932 656 - www.italycaffegaia.com Open every day from 12 am to 11 pm. Between 15 and 20 € the dishes.

Take a seat at one of the tables at Italy Caffé Gaia. As its name suggests, this restaurant offers refined Italian cuisine. You will find all the totems of Italian gastronomy (pasta, risotto, tartar, fish and meat, bruschetta, pizza...), at affordable prices. If you like parmesan cheese, try the spaghetti alla forma, prepared in the wheel: a dinguery! The wine list is well chosen. Quality and smiling service. Friendly atmosphere, like in Italy. Excellent and classic desserts: tiramisu, panna cotta, ice cream.

MERCADO BEIRA RIO - MARCHÉ & RESTAURATION € 🎾 오ા 🏗 💆

(+351 930 415 404 - www.mercadobeirario.pt

Open every day from 11am to 10pm. Count about ten euros per person.

This small covered market functions as a food court although there are fruit and vegetable vendors. It is the perfect place to discover local specialties, in small portions, all very well cooked. You will be able to taste a little bit of everything for not very expensive. You choose your stand, at random, the succulent Portuguese suckling pig. There are also vegetarian stands, impossible not to be happy here. In the center of the market, an excellent local brewery.

RESTAURANTE A MARGEM € 🔀 🧣 🖼 🐘

(r) +351 227 724 788 - http://restaurante-amargem.com

Closed on Wednesday and Sunday. Open the other days from 12 to 3 pm and from 7 to 10 pm. About 20 $\pounds.$

Facing the Douro, on the other bank, on the side of Vila Nova de Gaia, the restaurant A Margem is a beautiful address to taste products from the sea. On the menu, fish dishes in particular, served in very generous portions and presented simply so as not to distort the product. But also vegetable soups as starters, omelets, a paella by the chef, and pieces of meat accompanied by vegetables and potatoes. Good wines are served with the meal. The service is meticulous, the atmosphere pleasant. To be tested. Reservation recommended.

SPICE ART INDIAN RESTAURANT AND BAR € 🎾 오ૠ째

(*) +351 22 019 7411 - https://spiceartgaia.eatbu.com/?lang=en

Open from Monday to Saturday from 12 to 3 pm and from 7 to 11 pm. Closed on Sunday. About $15 \notin per person$.

Indian food lovers will not hesitate for a moment before crossing the doors of this restaurant. Spice Art Indian offers Indian dishes at low prices and in XXL versions. On the menu: classic chicken or meat dishes, fish, a wide range of vegetarian options (rice and grilled vegetables), not forgetting the delicious naans (Indian bread) and samosas. For dessert, opt for the *kulfi* (Indian ice cream). You can also order take-out.

+351 220 437 310 - https://arcadiachocolates.com/

Open every day from 10am to 8pm.

Founded in 1933 by the Bastos family, Arcádia is a superb chocolate factory with Art Deco architecture that has other stores in the city and in the country. The "lambareiros" will have a hard time making their choice and leaving this magnificent store. Let the salesmen advise you instead. Of course, you must try the port chocolates. And those with ginger and cinnamon. But also the cat's tongue. And the macaroons. Don't forget to try the almonds, they are terrible! This artisanal chocolate factory is also a tea room.

BUUH! # QSEE ON

(r) +351 963 344 150 - buuh.loja@gmail.com

Open every day from 10am to 7:30pm except Sunday. Less than 10 € per person.

Here is a cosy place with a vintage decoration and a nice soundtrack where you will feel at home very quickly. Lots of choices, savory and sweet, to snack on at any time of the day. Generous salads, great toasts, homemade cheesecakes. Excellent tea (hot or iced). Ideal for a brunch or tea time alone or with friends. Some customers come here with their computer to work (almost every table has an electrical outlet) but it's also a great place to write your postcards! Lovely waitresses.

CAMELIA BRUNCH GARDEN 🖶 🗣

(r) +351 226 170 009

Open every day from 10 am to 8 pm and from 9 am on Saturday and Sunday. Count about fifteen euros (drink included).

Facing the Douro on the Foz side, on the opposite sidewalk, Camelia offers all day long tasty brunches accompanied by all kinds of hot or cold drinks: coffee, smoothie, cocktails. As dishes, you can order pancakes, eggs, tapioca patties, burgers, mixed bowls. Vegetarian and vegan versions are also on the menu. It is possible to have a European or American breakfast. Let us underline the very natural decoration, the pretty terrace, the service at the top and the very correct prices

CASA DE CHA SERRALVES # ♥###

Fundação Serralves, 210 Dom João de Castro Street (+351 917 273 653 -

www.serralves.pt

Open Tuesday to Sunday from noon to 3:30 pm, Saturday and Sunday until 7:30 pm. Count between 10 and 15 € per person.

In the middle of the beautiful gardens of Serralves, the Casa de Chá is a very romantic place. After visiting the contemporary art museum, sit down for a gourmet break. Teas and pastries are served in the glassed-in room or on the terrace when the weather is nice. The cuisine is light, healthy and cosmopolitan. On weekends and holidays, we prepare an excellent breakfast buffet in the form of a brunch. A cafeteria is open every day to satisfy small hungers. A beautiful terrace with a splendid view on the large park.

CASA DE LÓ 🖶 🗣

(f) +351 22 323 5725

Open from 7pm to midnight. Closed on Tuesday and Wednesday.

Specialized in the sale of *pão-de-ló* (a kind of cake without butter), the house was later transformed into a bar and hosts concerts during the weekend. A friendly and warm place, where you can eat and drink well! The establishment continues to sell the famous cake, produced a few kilometers from Porto, and offers many other delights to its customers. People also come here to have a tea, to buy traditional and delicatessen products and to listen to music during cultural evenings.

CHOCOLATARIA DAS FLORES # Official

+351 918 276 522 - chocolatariadasflores@gmail.com

Open every day from 9:30 am to 7 pm (Sunday from 10 am to 7 pm).

Gourmands and gourmands whose word chocolate already makes you salivate, run to this store, it will know how to melt you. This tiny chocolate shop opened in 2013 in rua das Flores. It's a welcoming and very cute place. In the window you will melt in front of the chocolate creations. We are conquered by the small space on the spot with its white tables and chairs, perfect for a sweet break and a small coffee, accompanied, needless to say, by a chocolate with port wine. To you the most beautiful culinary photos!

CHOCOLATARIA EOUADOR # PIE MAP

637 Rua Sá da Bandeira, Mº Bolhao 🏈 +351 222 010 455 - www.cacaoequador.pt Monday to Saturday from 11am to 2pm and from 2:30pm to 7:30pm.

Another surprising store in Porto. In this artisanal chocolate shop with a brown and white frontage, obviously reminding the world of chocolate, the products are guaranteed of excellent quality, original and greedy. The deliciously retro packaging dresses them up. Let yourself be tempted by the dark chocolate filled with cherry compote, by the whisky truffles or by the small cakes. Smiling welcome. You will not leave empty-handed. Nice store to bring back nice gourmet souvenirs to your loved ones... or to yourself!

CONFEITARIA PRIMAR 🗫 🗣

(f) +351 222 005 858

Open from 8am to 8pm, closed on Saturdays. Pastries from 1 €.

Not far from the Carmo church, you will discover a simple place, but with a window full of typical conventual pastries, made with egg and sugar: papo de anjo

, pastel de nata, doce de castanha com ovo... You will have understood: sugar and egg are the main ingredients. Moreover, the low prices invite to the sin of greed. Let's add that the service and the welcome are smiling and tempting, which does not help to resist. But why should we? Come and visit us.

LEITARIA DA QUINTA DO PACO 🖶

47-51 Pc. Guilherme Gomes Fernandes (**) +351 222 084 696 -

www.leitariadaguintadopaco.com

Open every day from 9am to 8pm. Home delivery.

Leitaria da Quinta do Paço is a former dairy, which has been transformed into a pastry shop with specialized recipes based on milk and butter. The house has made a name for itself with its famous chocolate eclairs and the bola de berlim (a kind of sugar doughnut, possibly filled with jam or chocolate). The whipped cream is homemade and you can buy traditional butter. A greedy and calorie-laden break but when you like it, you don't count!

MANTEIGARIA - FÁBRICA DE PASTÉIS DE NATA 🗣 🗣

(+351 222 022 169 - info@manteigaria.com

Open every day from 8am to midnight. 1,10 € the pastel de nata.

Excellent address to enjoy pastéis de nata, perhaps the best in the city. The pastry is a success, crispy and golden, the cream is brilliant and divine in the mouth, the pastéis are perfectly sweet. In this chain that can be found everywhere in Portugal, everything is made on the spot, in front of the amazed eyes of the customers, besides the laboratory is visible from the street. The essential to bring back from Porto. Maximum pleasure and very low prices.

NEVEIROS ♥ SHE MAP

Rua Formosa 285, 4000-252 Porto (C) +351 225 370 005 - www.neveiros.pt Open Monday to Saturday from 12:30 to 19:00.

This glacier has been around for about 60 years and has always made homemade ice creams and sorbets, made with real fruit, without colouring agents. The many flavours invite you to indulge in delicacies, some of them are very original, such as white-cardamom chocolate and pineapple-basil. It must be said that the offer varies according to the season and the products available. The ice cream cake and cups are also to be tried. Without doubt one of Porto's most famous and appreciated glaciers, even if it is a little outside the city centre. You'll melt.

PADARIA RIBEIRO 🗫 🗣

(*) +351 222 005 067 - https://www.padariaribeiro.com

Open from 8am to 8pm. Less than 10 € per person.

Padaria Ribeiro exists since 1878, it is a very beautiful traditional bakery in which you want to try everything. It's a good thing! The pastries in miniature version will delight the gourmets who want to discover the salty and sweet specialties of Porto. Delicious almond and passion fruit tarts, cod fritters or devilishly good camarão rissol. Special mention forthe pastéis de Chaves, small breads stuffed with minced meat. To make it all go down, we order a good squeezed orange juice or an excellent coffee.

A BOLACHEIRA ★ SEMP

(+351 223 196 354 - www.abolacheira.pt/index.html

Open from 9am to 7:30pm. Closed on Sunday. Pastries between 1 and 3,50 \pounds . Salty snacks between 5 and 10 \pounds .

Do you know the *bolacha?* It is a traditional Portuguese cookie. It is from this that the name A Bolacheira is derived, to mean the container in which the *bolachas* are kept, but also the person who makes and markets them. Here, it is the greediness assured. In addition to these cookies, cupcakes, cookies, apple pie are served. Savory side: quiches, toasts, sandwiches, soups. The bread is homemade, the products are in season and the juices are natural. A good address for brunch or a snack.

(**) +351 939 955 597 - adega-sports-bar.negocio.site

Open every day from 4pm to 2am, until 3am on weekends.

A huge fan bar perfect for watching a soccer or rugby match. There are screens everywhere so you don't miss anything of the show. The decoration with the scarves and the jerseys of the different teams is very nice. Large choice of beers and cocktails, you can take a snack type rather correct not to drink on an empty stomach. The prices are very reasonable and the waiters, often overworked, remain friendly. Table soccer and darts. Come early on game nights. Payment in cash only.

APURO - VEGAN BAR 📾 🗣

(r) +351 224 024 756 - oapuro.pt

Open Monday, Tuesday and Thursday from 12:30 to 23:00, Friday from 12:30 to midnight, Saturday from 13:00 to midnight. Count 15 €.

Welcome to the first 100% vegan bar in Porto. There is a nice list of craft beers, some of them gluten-free, and great organic wines. Those who don't drink alcohol will turn to kombucha, a fermented tea known for its probiotic benefits. You can also eat at any time on the go and attend concerts or meet authors who have come to sign their books. You can even come with your pet as it will be well treated. Online ordering with delivery available.

BACCHUS VINI DE PREMA

(r) +351 912 852 580 - bacchusvini@hotmail.com

Open every day from Tuesday to Sunday from 4pm to 11pm. From 15 €.

At the foot of the spectacular Dom-Luis Bridge, this charming wine bar that works with small, well-selected wineries is a joy to drink at. The owners know what they're talking about, they've visited the wineries, tasted all the wines they serve and know each winemaker. To accompany your tasting, nice cheese boards and artisanal charcuterie while enjoying the exceptional view. Possibility to buy wine on the spot. Excellent welcome in several languages and good value for money.

BONAPARTE DOWNTOWN 📾 🗣

Praça Guilherme Gomes Fernandes 40, Porto, Portugal 🇷 +351 220 962 852 -

bonaparte.porto@gmail.com

Open every day from 5pm to 2am. Happy hour at the opening : 2,50 & the pint, 5 & the cocktail.

Opened since 1977, the Bonaparte is a traditional bar in La Foz known for its *Irish* atmosphere. A real pub where you can enjoy good beers, good whiskies (a lot of

bottles are exposed behind the counter) and of course non-alcoholic drinks. Nice appetizers. You will appreciate the Irish atmosphere with a Portuguese twist, especially on the occasion of St. Patrick's Day or during the broadcasting of the Champions League matches. For a good night out with friends.

CAFÉ AVIZ DE PERM

(r) +351 222 004 575 - https://cafeaviz.eatbu.com

Open every day from 11 am to 3 pm and from 7 pm to 11 pm. Dishes between 9 and $14 \in$.

A REAL café, with a wrought iron entrance and, on the wall, plaques donated by the graduate students of the past. On one side of the room, square tables where they work, on the other, round tables around which the regulars, clearly older, chat. Choose your side. In any case, a beautiful concentrate of the life of Porto. To fill your stomachs, snacks including the famous francesinha are obviously on the menu... The latter is even better accompanied by French fries served in a small basket.

CAFÉ CANDELABRO 📾 🗣 🕮

https://www.cafecandelabro.com/

Open every day from 2pm to 2am and Sunday from 5pm to 2am.

Very popular wine bar with its bohemian atmosphere and its cosmopolitan clientele of locals and artists. It's chic and casual at the same time, you quickly feel like you're in the real Porto. You can browse through magazines, buy books and have a bite to eat. The terrace located on a small square is really nice and sunny in the morning, perfect to have a coffee. Great atmosphere in the evening, good music. Good choice of wines by the glass to have an aperitif. Excellent Spritz and cocktails. Very reasonable prices and eminently friendly waiters.

CAFE DO CAIS TO STEE ON PARE MAP

(r) +351 916 752 999

Open every day from 10am to 2am. Snacks between 5 and 10 €. Dishes around 15 €. A direct address on the Ribeira. Café do Cais is a bar-snack-restaurant not to be

A direct address on the Ribeira. Café do Cais is a bar-snack-restaurant not to be missed on the quays. It serves drinks, *francesinhas*, croques and salads in a good mood. The octopus salad is a must try. The view is splendid! You will come there to have a drink, to eat a piece before continuing the visit of the city, or to savor a more substantial dish to finish well the day. A smiling and helpful reception, sometimes a little overwhelmed by the large number of customers. We invite you to be a little patient.

CAFÉ LUSITANO 🖮 🗣 👭

(+351 222 011 067 - www.cafelusitano.com

Open from Wednesday to Sunday from 7:30 pm to 4 am. Sushi platter 14,50 $\pounds.$ Minimum consumption 6 $\pounds.$

A bar in a cosmopolitan and inspired place, dating from the beginning of the 19th century, decorated with its colored stained glass windows and a big Buddha that greets you with a *namaste* behind the waiters. Concerts and thematic evenings are proposed in this bar which is also a restaurant and a night club during the weekend. You can eat good sushi or have a drink or dance or all three! On weekends, it is often crowded. Glamorous atmosphere where everyone mixes regardless of age. LGBTQIA+ welcome. Sometimes there are drag shows.

CAFÉ PIOLHO 🖮

(+351 222 003 749 - www.cafepiolho.com

Open Monday to Saturday from 8am to 2am.

One of the emblematic cafés of the city of Porto that opened its doors in 1909. In this huge room with its large wooden tables, people come during the day to drink a coffee or eat a dish of the day. When the night falls and the bar fills up with the youth of Porto, it is difficult to move around and the waiting time is longer than during off-peak hours. On the walls there are many writings and poems by personalities who praise the virtues of this coffee. It's up to you to read them! And for the amateurs of shots, the prices defy any competition.

CAPELA INCOMUM DE PRESE

+351 936 129 050 - https://www.capelaincomum.pt

Open from 4pm to 11pm until midnight on weekends. Closed on Sundays. Bottles of wine between $10 \in$ and $32 \in$.

This chapel dating from the 19th century is not ordinary. It has been transformed into a wine bar. The interior has been decorated to preserve its authenticity, between gold, burgundy and wood tones. Here is a picturesque place to enjoy a glass of Portuguese wine with the best advice from the available and attentive staff. The menu features nectars from the Minho and Douro regions. Generous tapas(petiscos) are offered to accompany your tasting. Sometimes, you will have the pleasure to hear live music. A nice surprise!

CASA ABERTA OPEN BAR FOOD HOUSE 🎰 🗣 🕬

(*) +351 915 963 272 - casaabertainfo@gmail.com

Open Tuesday to Saturday from 12:30 to 14:30 and from 19:30 to 22:30. Tapas from 5 \bigcirc Dishes between 13 \bigcirc and 22 \bigcirc .

Ideal for a break after a walk to the mouth of the Douro! Casa Aberta offers a menu of tapas and more elaborate dishes. Meat lovers will appreciate the grilled meats, a specialty of the house. The wine list features a nice selection of local whites and reds. You can also enjoy cocktails or vintage ports. The staff is friendly and attentive. The atmosphere is warm. Soak up the gentle energy of Casa Aberta.

CASA DE PASTO DA PALMEIRA 📾 🗣

(r) +351 226 168 244

Open every day from noon to 10:30 pm.

The sea air often whets the appetite! Perfectly located, Casa de Pasto da Palmeira is just a stone's throw from the Douro estuary. To start, the tapas menu features iodized products. Then you can choose from meat or fish dishes followed by a dessert. Everything is delicious, mixing tradition with modernity and at a reasonable price. The reception is pleasant and the staff will be able to advise you usefully.

CASA DO LIVRO DE PERM

(r) +351 912 958 284 - eventoscasadolivro@gmail.com

Open every day except Monday and Sunday from 9pm to 3am, until 4am on Friday. Casa do Livro is no longer the house of books, but the house of music. Since the bookstore closed its doors, the place has changed owners, but has kept its name. Nowadays, depending on the evening, you can listen to jazz, electro and variety music. The atmosphere will please the night owls who want to party in Porto. The musician Seu Jorge liked the bar so much that he improvised a small concert of samba and bossa nova. As soon as you enter, you will be carried away by the

atmosphere and you will stay there for a long time.

DUAS DE LETRA 🗰 🗣 👭

(r) + 351 914 207 585 - www.duasdeletra.pt

Monday to Wednesday from 10am to 6pm. Thursday and Friday from 10am to 11:30pm. Saturday from 11:30 am to 11:30 pm. Sunday 1pm to 8pm. 10 €.

A nice café near the public garden. This bar is very pleasant to have a drink and to discuss in all peace because there is a small outside garden. You can eat some good food all day long, mainly cooked with Portuguese products. Vegetarian options are even available. As for the decoration, the inspiration and the construction were made with recuperation, with a modern touch. On weekends, the place hosts conferences, concerts and discussions of all kinds.

FABRICA NORTADA 🖮 🗣

(r) +351 22 018 1000 - https://cervejanortada.pt

Open from Tuesday to Saturday from 5:30~pm to 2~am. Count about fifteen euros (dish + drink).

La Fabrica Nortada is a bar-snack in the era of time. We come there to eat at lunchtime, to have a drink (the craft beers are excellent), to eat a sweet treat in the middle of the afternoon. On the menu: salads, cheese tabbouleh, calamari, chicken, bruschetta, wraps, fries, francesinhas, spaghetti, salmon, tiramisu and chocolate mousse. Vegetarian versions are available. Smiling service. Go down to the basement to discover the brewing room with the machines, it is impressive!

GIIARANY 🖮 🗣

85-89 Avenida dos Aliados 🌓 +351 223 321 272 - www.cafeguarany.com

Open every day from 9am to 10pm. About 20 € per person.

Large pastelaria café typical of the 1930s where you can have lunch and dinner. The space is huge, surrounded by bay windows, lit with neon. The tables are surrounded by old wooden chairs. The name of the sign is a nod to the Indians of Brazil. It is a place of permanent passage: bankers, workers who work nearby and students cross there. Ideal to take a coffee and read the newspaper or to taste a glass of port or to attend a fado concert on Saturday evening. In the basement, a very large billiard room.

GULDEN DRAAK BIERHUIS 📾 🗣 🕮

(r) +351 916 751 359 - www.guldendraak.pt

Open every day from 5pm to midnight, 2 hours on weekends.

Beer lovers, this is the place to come to taste Belgian beers on draught or to discover the many bottled beers that come from all over the world. The Gulden Draak Bierhuis, well installed in the center of Porto but a bit isolated (you'll notice it by its red awning), invites you to try blondes, browns, fruity beers, more or less strong in alcohol. In order not to stay hungry, some tapas, burgers and fries are proposed. Friendly atmosphere. Sit at the bar or on a table. Cheers!

HARD ROCK CAFE DE SHEM

(*) +351 227 664 470 - www.hardrock.com/cafes/porto

Open every day from noon to 11:30 pm. Drinks from 10 €. 20 € for a burger.

Each level of this place dedicated to rock has its own bar with guitars, gold and platinum records, jackets, dresses and all sorts of accessories that belonged to the biggest rock stars in the world. On large flat screens, videos of songs and concerts are shown continuously, at a sound level that allows for conversation. It

is both intimate and public. A small stage allows you to attend live concerts, held 2-3 times a week. A generous list of colorful cocktails, with or without alcohol, completes the offer.

(**) +351 916 661 125 - hdbartobewild@gmail.com

Closed on Sunday. Open Monday to Saturday from 6pm to 2am.

Friends rockers, here is the ideal American bar to spend a good evening drinking beers, cocktails or even soft drinks and to eat a good hamburger-fries whose cooking of the meat is perfectly mastered. The tapas are also nice. The decoration, the "wock and woll" music, the atmosphere and the friendliness of the service team are at their best. You will not miss the HD Wild, since it is located in one of the streets known for its nightlife in Porto, the Rua Galeria de Paris

LA BOHEME ENTRE AMIS DE PREMA

(+351 222 015 154 - laboheme.entreami@gmail.com

Open every day from 6pm to 2am (until 4am on Friday and Saturday). Closed on Sunday.

Take a seat on high wooden tables and chairs in this intimate tapas bar where live music is regularly played. La Bohème entre Amis lives up to its name: the atmosphere is relaxed, it's a nice place to hang out with your friends. From 4pm to 8pm, you can enjoy the happy hour, perfect to have an aperitif. The kitchen stays open until late. Excellent choice of wines including by the glass, perfect to accompany the various tapas. Ask the waiters for advice, they are very nice and some speak French.

LADO D SEE ON

89 Rua da Fonte Taurina 🇷 +351 962 381 939 - www.ladowines.pt

Tuesday to Wednesday from 12pm to 8pm, Thursday to Saturday 12pm to 10pm. Sunday 12pm-8pm. Wine tasting from 25 €.

Located in the heart of the Ribeira, with a view of the Douro River, this wine bar has the particularity of offering tastings of port and Douro wines from small producers. These are the ones who, in association, manage the establishment. The tastings of a single glass of wine or several wines can be commented in French and accompanied by a snack: cheese platter, cold cuts, etc. The ideal place to take a break and learn more about the wines of the Douro region. Attentive service. Possibility of delivery.

LIVRARIA DA BAIXA 📾 🗣 🕬

(+351 220 946 320 - livrariadabaixa@gmail.com

Open every day from 10am to 2am. Cocktails and tapas. 5 € the glass of sangria.

Located at the entrance of the "thirsty streets" of Porto, this small bar, with a heated terrace in winter, is a perfect stopover at the beginning or during the evening to accompany the arrival of the new revelers and the departure of the less daring. The decoration is surprising, with wood panelling, lace lingerie in the window and an impressive collection of books in all languages. The list of cocktails and tapas is as long as the arm. A little advice: a bruschetta with raw ham, pear and honey accompanied by a generous glass of white sangria.

MAJESTIC CAFE 🖮

(r) +351 222 003 887 - www.cafemajestic.com

Open Monday to Saturday from 9am to 11.30pm. Sandwiches from $5 \in$ Approximately $40 \in$ for a complete meal excluding drinks.

The impassive boys circulate in this historical Art Deco place. The facade is splendid, the old leather benches lined up on the wall, worn to a fault. The gilded ceiling, as it should be, enhances the beauty of the place. Without question, the most beautiful café in Porto. The institution was opened in 1921 and is still frequented by the intellectual and artistic elite. On the menu: breakfast brunch, afternoon tea, sandwiches, soups, salads or fish. The prices are in line with the reputation of the establishment.

MAOMARIA 📾 🗣 👭

(£) +351 222 084 674

Open Monday to Saturday from 4pm to 4am. Less than 10 € per cocktail.

There's no need to go here before midnight if you're looking to meet the local party-goers and tourists since the party really starts at this time of the night. A DJ heats up the dance floor, while the two bars are busy preparing shots and cocktails. The latter are both classic and original with or without alcohol. This bar, like many others in this animated district, is more a place of passage for the night owls than a final point of fall. Good atmosphere, nice team.

MAUS HÁBITOS 📾 🗣 🐘

(+351 937 202 918 - www.maushabitos.com

Open Monday from 6pm to 11pm, Tuesday to Saturday from 12pm to 11pm. Bar open later. Between 10 and 14 \upred the pizza.

A hybrid and cosmopolitan space at the crossroads between the culinary arts (with its excellent restaurant Vicios da mesa), the performing arts, the plastic arts and performances. A mixture of protean artistic and musical inspirations takes place here, with a sustained and demanding program, between concerts and festivals. The main dilemma is to choose which sense to satisfy first. Have a sangria pepina while you think! Located on the 4th floor, Maus Habitos is THE place that embodies all the creative energy of Porto.

MY COFFEE PORTO (SPECIALTY COFFEE SHOP) 🛎 🗣

(+351 964 850 854 - https://www.mycoffeeporto.com/

Open every day from 9am to 6pm. Brunch at 10 €.

Open since 2019, this micro-cafe at the top of a staircase overlooking the city is a little gem. After the 50 or so steps, your reward awaits. Sit on the micro-terrace and enjoy a breathtaking view that embraces the bridge, the Douro and part of Porto. Acai bowls and avocado toast are made by the minute. You have to try the chai latte and the homemade ice tea with red fruits. Go early in the morning because the places are very limited

O MURO (LE MUR) 📾

(**) +351 22 208 42 02 - restauranteomuro@gmail.com

Open every day from noon to 10:30 pm. Dishes between 15 and 20 $\pounds.$ Closed on Monday.

Leave the banks of the Douro, with its tables for tourists, and climb the few steps that lead you to the Muro. In a setting of antiguidades, you will taste small grilled sardines, preceded by cod and meat fritters as an appetizer. The dishes are

classic but well prepared. Accompany it all with Terras-Mansas wine. Here are all the elements for a successful meal in this nice place. The welcome is also very pleasant and, cherry on the cake, they speak French. Good address.

PIPA VELHA 📾 ♥\\

(f) + 351 222 082 025

Open every day from 6pm to 3am.

Pipa Velha is a very nice bar, emblematic in Porto for more than 30 years, where to go at any time from the beginning of the evening until half of the night. The menu will offer you good snacks(pesticides) and drinks (alcoholic or not) at very good prices. We especially appreciate the relaxed atmosphere with a good musical program. Totally relaxed! Some people say that they drink the best white sangria in Porto, others say that the red one is better. Smoking and non-smoking areas. A recommended address

PISCO'S BAR 📾 🗪

(**) +351 934 557 276 - geralpiscosbar@gmail.com

Open from 10pm to 2am, from 6pm on Thursday, Friday and Saturday.

A nice bar in La Foz that offers several activities for those who are looking for a little more than just sitting at a table. You can play pool, darts or chess, among other things. But Pico's Bar is not short on novelties. The service is good, the atmosphere pleasant and the drinks varied. For the small hungers, you will order petiscos to share, a small hamburger version of snack, or a francesinhas. Each one should find its place of predilection to spend a good evening.

PORTO ESCONDIDO 📾 🧣

68-70 Rua da Lada 🅜 +351 255 615 115 - portoescondido.porto@gmail.com

Open every day except Monday from 12 to 4 pm and from 7 to 10 pm. Less than 10 $\stackrel{\checkmark}{\in}$ per person.

This small café, barely set back from the Ribeira, lives up to its name(escondido means hidden) and in summer welcomes the many onlookers who fight over tables and chairs. In low season, it becomes a haven of peace for the Portuguese and the rare tourists who snub the restaurants of the quay. The cuisine is of course typical, with francesinha and cod at the top of the menu. Broadcasting of League 1 matches (obviously when it does not fall at the same time as a match of FC Porto or Boavista FC, the two clubs of the city). Recommended for a tight budget.

PORTOLOGIA PORTO - LA MAISON DES PORTO 🎟 🗣

315 Rua do Almada 🏈 +351 222 011 050 - www.portologia.com - Mº Aliados or Trindade.

Open every day from 11am to midnight. Tasting, sale on the spot and shipping to all EU countries.

Portologia is a wine bar of a very particular style, totally dedicated to port wine. More than 200 high quality bottles with tasting formulas from 3 to 6 glasses, accompanied by the explanations of a competent and multilingual team, make this place a real institution dedicated to port wine. The majority of the wines come from small Douro Valley estates, outside the mass distribution channels. It is the ideal place to taste exceptional products.

(+351 913 811 611 - www.solardopatio.pt/

Closed from Sunday to Tuesday. Open from 12 am to 10:30 pm. Count 20 € per person.

Inside this pretty little yellow ochre house located in a historical area of Porto, near the Ferreira Borges market, is this nice bar and restaurant with old stone walls. It serves small *petiscos*, *francesinhas* and other dishes of traditional Portuguese cuisine. Every guest will find something to his liking. You will regularly hear live music at the end of the week. Short but efficient menu and wines up to the level of the good advice of the staff. A diverse and warm public. An appreciable and recommended place.

THE HOUSE BAR 📾 🖼 🐘

(*) +351 220 119 006 -

https://www.editoryhotels.com/fr/house-ribeira-porto/gastronomie/the-house-bar/ Open every day from 10:30 am to 11 pm.

In the heart of the Ribeira, The House Bar (the bar of The House hotel) is one of the references in the city to enjoy Port wine but not only. The drink list includes more than 60 references of wines (port, white, rosé from different regions of Portugal) and delicious cocktails. We invite you to taste, to take the time to appreciate and enjoy the setting. For those who are a little hungry, opt for one of the house hamburgers. Quality service for all customers, whether you stay at the hotel or not, very nice too.

VOGUE P SEE ON PRINCIPAL OF THE MAP

Motorisé, you can Take a Look at the Vogue.

WINE QUAY BAR 🚾 🗣

(+351 222 080 119 - www.winequaybar.com

Open Monday to Thursday from 3pm to 10pm, Friday and Saturday from 4pm to 11pm. Bottles from 12 \pounds .

Sit on the terrace, facing the majestic Douro and the winery of Vila Nova de Gaia. This outdoor terrace is actually a long table created on the stone blocks in front of the Wine Quay Bar. In this wine bar, they serve good tapas plates accompanied by a careful selection of wines, with port as the star! On the good advice of the waiters, you will find the best combination. Come early to get a place, the terrace is small. In the evening, the river banks are bright and the atmosphere becomes festive and intimate at the same time.

TREAT YOURSELF (& OTHERS) ALAMEDA SHOP & SPOT *** Q###

www.alamedashopping.pt - Estádio do Dragão Station.

Open from 10am to 11pm, until midnight Friday and Saturday.

Located in the east of Porto, right next to the Dragon Stadium, this 5-storey shopping centre is one of the largest in the city and its surrounding area. Here you will find all the shops (121 in total) that you would expect in a shopping centre, from clothes shops, sports shops, cultural shops, restaurants, cinema and the Continente supermarket. For the international shopping aficionados... The Alameda Shop & Spot is a place where many young people gather to spend their afternoon. It is also very lively on match nights

ARRABIDA SHOPPING **III O**⊞ SHOPPING **III O**HE SHOPPING **II O**HE SHOPPIN

244 Praceta de Henrique Moreira - <u>www.arrabidashopping.com</u> - Bus 902, 907 Arrábida Shopping station.

Open from 8am to 8pm Monday to Friday and from 8am to 5pm Saturday and Sunday. This 2-storey shopping centre with 2 basements for parking is located on the right bank of the Douro, in Vila Nova de Gaia. It has about 190 shops (fashion, culture, decoration, sport...) and restaurants, like any good shopping centre. There is also a children's entertainment area, a 20-screen cinema and an Auchan supermarket, so you won't feel out of place. A small cultural space offers sometimes to discover some exhibitions of choice. If you are looking for toilets, you will of course find them.

(**) +351 934 337 703 - <u>www.ccbombarda.pt/</u> - Bus 301, Maternidade station.

Open from 9:30 am to 7 pm, from 10 am to 8 pm on Saturday. Closed on Sunday.

This shopping mall is different from the others, more international. It combines fashion, jewelry, gastronomy, art and culture. There are tasty restaurants that offer mainly regional cuisine, and many concept stores of emerging designers. The Bombarda shopping center offers you the possibility to find in one place various beautiful handmade souvenirs "Made in Portugal" to bring back from your stay in Porto. An address of choice.

+351 223 781 400 - www.elcorteingles.pt

A reference in the fashion world since 1940, El Corte Inglés has become a worldwide shopping destination for luxury goods. A position consolidated by its history, passion for fashion and total dedication to customer service. A universe where you can find the best collections of international, Portuguese and luxury labels, as well as a rigorous selection of fine jewelry and watches, perfumery and cosmetic care. Also a Gourmet Area where you can enjoy the most exquisite products.

SHOPPING CIDADE DO PORTO ## 9###

(+351 226 006 585 - shoppingcidadedoporto.com

Open from 6:30 am to 10:30 pm on weekdays and from 8 am on weekends.

Also known as the Shopping do Bom Successo since it is located near the eponymous market, this shopping centre is one of the busiest in Porto. There is nothing very original about the services offered: clothing, sports, culture, jewellery shops... and restaurants. You'll find everything you need for shopping, as well as a small Celeiro supermarket to buy groceries. Contrary to what you might think, it is possible to find an interesting culinary proposal.

VIA CATARINA SHOPPING *** SHEMP

www.viacatarina.pt/en/home - Metro Bolhão.

Open weekdays from 10am to 8pm, weekends from 9am to 5pm.

Via Catarina Shopping is a shopping centre that is a little more unusual than some of the others in the city and the surrounding area. It is located in the heart of the Baixa (upper city), on Santa Catarina Street. Its plus: the restaurant area where the traditional architecture of the city has been reproduced, it's like being there! Diversified offer of shops (80 in total), but no great surprise nevertheless, it remains the international shops of the shopping centres. Quite a lot of people and

a place appreciated as much by the locals as by the tourists.

ALMADA 13 THE PHEMA

(r) +351 223 216 002 - almada13@gmail.com

Open Monday to Saturday from 10am to 7:30pm, Sunday from 2pm to 7pm.

This concept store is one of the most famous in Porto. It gathers 5 concept stores in the same building around 5 different projects: Cork & Co (cork products), Rota do Chá (decoration), Atelier do Burel (wool), The Yellow Boat (clothes) and Aguas Furtadas (art, ceramics, illustration, crafts...). Most of the products are "Made in Portugal", promising quality and unique objects. The Miss Pavlova dessert store is also located in this building, offering you a break while shopping or sweet treats, such as macaroons, to offer.

FLORES CREATIVE STORE TO SHEM

+351 222 004 851 - flores.creativeconcept@gmail.com

Open every day from 10:30 am to 7:30 pm.

Satisfying travelers in search of local and original handicrafts, this is the idea that animated the owners of the Flores Creative Store. They propose exclusively Portuguese handicrafts or products whose creators are Portuguese, in order to value the national know-how. More than 60 designers are represented. You will find, for example, linen and clothing made of wool, wallets made of cork, or bags made of tire tubes. A modern and very cute Ali Baba's cave.

PATCH LIFESTYLE CONCEPT STORE **FIRE ONLY**

(*) +351 220 946 101 - patchportostore@gmail.com

Open every day except Sunday from 11am to 7:30pm.

If there is a concept store to discover, it is this one. Vintage enthusiasts will be delighted. Indeed, Patch Lifestyle is a very nice store which gathers a lot of vintage references (furniture, clothes, lights, ceramics...) carefully selected by the team. The place is perfectly arranged to facilitate the visit and the finds. In the basement there is a contemporary art gallery managed by Ana Alves Silva, which promotes local artists.

PORTOSIGNS TO PHEMAP

(+351 223 745 436 - https://portosigns.pt

Open every day from 10am to 7:30pm (8pm Saturday and Sunday).

The brand has two shops, one with the entrance at 71 Infante D. Henrique Street, the other in the street that goes down to Ribeira, at 17 Alfândega Street. Spacious and bright, they have kept the arcades of the 200-year-old historical structure of the building. The two areas offer a wide variety of traditional products, made in Portugal: cork, ceramics, soap, perfumery, jams, preserves, port wines, watermark, and a thousand other things. Something to indulge yourself and leave with nice memories.

PROMETEU ARTESANATO I OFFE ONLY

+351 223 203 094 - https://prometeuartesanato.com

Open from 10am to 2pm.

At Prometeu Artesanato, you will be sure to know the origin of the products you buy. This charming store sells handicrafts, mainly tiles, made exclusively by local and national artists, all of whom the store's managers have met. In addition to the tiles, jewelry, wood carvings and crafts from Barcelos, porcelain, cork products ... Not to mention that you will be received with a smile and all the attention you

need. One of the best places to find a nice souvenir

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A FAVORITA DO BOLHÃO 🖶 🗣

(*) +351 222 001 624 - favoritadobolhao@hotmail.com

Open Monday to Saturday from 9am to 7:30pm.

Beautiful and very large selection of Port and Madeira wines in this delicatessen that exists since 1934. The waiters will be able to advise you among all the references exposed according to your tastes and your budget. You can also find traditional products of excellent quality such as the classic cod, a high quality sheep's cheese and a divine Brazilian coffee whose beans are ground in a century-old machine. You can also buy very good preserves, dried fruits (the nuts are extra), good chocolate and fresh bread

A PÉROLA DO BOLHÃO # PIEMP

(f) +351 222 004 009

Open Monday to Saturday from 9am to 7pm. Open on Saturday until 1pm.

This is without a doubt the most charming of the stores located on Rua Formosa. Its yellow front and its signs definitely stand out from the other stores. Opened in 1917, A Pérola do Bolhão offers cod, cold cuts, dried fruit, canned fish, Port wine and cheese from the Serra da Estrela. The exchange with the shopkeepers is very appreciable (they speak French) and the service is smiling. It is obvious that you will leave with one or more products to bring back in the suitcase or to taste quickly. Machine to put under vacuum.

BUUH! # QSEE ON OTHE MAP

+351 963 344 150 - buuh.loja@gmail.com

Open every day from 10am to 7:30pm except Sunday. Less than 10 € per person.

Here is a cosy place with a vintage decoration and a nice soundtrack where you will feel at home very quickly. Lots of choices, savory and sweet, to snack on at any time of the day. Generous salads, great toasts, homemade cheesecakes. Excellent tea (hot or iced). Ideal for a brunch or tea time alone or with friends. Some customers come here with their computer to work (almost every table has an electrical outlet) but it's also a great place to write your postcards! Lovely waitresses

CASA CHINESA # Offend

(r) +351 222 006 578 - casachinesa@sapo.pt

Open Monday to Saturday from 9am to 7pm.

A delicatessen, which, contrary to its name, has nothing Chinese but everything Portuguese! Casa Chinesa offers, in a deliciously traditional disorder, dried fruits, local pork meats and many other small typical treasures from the endless salted cod to herbs for infusion. The grocery store also has a well-stocked vegetarian section. You will appreciate the bulk food offer and the smiling welcome of the people in charge of the place. A good address for people who like to cook.

CASA JANUÁRIO # OFFE MAP

(+351 223 320 153 - https://www.casajanuario.pt/

Open every day from 9:30 am to 7 pm. Closed on Sundays.

This well-known delicatessen in Porto has been around for several generations and keeps in its walls the nostalgia of memories. Here you will find high quality products such as a rare dried cod, matured for 24 months, excellent *alheiras*

(Portuguese sausage), but also confectionery, dried fruit, jams, Valongo cookies and a beautiful wine cellar. A whole universe is declined around the pastries, their ingredients, their accessories and their decoration. Perfect and delicate welcome in a well organized store.

CASA LOURENCO - CHARCUTARIA E GARRAFEIRA 🖶 🗣 🕮

(1) +351 222 006 462 - www.casalourenco.com.pt/

Open Monday to Friday from 9am to 7:30pm, Saturday from 9am to 7pm. Closed on Sunday. Cheese between 15 and 30 €/kg.

In the spirit of a small grocery store, Casa Lourenço is a century-old delicatessen that offers quality regional products. Be careful, inside it's a blast in terms of scents and flavors. Let yourself be tempted by what you like or what would be a pleasure to offer (they will vacuum-pack your products). The salespeople are extremely friendly and helpful and will advise you on the cheeses of the region. There is also a wine section to go with it.

CASA NATAL 🚔 🗣

(*) +351 222 052 537 - casanatal@sapo.pt

Open every day from 9am to 7:30pm, Saturday until 7pm. Closed on Sundays.

By entering this beautiful store created in 1900, one makes a journey in time. The regional products offered here with their beautiful label written in felt-tip pen are for the most part unavailable in supermarkets. The canned sardines prepared with different seasonings are delicious. Very nice selection of wines, spirits, freshly ground spices and dried fruits. Many choices for all budgets, it is often crowded, probably because the welcome is very warm. Tastings available and reasonable prices

CASA ORIENTAL & PHE MAP

(+351 211 349 044 - www.comur.com

Sunday to Thursday from 9:30 am to 8 pm, Friday and Saturday from 9:30 am to 9 pm. $7 \in \text{per can of sardines}$.

A lot of good things in a lot of little cans beautifully lithographed with original illustrations that pay tribute to the past. After Lisbon and the Algarve, Comur, a company specializing in canned sardines, arrives in Porto. The rich lights give the store a circus feel. Sardines and other sea products, usually relegated to the rank of basic canned goods, are particularly well presented here. The preserves are delicious and do not contain any additives or preservatives: everything is natural.

CASA PORTUGUESA DO PASTEL DE BACALHAU 🖁 🗣 🐘

+351 211 648 919 - https://www.pasteldebacalhau.pt/

Open Monday to Sunday from 10am to 8pm. A glass of port + a cod fritter 15 €.

Opened in 2018, this hybrid venue is part store, part wine cellar and part library. In its colorful room, you'll enjoy one or more cod fritters filled with Serra da Estrela PDO cheese while drinking a glass of port. There is a singer on weekends who is accompanied by an organ dating from the 18th century. The price is a bit high but the place, sublime, deserves at least to take a look at it once. We leave with a glass engraved of the day of our arrival.

GARRAFEIRA DO CARMO P SEE MAP

(r) +351 222 003 285 - www.garrafeiracarmo.com

Monday to Friday from 9am to 1pm and from 2pm to 7pm, Saturday from 9am to 1pm.

This store, founded in 1990, has a huge selection of bottles of port wine, some very old and rare. It's hard not to be impressed when you look at the walls of the store lined with all these references. The quantity and the variety are there. The team welcomes you with a smile and will be happy to find you the best bottle according to your tastes or the people you want to please. The prices are very reasonable. During the high season, this store is often crowded, so you may have to wait

LOJA DAS CONSERVAS 🖶 🗣 🐘

(r) +351 960 472 930

Open Monday to Sunday from 11am to 5:30pm.

Loja das Conservas, which also exists in Lisbon, has a sales outlet in Porto. It is one of the most serious references for finding canned fish with a deliciously retro packaging. In addition to sardines, you will find tuna, mussels, octopus, cod and mackerel. The choice of seasonings is also very wide: natural, olive oil, tomato, onion, lime. The traceability of the products sold here is guaranteed by the renowned ANICP, the National Association of Fish Preserving Industries.

MANTEIGARIA - FÁBRICA DE PASTÉIS DE NATA 🗫 🗣 🕬

(r) +351 222 022 169 - info@manteigaria.com

Open every day from 8am to midnight. 1,10 € the pastel de nata.

Excellent address to enjoy pastéis de nata, perhaps the best in the city. The pastry is a success, crispy and golden, the cream is brilliant and divine in the mouth, the pastéis are perfectly sweet. In this chain that can be found everywhere in Portugal, everything is made on the spot, in front of the amazed eyes of the customers, besides the laboratory is visible from the street. The essential to bring back from Porto. Maximum pleasure and very low prices.

MERCADO DO BOLHÃO # PIEMP

(r) +351 223 326 024 - www.mercadobolhao.pt

Open Monday to Friday from 8am to 8pm, until 6pm on Saturday.

In 2006, the market of Bolhão was classified as a historical monument. After 4 years of work, it has finally reopened in 2022. Strolling through the stalls of fresh products and colorful stands is one of the great pleasures of a stay in Porto. Don't hesitate to stop and taste a delicious pastel de nata or have a glass of vinho verde in one of the bars while digging into cod acras or cold cuts. Near the Bolhão market you will find the Santa Catarina shopping street with its many stores, restaurants and cafes.

MERCADO DO BOM SUCESSO # PHEMA

(**) +351 226 056 610 - www.mercadobomsucesso.pt

Open Sunday to Thursday from 8am to 11pm, Friday and Saturday from 8am to midnight.

The Bom Sucesso market was completely renovated about ten years ago. The architecture and the stalls are a mix of tradition and modernity. A must-see, since it has a different atmosphere from other markets. You can find the classic fresh products (fish, meat, vegetables), but there is also a part with gastronomic products only Portuguese and a food court with different restaurants. The emphasis is on promoting the *made in* Portugal. It is ideal if you stay in an apartment and want to cook good products.

MERCEARIA DAS FLORES # ♥##

(r) + 351 222 083 232 - www.merceariadasflores.com

Open from Sunday to Friday from 11am to 7pm, until 10pm on Thursday. Saturday from 10am to 8pm.

In the pretty "flowers" street, this very charming and modern grocery store (contrary to what its name might suggest, it is not a haberdashery) offers a whole range of gourmet and organic products made in Portugal. Everything is carefully presented on the shelves. The team has selected the best cheeses, wines and olive oils for its customers. The welcome is warm, and, in case of doubt, you can even taste some dishes before filling your basket. So don't hesitate to come in, have a look around and let yourself be tempted.

MOSAICO DE SABORES ?

(*) +351 222 082 647 - www.mosaicodesabores.com/

Open Monday to Saturday from 10am to 8pm, Sunday from 2pm to 8pm.

Located not far from the Clérigos, on the other side of the square, the store "Mosaicos de Sabores" (Mosaic of Flavors) is a modern delicatessen with a warm decoration reminiscent of grandmothers' dining rooms. The ideal place to take your time and taste the best flavors of the products of the different regions of Portugal (cold cuts, cheeses, cod, oils and wines). You will have to taste (with a detailed presentation!) ports from small producers but also the great Portuguese table wines, all selected with a concern for quality. It is also an opportunity to buy typical regional products of excellence to take away - it is also possible to have them delivered. Specialized and warm welcome.

OLIVA & CO # OMERA

Open every day from 10am to 7pm, until 8pm on Saturday. From 6 \pounds the bottle of quality olive oil.

At Oliva & Co, as you may have guessed, we offer a whole range of olive oils. Here, you will learn more about the making of an olive oil, but above all you will find quality assured, and not counterfeit as it can be unfortunately sometimes the case. But in this modern setting, far from being a grocery store, it is the products derived from olive oil that are mainly sold: biscuits, chocolates, soaps... The reception of the managers makes you want to stay for hours. Original, instructive and natural.

OUEIJARIA AMARAL # OHEMP

(r) +351 222 004 162 - www.queijariaamaralporto.pt

Open every day except Sunday from 9am to 7pm.

If you are told: de cabra, da Serra, Amaralo Beira Baixa, picante Beira Baixa, gorgonzola, gouda, pecorino, Monte de Vinha, Lola Motez, de Sao Miguel..., you think "cheese" and then you say "yum, I want some! "Welcome to the cheese palate. Regional or from elsewhere, they have all been selected for their quality. Let yourself be tempted. The store offers other traditional Portuguese dishes: sardines, bacalhau (cod), and of course Douro wine and vinho verde. The scent of this fabulous cheese shop will stay in your mind for a long time.

ROTA DO CHÁ 🖶 🗣

457 Rua Miguel Bombarda (**) +351 220 136 726 - www.rotadocha.com

Open from Sunday to Wednesday from 12pm to 7pm, from Thursday to Saturday from 12pm to 10pm. Light meals at lunchtime around 10 €

A true haven of peace dedicated to tea. Several spaces are reserved for its making like the Indian room or the Ganesh room. The store offers a wide range of teas. In addition to the wide variety of teas on offer and the delicious little cakes that accompany them, light meals are served at lunchtime. Another particularity of this place filled with zenitude, from Monday to Friday, one can exchange a book for a cup of tea. Outside, there is a pleasant terrace with soft music and a large, relaxing garden.

SALLE DE DÉGUSTATIONS DES VINS DU PORTUGAL ₹ 🖼 🖼

(+351 223 323 072 - www.viniportugal.pt

Open Monday to Saturday from 11am to 7pm.

The Porto branch of the interprofessional association Viniportugal offers the opportunity to taste (with the purchase of an Enocard) 2 to 4 wines from a selection of 30, from different regions of Portugal. Professionals will guide you through the tasting. It is also possible to choose themed tastings, such as fortified wines, wines made in clay pots, or wines related to the history of wine. A whole discovery in perspective and a good time.

EUREKA SHOES ■ QHEMP

(*) +351 222 025 274 - www.eurekashoes.com

Open Monday to Saturday from 10am to 7:30pm.

A beautiful trendy store to buy shoes (men and women) made with noble materials, original and modern design, this is the Eureka. The shop belongs to a Portuguese family that has been making shoes for more than 25 years. It is only in 2009 that she decided to create a network of shops for the Portuguese public (5 shops in Porto and about fifteen in Portugal). The pilot store is located at 237 Rua da Santa Catarina. For lovers of quality shoes and/or for an original gift.

FC PORTO STORE BAIXA *** 9*****

270 rua Sa de Bandeira @ +351 225 083 353 - www.fcporto.pt

Open every day from 10am to 8pm, Sundays until 6pm.

Located next to the mercado do Bolhao, on the corner of the street, the official FC Porto store is clearly visible with its mannequins in the window. Here, only genuine Dragões (Dragons) fans or those who haven't really chosen their side can enter (don't say you prefer the Lisbon club!). You will find all the accessories and merchandise in honor of the soccer club, shirts, shoes and balls with the name of FC Porto on them. A very practical little store in the city center. You can bring back a souvenir of the national sport of Portugal.

LUFA LUFA 📤 🗫

www.lufalufa.pt

Open from 11 am to 2 pm and from 3 pm to 7 pm. Organic cotton T-shirt: 17 €.

If you're one of those who wonder how to combine minimalism and creativity, you'll find answers at Lufa Lufa, whose name was inspired by the traditional Portuguese phrase "andar numa lufa-lufa" (walking in a hurry). This boutique specializing in artistic t-shirts opened in 2015. Each t-shirt is made of organic cotton, produced in Portugal and stamped with original patterns and designs. In this apparent simplicity, attention to detail is paramount, like the sun/balloon t-shirt or the giant Gulliver pen.

MÃO ESOUERDA VINTAGE 📤 🗨

(+351 912 740 889 - www.maoesquerda.com

Open from 11am to 8pm. Closed on Sundays.

This is a great place to find great second-hand clothing. At Mão Esquerda ("left hand"), vintage is in the spotlight: the clothes and accessories on display have been carefully and lovingly selected by the managers of the place. In addition to European provenance, a wide variety of Japanese pieces from the 1940s to the 1990s (all kinds) are available. Nothing kitschy or old-fashioned, we reappropriate the pieces in the sauce of the 2020s. Don't hesitate to ask for advice, we will be able to help you. Good address.

MON PÈRE VINTAGE 📤 🗣 🕮

(r) +351 918 480 270

Open from 10:30 am to 7 pm. Closed on Sunday.

Vintage aficionados will be well served. In this shop, elegantly decorated and arranged, you can rummage through the perfectly sorted clothes and accessories to find the second-hand fashion piece(s) you want to buy. All at low prices and for both women and men. Dresses, coloured shirts, sweaters, glasses, trousers, etc. There is something for everyone. Without forgetting to underline the smiling, available and discreet reception. A great address for an original and stylish shopping experience.

PORTOSIGNS TO PHE MAP

(r) +351 223 745 436 - https://portosigns.pt

Open every day from 10am to 7:30pm (8pm Saturday and Sunday).

The brand has two shops, one with the entrance at 71 Infante D. Henrique Street, the other in the street that goes down to Ribeira, at 17 Alfândega Street. Spacious and bright, they have kept the arcades of the 200-year-old historical structure of the building. The two areas offer a wide variety of traditional products, made in Portugal: cork, ceramics, soap, perfumery, jams, preserves, port wines, watermark, and a thousand other things. Something to indulge yourself and leave with nice memories.

PRÍNCIPE PORTO PORTUGAL 📤 😪

+351 222 006 053 - principe.porto.portugal@hotmail.com

Open from 9:30 am to 7 pm, until 6:30 pm on Saturday. Closed on Sunday.

Here you are in the den of traditional Portuguese clothing excellence. Principe Porto Portugal is over a hundred years old! In the shop you will see period features, such as the cast iron spiral staircase that leads to the sewing room, cast iron being a material used in the architecture of the city's buildings in the first half of the 20th century. The authenticity and originality of Principe Porto Portugal are recognized internationally. Among the fashion products: sweaters, boots, scarves, knitwear, traditional costumes...

3+ ARTE TO SEE ON

www.3maisarte.com

Open Monday to Saturday from 2pm to 7pm. Prices vary.

3+arte is an artistic and cultural cooperative that brings together the work of over 100 artists. Painting, ceramics, sculpture, wood art, illustrations, jewellery, decorative objects and much more are exhibited in the gallery that welcomes visitors. You will discover unique artistic pieces, which will constitute an original

souvenir to bring back home. In addition, you can taste a port wine at the bar of the cooperative. When culture, art and tasting of local products come together, there is nothing to complain about, except to stop by.

AMOR DE GALO - ARTS & CRAFT & DESIGN ■ QHEMA

434 Avinguda de Diogo Leite, Vila Nova de Gaia (**) +351 223 751 287 -

amordegalo@gmail.com

Open from 11:30 am to 7:30 pm.

Here is a small bazaar where you could certainly find some original souvenirs to bring back home. On the other bank of the Douro, in Vila Nova de Gaia, Amor do Galo offers you objects *made in* Portugal: jewelry, 3D objects made of fabric, figurines, including the unavoidable rooster whose name the store bears (galo). Also stylish postcards that change the traditional view of the Dom Luis bridge over the Douro and the rabelos that sail on it. Nice prices.

ARMAZÉM TE OFFERNA

(r) +351 22 201 1702

Open from 11:30 am to 8 pm.

Armazém is a former wine warehouse that has been rehabilitated into a collective space for the sale of second-hand objects, from all times. In this space, which has kept its industrial aspect, each seller has his own exhibition corner. You can find everything: furniture, bicycles, records, books, lights, clothes, etc. The place also organizes events and has a café-bar area. All generations meet around the same passion of antique dealer. It is also possible to rent bicycles. A place that does not go unnoticed.

ARMAZÉM DOS LINHOS I ORIEMA

+351 22 200 4750 - https://armazemdoslinhos.myshopify.com/

Open Monday to Friday from 10am to 7pm, Saturday from 10am to 1pm and from 2.30pm to 7pm. Closed on Sunday.

In 2011, when the shop was in danger of closing, Filipa and Leonor Pinto Basto saved it. Armazém Dos Linhos specializes in the sale of fabrics stamped with traditional Portuguese motifs. The managers had the idea to combine old patterns with more contemporary ones. Here you will find fabrics for all kinds of projects as well as bags, wallets, household and kitchen linen. You can bring back a nice typical souvenir with the certainty of "Made in Portugal". Stop by, especially since the welcome is warm.

CORAÇÃO ALECRIM PORTO TO SEE MAP

(r) +351 912 958 073 - www.coracaoalecrim.com

Open from 11am to 7pm. Closed on Sundays.

After walking through the green decorated entrance, you are immersed in a fantastic universe of quality objects of Portuguese origin. Coração Alecrim is the result of Rita and Filipe's common passion for Portuguese artisans and second-hand objects. The spirit of *upcycling*, which recreates from existing material, is floating in the air. The two partners have created their own brand of clothing and boots, but also offer other national products. A nice store for quality and original gifts.

LOBO TASTE 🔀 🗣

(**) +351 222 017 102 - loja.lobotaste@gmail.com

Open every day from 10am to 8pm.

Contemporary craftsmanship is the proposition of this rather designer store. The pieces are handmade by craftsmen and chosen by the decorator Paulo Lobo, who is well known in Portugal. All the objects are of high quality, beautiful and original. Some of them are close to popular crafts, but with a more daring and elaborate approach. A visit to the store is more than recommended to admire these surprising creations and bring back a nice souvenir or make an original gift.

MERCADO 48 To PERM

(r) +351 935 881 626 - www.mercado48.pt

Open every day from 10:30 to 14:30 and from 15:30 to 20:30. Closed on Sundays.

If you are lucky, you will meet at the entrance of Mercado 48 the mascot of the social networks of the store, "cãozinho Bala", the adorable dog that announces the atmosphere of the place: relaxed! Inside, you will find original and creative products, mostly handmade, between vintage and contemporary. Art and decoration objects, bags, wallets, t-shirts with landscapes and allusions to Porto, even humorous messages and also beautiful wooden bikes. A place that promises unusual gifts.

Ó! GALERIA TO PERMA

(*) +351 930 558 047 - www.ogaleria.com

Open from 1pm to 7pm from Monday to Saturday.

Ó! Galeria gives the opportunity to young Portuguese, European and international artists of all horizons to exhibit their art and sell it directly to the public. It is mainly Portuguese illustration but not only... Also prints, books, t-shirts and tote-bags. The illustrations are full of colour, humour, fantasy and stories of couples told in a print. Among the most represented artists: André da Loba, Barbara Fonseca, Cachetejack, David Penela or Silvia Rodrigues.

O CÂNTARO (SÓNIA MARIA G S OLIVEIRA) 🛍 🗣

(r) +351 223 320 670 - ocantaro@yahoo.com

Open Monday to Saturday from 9am to 7pm.

In an alley behind Cais da Ribeira. It is at this address that Sonia Oliveira has set up her workshop for making filigree jewellery and her craft shop (tableware, hand-painted azulejos, embroidered fabrics...). Stop by and maybe you'll come across something that will catch your eye. The jewellery and parts are in fact always renewed according to Sonia's manual work. For a nice souvenir or gift to bring back from Portugal.

ZINDA ATELIER 🛪 🗣 THE MAP

www.zindatelier.com

Open Tuesday, Thursday, Friday from 2pm to 5:30pm, Saturday from 1pm to 6pm.

Welcome to the artistic lair of Adosinda Pereira who creates beautiful contemporary ceramic pieces. Her workshop is located in the shop, so it will not be surprising if she is working on a new piece when you visit. In the shop, it is colorful, it smells the joy of living and the soul of the artist is undoubtedly released there. You look at the pieces, then you fall in love with one or more of them. Beautiful souvenirs for the house or to offer, with the certainty of authenticity.

LIVRARIA CHAMINÉ DA MOTA 🗏 🧣 SHE MAP

(+351 222 005 380 - livrariachaminedamota@gmail.com

Open Monday to Friday from 9am to 12:30pm and from 2:30pm to 7pm, Saturday from 9:30am to 1pm.

An incredible quantity of books is dispersed in this beautiful and atypical bookshop renowned for its collection of rare and old books (some are 200 years old). The choice is so vast that you would think you were in a library. The many shelves are used to support books of all kinds: literary classics, religious, comic books, thrillers, literature and art magazines. There is also an exhibition of music boxes, each one more extraordinary than the next... It's a little jewel hidden in Porto: not to be missed.

LIVRARIA LELLO E IRMÃO ★★ 🗐 🖓 🏗 🐘

(r) +351 222 002 037 - www.livrarialello.pt

Open every day from 9am to 7pm. $5 \in$ entrance fee, refunded if you make a purchase in the bookshop.

The place is sublime with its central double-flight wooden staircase, its Art Nouveau decoration and all the little details that attract many curious people. On the shelves, there are books in several languages. It is a place that exudes intelligence. However, the house is a victim of its own success: due to the influx of tourists, a counter has been installed. It is now necessary to pay a ticket to enter, the amount is refunded if you make a purchase. Book in advance on the internet because it is often very crowded.

LIVRARIA LEYA NA LATINA 🗐 🗣

(r) +351 222 001 294 - www.leya.com/pt

Open Monday to Saturday from 9am to 7pm.

A former family bookstore that, after the death of the founder's grandson, was eventually acquired by the publisher Leya. The change in ownership has not detracted from the charm of this large modern space designed in wood and steel and lined with books from floor to ceiling. You will find books of all categories, from novels to comics, philosophy, history, or even textbooks for those who study in Portugal. While strolling through the bookstore, you will probably come across a book that will catch your eye.

LIVRARIA TIMTIMPORTIMTIM (TINTIN POUR TINTIN) 🛢 🗣 🐘

(r) +351 222 011 083

Open Monday to Friday from 10am to 7pm. Saturday from 10am to 12:30pm and from 3pm to 6pm.

Fans of Hergé and comic strips in general should not miss this place! The bookstore has real treasures, some locked in the windows. Even those who do not speak the language of The will find their happiness because the classics of the French and Belgian comics are sold in original form. Satirical magazines from Portugal and Brazil, old *comics* and miniature characters are also part of the wealth of the store.

LOUIE LOUIE - MUSIC SHOP J SHE MAP

(r) +351 222 010 384 - www.louielouie.pt

Open Monday to Saturday from 10:30am to 1:30pm and from 2:30pm to 7pm. Great deals on used vinyl.

A paradise for vinyl lovers. There is something for everyone: pop-rock (the one you will find most in the shelves), indie, Portuguese and Brazilian music, jazz, blues, metal, punk, hardcore, world music, soul, funk, disco, hip-hop, reggae/dub, electronic. In 12" or 7" format, most of the vinyls are 45s, new or used at a reduced price. The store is not very big but it is well arranged, to facilitate nice finds. Also CDs, DVDs, Blu-rays and music-themed books. Good welcome.

PORTO GUITARRA ** 🎜

(+351 933 374 743 - www.portoguitarra.com

Open Monday to Thursday and Sunday from 10am to 12:30pm and from 2pm to 6:30pm. Free admission.

You enter a space dedicated to the passion of string instruments. Here you learn that the famous ukulele is of Portuguese origin, did you know that? With this fun fact in mind, don't hesitate to start a conversation about music with the sellers, some of whom are real enthusiasts and players. On display and for sale, you will find all kinds of guitars made by luthiers. Live sessions are regularly organized in a superb atmosphere. Not to be missed by music lovers, musicians and everyone else!

MOVE & LAZE AROUND ESTÁDIO DO DRAGÃO

(r) +351 225 070 500 - www.fcporto.pt

Ticket to visit the stadium + museum: 15 € per adult, 10 € per child and 12 € the reduced rate.

Built for the organization of Euro 2004, for which it hosted the opening match and a semi-final, the Dragon stadium is an ultra-modern enclosure which vibrates every week for the blue and white. It can be visited every day at 11am, 12pm, 3pm and 4pm, only at the same time as the visit of its annex museum. The latter is very interesting to discover, interactive and instructive. Inauguration: 16 November 2003. Capacity: 50,948. Record attendance: 52,004 for FC Porto - FC Barcelona, 16 November 2003.

I SURF PORTUGAL 🚳

(f) +351 933 740 932 - www.isurfportugal.com

1 surf lesson, 40 €. 2 lessons 115 €. 5 lessons 180 €. Surfcamp, from may to september, check the website.

I Surf Portugal is a surf school open all year round but also a surfcamp north of Porto. Classes normally take place on Azurara beach in Vila do Conde, ideal for all levels of surfing and for stand-up paddle (SUP) courses. A transfer service is provided from the centre of Porto and no worries about the equipment, it is possible to rent it. One surfcamp for adults and another for families with children of all ages offer surf, accommodation and full board packages, for a great experience in total immersion!

JUMPERS - TRAMPOLIM PARQUE 🗯 🕍 🐘

(**) +351 221 134 621 - www.jumpers.pt

Monday to Friday (2.30-8pm) €8.50; Saturday and Sunday (9.30am-7pm) €10. Socks required 2 €. Duration 60 min.

Come and have fun for an hour or so in this trampoline park located north of the city. The space is vast, has many areas with trampolines in all directions to let yourself bounce and try, why not, various tricks. The park is open to everyone

from 1 to 101 years old! An area is reserved for children from 1 to 7 years old. Entrance is every full hour (10am, 11am...). It is asked to arrive 30 minutes before in order to be prepared

PORTO BRIDGE CLIMB (S) PHEMP

© +351 929 207 117 - www.portobridgeclimb.com - Bus 500 stop Ponte Arrábida, metro 1 stop Ponte Arrábida.

Group 1 to 4 people: 17,50 €/pers. Groups of 5 or more: 16 €/pers. Andante and Porto cards: 14 €.

If you thought you saw silhouettes on the Arrábida Bridge, you were not dreaming! This is an exceptional experience offered by Porto Bridge Climb. Long closed to the public, the ascent of the bridge by an arch will offer you great sensations (not too strong) in complete safety and a superb panorama at 65 m above the Douro. Once the harnesses are attached and the instructions are explained (in English and Portuguese), follow the guide and enjoy the climb to the maximum. It is also possible to climb the dome of the Palácio Cristal. Book on the Internet.

PORTO SURF SCHOOL SO SHEMA

(+351 911 721 614 - www.porto-surf-school.com

Surfing lessons : 1 day 50 €, 3 days 141 €, 5 days 220 €. Board rental only : 25 €/day. SUP tour : 60 €/pers.

Beginner, intermediate or advanced, Porto Surf School, offers you surfing group lessons, or private lessons. From the centre of Porto, the professional team will take you to the best spots of the day, and will accompany you to progress in the practice of this attractive surfing sport. The Douro Stand Up Paddling (SUP) Tour offers you to spend the day paddling on the Douro (1 hour from Porto). A great way to discover the beauty of the landscapes of the Douro Valley in an original and sporty way.

SÃO ROCK CLIMBING 🕸 SHE MA

+351 938 107 714 - www.saorockclimbing.com

Monday, Wednesday, Friday 4-10 pm; Tuesday, Thursday 10 am-2 pm and 4-10 pm; Saturday 11 am-7 pm. Day ticket: $7 ext{ €}$; 10 tickets: $55 ext{ €}$.

This indoor climbing area opens its doors every day except Sunday, on the Campanha side, in a white hangar built next to other similar ones. Whether you are a beginner or an experienced climber, this is a good place to practice climbing walls of various inclinations and to challenge yourself. If you fall, don't worry, mats will break your fall. It is never very high. There is a refreshment area with tables on site, as a reward after the effort, or if you came as a curious spectator, before taking your turn next time...

MONUMENTAL NUXE SPA 💣 🗣 🐘

(£) +351 227 662 410 -

 ${\color{blue} https://www.maison-albar-hotels-le-monumental-palace.com/fr/page/spa-luxe-nuxe-hotel-porto.509.html} \\$

Open every day from 9.30am to 8pm. From 75 € (30 minutes of treatment). Aqua Pass $\{1h\}: 30 \in$.

Within the Monumental Palace is an exceptional spa. The services are upscale and more expensive than in other massage and treatment centers, but expert hands welcome you into a luxurious bubble of softness. Massage, facials, hydrotherapy: there are many ways to relax. In addition, the Monumental Nuxe

Spa has an aquatic area with an indoor swimming pool in bewitching colors, sauna and hammam (extra charge). Reservations are required on the hotel's website, in the spa section, or by telephone

SABAI THAI SPA PORTO ♂ ♥#₩

(r) +351 223 175 726 - www.sabaithaispa.pt

Open every day from 10am to 8pm. From 40 € for a 1h Thai massage.

Treat yourself to a moment of well-being and relaxation at the Sabai Thai Spa in Porto. Open every day, and not far from the Trindade metro station, this center offers traditional Thai massages, as you may have guessed from its name. Most of the massages (with essential oils, sports, Swedish...) last one hour and can last up to two hours of pure happiness. Let yourself be pampered and enjoy the moment. Also foot massages, face massages, aromatherapy... Complete list of services on the website. Very reasonable prices.

SPASO ZEN - WELLNESS & BEAUTY 3 PHIM

(*) +351 226 099 723 - www.spasozen.com

Open Tuesday to Saturday from 10am to 7pm. Closed Sunday and Monday. From 35 € (30 min) but quickly rises to 80-95 €.

This institute invites you to relax and feel good. Many options are offered, such as traditional oriental massages, hot stone massages, facials, body treatments and much more (to be chosen on the website). To synchronize body and mind, yoga sessions, meditation, Tibetan bowl (the waves produced circulate in the body and are supposed to do good) are also proposed. Book your treatment or session and the time slot on the website.

STUDIO FLY 3 PHE MAP

()+351 960 082 464 - www.studiofly.pt

From 6pm Monday to Thursday, Tuesday 10am and noon and Thursday 2pm in addition. 12 € or 35 €/month. Reservation required.

What if you let your body fly away during a yoga session? This is the concept of the Studio Fly, which offers participants the opportunity to try or improve their aerial yoga. It's up to you to settle into the suspended hammock which will make you discover new sensations as you do the figures. The teachers are there to put you at ease and accompany you in the practice, according to the level. Some sessions are relaxation oriented while others are a bit more challenging. In any case, in 50 minutes of practice, your mind will also fly.

VINOTHÉRAPIE SPA YEATMAN ♂ ♀\#\\

+351 220 133 100 - www.the-yeatman-hotel.com

Massages and treatments from 65 to 220 € depending on the duration and the treatment. Open every day from 10am to 8pm.

The spa at Yeatman Hotel is a unique concept based on the benefits of grapes. The ingredients used are grape extracts, with antioxidant properties. One can relax in over 2,000^{m2} and 10 treatment rooms. There is also a gym, steam room, sauna, and massage shower. Not to mention the breathtaking view of the Dourge.

sauna, and massage shower. Not to mention the breathtaking view of the Douro and Porto that can be seen from the panoramic pool. All the elements of wellness are present, a marble and wood decoration, a unique view and high quality treatments.

VINYASA YOGA PORTO ♂ ♥###

(**) +351 221 127 430 - www.vinyasayogaporto.com

Monday to Friday 7am or 6pm depending on the week. Reservation on the website.

Session: 15 €. Online: 10 €.

This yoga studio offers you the opportunity to practice yoga with a certified teacher. There are three types of yoga to choose from, each of which is tailored to the individual's limits: Power Vinyasa Yoga, a perfect balance between physical effort and introspection; Ashtanga Yoga, slow, fixed postures that are easy to remember. A session of Ashtanga Yoga often begins with sun salutations and ends in the lotus position, the position of the Buddha when one imagines it; Vinyasa Yoga, fluidity, dynamism and creation are the key words. Sessions of 1h30-2h.

BRÂMICA 🕅 🕶

(r) +351 961 097 013 - termarbranco@gmail.com

Open Monday to Friday from 2pm to 8pm.

Bring out your artistic side in this cozy pottery workshop. Before you begin creating your own ceramic, you will be taught the history of tiles and their different styles. Then you'll be given suggestions and samples to get you started. With the guidance of the professionals, you will become the creative craftsman of your own work. Once your ceramics are finished, all that remains is to fire them. It will be shipped to your home. For budding ceramists, young and old.

COOK IN RIBEIRA * OFFE MAP

(**) +351 967 003 160 - https://www.cookinribeira.com/

Different rates depending on the type of workshop and duration. For more information, visit the website

Do you enjoy good food, good wine and have a special interest in Portuguese gastronomy? Look no further, you've come to the right place. Cook in Ribeira promises you an unforgettable experience. With your instructors, you will first go to the market to discover the best seasonal products and know their origin. Then, back at the workshop, under the guidance of the chefs, you will learn to cook the best of Portugal in the most traditional way in a fun atmosphere before tasting your masterpiece.

GAZETE AZULEJOS **₹ ♀**₩₩

230 Rua do Duque de Palmela (*) +351 912 891 581 - www.gazeteazulejos.com

Workshop Monday 3.30pm, Tuesday 3.30pm and 5.30pm, Friday and Saturday 11am and 3pm, Sunday 4.30pm. 25 €. Reservation on the web.

If you want to bring back a nice souvenir from Porto, you'll have to do a bit of work. Gazete Azulejos organizes painting workshops on azulejos, lasting one and a half hours. They take place in small groups and you follow the advice of passionate and professional artists. Each person will be able to paint two tiles, no need to be an artist, models to reproduce are exposed if that reassures you. Be careful though, the time for the tiles to dry is 24 hours. So plan this workshop at the beginning of your stay.

SOL ARTESANO R STEE MAP

(r) +351 222 083 956

Open from 10am to 8pm.

At Sol Artesano, near the docks of Porto, you will find a multitude of ceramic objects, hand-painted, enamels that you will not find elsewhere. Bowls, figurines,

emblematic places of Porto on earthenware tiles, magnets in the shape of fish, rooster, or other animals... the choice is vast in this small and cozy store. Come in and have a look around, you should find a small original object, especially since the welcome is very friendly. An interesting address to add on the list of made in Portugal.

STUDIO UP! - POLE DANCE & PREMA

© +351 937 560 035 - <u>www.studioup.weebly.com</u> - Metro Campo 24 de Agosto, Bolhão.

Open from 9:30am to 2:30pm and from 4pm to 10:30pm. Course schedule on the website.

Here is an original activity. Contrary to what one might think, mainly due to prejudice, *pole dance* is quite sporty and uses all the muscles of the body. If you're looking to work out while discovering a surprising sport, go to the Up! studio! You will find the class schedule on the website. The female teachers will be able to accompany you according to your level in order to progressively increase the intensity and the figures. A good time is guaranteed. Come with an open mind, without judging your abilities, and let yourself be carried away.

GOING OUT Estádio do dragão 🧀

(r) +351 225 070 500 - www.fcporto.pt

Ticket to visit the stadium + museum: 15 € per adult, 10 € per child and 12 € the reduced rate.

Built for the organization of Euro 2004, for which it hosted the opening match and a semi-final, the Dragon stadium is an ultra-modern enclosure which vibrates every week for the blue and white. It can be visited every day at 11am, 12pm, 3pm and 4pm, only at the same time as the visit of its annex museum. The latter is very interesting to discover, interactive and instructive. Inauguration: 16 November 2003. Capacity: 50,948. Record attendance: 52,004 for FC Porto - FC Barcelona, 16 November 2003.

I SURF PORTUGAL 🚳

(*) +351 933 740 932 - www.isurfportugal.com

1 surf lesson, 40 €. 2 lessons 115 €. 5 lessons 180 €. Surfcamp, from may to september, check the website.

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JUMPERS - TRAMPOLIM PARQUE 😂 🧣 🐘

(r) +351 221 134 621 - www.jumpers.pt

Monday to Friday (2.30-8pm) €8.50; Saturday and Sunday (9.30am-7pm) €10. Socks required 2 €. Duration 60 min.

Come and have fun for an hour or so in this trampoline park located north of the city. The space is vast, has many areas with trampolines in all directions to let yourself bounce and try, why not, various tricks. The park is open to everyone

from 1 to 101 years old! An area is reserved for children from 1 to 7 years old. Entrance is every full hour (10am, 11am...). It is asked to arrive 30 minutes before in order to be prepared

PORTO BRIDGE CLIMB S OFFICE OF THE PROPERTY OF

© +351 929 207 117 - www.portobridgeclimb.com - Bus 500 stop Ponte Arrábida, metro 1 stop Ponte Arrábida.

Group 1 to 4 people: 17,50 €/pers. Groups of 5 or more: 16 €/pers. Andante and Porto cards: 14 €.

If you thought you saw silhouettes on the Arrábida Bridge, you were not dreaming! This is an exceptional experience offered by Porto Bridge Climb. Long closed to the public, the ascent of the bridge by an arch will offer you great sensations (not too strong) in complete safety and a superb panorama at 65 m above the Douro. Once the harnesses are attached and the instructions are explained (in English and Portuguese), follow the guide and enjoy the climb to the maximum. It is also possible to climb the dome of the Palácio Cristal. Book on the Internet.

PORTO SURF SCHOOL SO SHEMAN

(**) +351 911 721 614 - www.porto-surf-school.com

Surfing lessons : 1 day 50 €, $\overset{?}{3}$ days 141 €, 5 days 220 €. Board rental only : 25 €/day. SUP tour : 60 €/pers.

Beginner, intermediate or advanced, Porto Surf School, offers you surfing group lessons, or private lessons. From the centre of Porto, the professional team will take you to the best spots of the day, and will accompany you to progress in the practice of this attractive surfing sport. The Douro Stand Up Paddling (SUP) Tour offers you to spend the day paddling on the Douro (1 hour from Porto). A great way to discover the beauty of the landscapes of the Douro Valley in an original and sporty way.

SÃO ROCK CLIMBING 🕸 SHEMA

+351 938 107 714 - www.saorockclimbing.com

Monday, Wednesday, Friday 4-10 pm; Tuesday, Thursday 10 am-2 pm and 4-10 pm; Saturday 11 am-7 pm. Day ticket: $7 ext{ €}$; 10 tickets: $55 ext{ €}$.

This indoor climbing area opens its doors every day except Sunday, on the Campanha side, in a white hangar built next to other similar ones. Whether you are a beginner or an experienced climber, this is a good place to practice climbing walls of various inclinations and to challenge yourself. If you fall, don't worry, mats will break your fall. It is never very high. There is a refreshment area with tables on site, as a reward after the effort, or if you came as a curious spectator, before taking your turn next time...

MONUMENTAL NUXE SPA 💣 🗣 🐘

(r) +351 227 662 410 -

 ${\color{blue} https://www.maison-albar-hotels-le-monumental-palace.com/fr/page/spa-luxe-nuxe-hotel-porto.509.html} \\$

Open every day from 9.30am to 8pm. From 75 € (30 minutes of treatment). Aqua Pass $\{1h\}: 30 \in$.

Within the Monumental Palace is an exceptional spa. The services are upscale and more expensive than in other massage and treatment centers, but expert hands welcome you into a luxurious bubble of softness. Massage, facials, hydrotherapy: there are many ways to relax. In addition, the Monumental Nuxe

Spa has an aquatic area with an indoor swimming pool in bewitching colors, sauna and hammam (extra charge). Reservations are required on the hotel's website, in the spa section, or by telephone

SABAI THAI SPA PORTO ♂ ♥#₩

(r) +351 223 175 726 - www.sabaithaispa.pt

Open every day from 10am to 8pm. From 40 € for a 1h Thai massage.

Treat yourself to a moment of well-being and relaxation at the Sabai Thai Spa in Porto. Open every day, and not far from the Trindade metro station, this center offers traditional Thai massages, as you may have guessed from its name. Most of the massages (with essential oils, sports, Swedish...) last one hour and can last up to two hours of pure happiness. Let yourself be pampered and enjoy the moment. Also foot massages, face massages, aromatherapy... Complete list of services on the website. Very reasonable prices.

SPASO ZEN - WELLNESS & BEAUTY 3 PHIM

(*) +351 226 099 723 - www.spasozen.com

Open Tuesday to Saturday from 10am to 7pm. Closed Sunday and Monday. From 35 € (30 min) but quickly rises to 80-95 €.

This institute invites you to relax and feel good. Many options are offered, such as traditional oriental massages, hot stone massages, facials, body treatments and much more (to be chosen on the website). To synchronize body and mind, yoga sessions, meditation, Tibetan bowl (the waves produced circulate in the body and are supposed to do good) are also proposed. Book your treatment or session and the time slot on the website.

STUDIO FLY 3 PHE MAP

(+351 960 082 464 - www.studiofly.pt

From 6pm Monday to Thursday, Tuesday 10am and noon and Thursday 2pm in addition. 12 € or 35 €/month. Reservation required.

What if you let your body fly away during a yoga session? This is the concept of the Studio Fly, which offers participants the opportunity to try or improve their aerial yoga. It's up to you to settle into the suspended hammock which will make you discover new sensations as you do the figures. The teachers are there to put you at ease and accompany you in the practice, according to the level. Some sessions are relaxation oriented while others are a bit more challenging. In any case, in 50 minutes of practice, your mind will also fly.

VINOTHÉRAPIE SPA YEATMAN ♂ ♀\#\\

+351 220 133 100 - www.the-yeatman-hotel.com

Massages and treatments from 65 to 220 € depending on the duration and the treatment. Open every day from 10am to 8pm.

The spa at Yeatman Hotel is a unique concept based on the benefits of grapes. The ingredients used are grape extracts, with antioxidant properties. One can relax in over 2,000^{m2} and 10 treatment rooms. There is also a gym, steam room,

relax in over 2,000¹¹¹² and 10 treatment rooms. There is also a gym, steam room, sauna, and massage shower. Not to mention the breathtaking view of the Douro and Porto that can be seen from the panoramic pool. All the elements of wellness are present, a marble and wood decoration, a unique view and high quality treatments.

VINYASA YOGA PORTO ♂ ♥###

(+351 221 127 430 - www.vinyasayogaporto.com

Monday to Friday 7am or 6pm depending on the week. Reservation on the website.

Session: 15 €. Online: 10 €.

This yoga studio offers you the opportunity to practice yoga with a certified teacher. There are three types of yoga to choose from, each of which is tailored to the individual's limits: Power Vinyasa Yoga, a perfect balance between physical effort and introspection; Ashtanga Yoga, slow, fixed postures that are easy to remember. A session of Ashtanga Yoga often begins with sun salutations and ends in the lotus position, the position of the Buddha when one imagines it; Vinyasa Yoga, fluidity, dynamism and creation are the key words. Sessions of 1h30-2h.

BRÂMICA 🕅 🕶

(r) +351 961 097 013 - termarbranco@gmail.com

Open Monday to Friday from 2pm to 8pm.

Bring out your artistic side in this cozy pottery workshop. Before you begin creating your own ceramic, you will be taught the history of tiles and their different styles. Then you'll be given suggestions and samples to get you started. With the guidance of the professionals, you will become the creative craftsman of your own work. Once your ceramics are finished, all that remains is to fire them. It will be shipped to your home. For budding ceramists, young and old.

COOK IN RIBEIRA 🕅 🗣

(r) +351 967 003 160 - https://www.cookinribeira.com/

Different rates depending on the type of workshop and duration. For more information, visit the website.

Do you enjoy good food, good wine and have a special interest in Portuguese gastronomy? Look no further, you've come to the right place. Cook in Ribeira promises you an unforgettable experience. With your instructors, you will first go to the market to discover the best seasonal products and know their origin. Then, back at the workshop, under the guidance of the chefs, you will learn to cook the best of Portugal in the most traditional way in a fun atmosphere before tasting your masterpiece.

GAZETE AZULEJOS № OHEMA

230 Rua do Duque de Palmela (*) +351 912 891 581 - www.gazeteazulejos.com

Workshop Monday 3.30pm, Tuesday 3.30pm and 5.30pm, Friday and Saturday 11am and 3pm, Sunday 4.30pm. 25 €. Reservation on the web.

If you want to bring back a nice souvenir from Porto, you'll have to do a bit of work. Gazete Azulejos organizes painting workshops on azulejos, lasting one and a half hours. They take place in small groups and you follow the advice of passionate and professional artists. Each person will be able to paint two tiles, no need to be an artist, models to reproduce are exposed if that reassures you. Be careful though, the time for the tiles to dry is 24 hours. So plan this workshop at the beginning of your stay.

SOL ARTESANO R STEE MAP

(f) +351 222 083 956

Open from 10am to 8pm.

At Sol Artesano, near the docks of Porto, you will find a multitude of ceramic objects, hand-painted, enamels that you will not find elsewhere. Bowls, figurines,

emblematic places of Porto on earthenware tiles, magnets in the shape of fish, rooster, or other animals... the choice is vast in this small and cozy store. Come in and have a look around, you should find a small original object, especially since the welcome is very friendly. An interesting address to add on the list of made in Portugal.

STUDIO UP! - POLE DANCE & OTHE MAP

© +351 937 560 035 - <u>www.studioup.weebly.com</u> - Metro Campo 24 de Agosto, Bolhão.

Open from 9:30am to 2:30pm and from 4pm to 10:30pm. Course schedule on the website.

Here is an original activity. Contrary to what one might think, mainly due to prejudice, pole dance is quite sporty and uses all the muscles of the body. If you're looking to work out while discovering a surprising sport, go to the Up! studio! You will find the class schedule on the website. The female teachers will be able to accompany you according to your level in order to progressively increase the intensity and the figures. A good time is guaranteed. Come with an open mind, without judging your abilities, and let yourself be carried away.

PUBLISHING

Collection Directors and authors: Dominique AUZIAS et Jean-Paul LABOURDETTE Publishing director: Stéphan SZEREMETA

Publishing team (France): Briséis CREAC'H-MENUT, Audrey VEDOVOTTO, Marie VIGNERON. Nicolas WODARCZAK

Publishing team (World): Laure CHATAIGNON, Morgane VESLIN, Pierre-Yves SOUCHET. Natalia COLLIER

Authors: You can find all the authors working on the documentary fund of the Petit Futé and who are likely to have contributed to this book on our website: https://www.petitfute.com/information/credit.html

STUDIO

Studio and Layout: Romain AUDREN, Julie BORDES, Delphine PAGANO Pictures ans mapping: Anne DIOT, Julien DOUCET

WEB

Web Director: Louis GENEAU de LAMARLIERE

Web management and Development: Guillaume BARBET, Adeline CAUX, Roland

SPOUTIL, Mickael LATTES, Antoine DION, Caroline LAFFAITEUR

Community Manager: Alice BARBIER, Mariana BURLAMAQUI et Vincent PHAM

NATIONAL PUBLICITY

Publicity director: Guillaume VORBURGER assisted by Manon GUERIN

Local publicity management: Michel GRANSEIGNE

International publicity: Jean-Marc FARAGUET, Guillaume LABOUREUR, Camille

ESMIEU

Heads of National Publicity: Caroline AUBRY, François BRIANCON-MARJOLLET, Perrine DE CARNE MARCEIN

CIRCULATION AND PROMOTION

Sales promotion Director : Bénédicte MOULET assisted by Aissatou DIOP

Sales Manager: Jean-Pierre GHEZ

Press and sponsor partnership management: Jean-Mary MARCHAL

ADMINISTRATION

Chairman: Jean-Paul LABOURDETTE

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Human Resources Director: Dina BOURDEAU assisted by Sandra MORAIS and Eva

BAELEN

Accounting: Jeannine DEMIRDJIAN

Collection: Fabien BONNAN assisted by Sandra BRIJLALL and Vinoth SAGUERRE

Information and Technology Manager: Elie NZUZI-LEBA

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To email us, type the surname (lowercase) followed by @petitfute.com Write to the editor : info@petitfute.com

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